



(https://biegpamiecisybiru.pl/)

## BIEG PAMIĘCI SYBIRU - BIAŁYSTOK 5KM

Bieg Pamięci Sybiru (/bieg-pamieci-sybiru/m1405.html)



(http://b4sport.pl)

Organizator : **Fundacja Białystok Biega**

Data : **2026-02-07**

Miejsce : **Białystok**

Dystans : **5 km**

Regulamin: **Otwórz**  (<https://biegpamiecisybiru.pl/regulamin-2/>)

Zgłoszonych : **797**

Wystartowało : **709**

Nie ukończyło : **1**

Ukończyło : **708**

Na trasie : **0**

Klasyfikacje w punktach pomiarowych: Start (/bieg-pamieci-sybiru-bialystok-5km/e7077.html?embedded=0&times=0&auto=0&location\_nr=-2) | 2.7km (/bieg-pamieci-sybiru-bialystok-5km/e7077.html?times=0&embedded=0&auto=0&location\_nr=2) | **Meta (/bieg-pamieci-sybiru-bialystok-5km/e7077.html?times=0&embedded=0&auto=0)**

Klasyfikacje wg kategorii: **Wszyscy (/bieg-pamieci-sybiru-bialystok-5km/e7077.html?times=0&embedded=0&auto=0&location\_nr=-1)** | 1 - Poniżej 25 minut (/bieg-pamieci-sybiru-bialystok-5km/1-ponizej-25-minut/e7077/c67799.html?times=0&embedded=0&auto=0&location\_nr=-1) | 2 - 25-28 minut (/bieg-pamieci-sybiru-bialystok-5km/2-25-28-minut/e7077/c67800.html?times=0&embedded=0&auto=0&location\_nr=-1) | 3 - 28-31 minut (/bieg-pamieci-sybiru-bialystok-5km/3-28-31-minut/e7077/c67801.html?times=0&embedded=0&auto=0&location\_nr=-1) | 4 - 31-35 minut (/bieg-pamieci-sybiru-bialystok-5km/4-31-35-minut/e7077/c67802.html?times=0&embedded=0&auto=0&location\_nr=-1) | 5 - powyżej 35 minut (/bieg-pamieci-sybiru-bialystok-5km/5-powyzej-35-minut/e7077/c67803.html?times=0&embedded=0&auto=0&location\_nr=-1) | K OPEN (/bieg-pamieci-sybiru-bialystok-5km/k-open/e7077/c67783.html?times=0&embedded=0&auto=0&location\_nr=-1) | M OPEN (/bieg-pamieci-sybiru-bialystok-5km/m-open/e7077/c67784.html?times=0&embedded=0&auto=0&location\_nr=-1) | K12 (/bieg-pamieci-sybiru-bialystok-5km/k12/e7077/c67786.html?times=0&embedded=0&auto=0&location\_nr=-1) | M12 (/bieg-pamieci-sybiru-bialystok-5km/m12/e7077/c67785.html?times=0&embedded=0&auto=0&location\_nr=-1) | K15 (/bieg-pamieci-sybiru-bialystok-5km/k15/e7077/c67947.html?times=0&embedded=0&auto=0&location\_nr=-1) | M15 (/bieg-pamieci-sybiru-bialystok-5km/m15/e7077/c67948.html?times=0&embedded=0&auto=0&location\_nr=-1) | K20 (/bieg-pamieci-sybiru-bialystok-5km/k20/e7077/c67787.html?times=0&embedded=0&auto=0&location\_nr=-1) | M20 (/bieg-pamieci-sybiru-bialystok-5km/m20/e7077/c67788.html?times=0&embedded=0&auto=0&location\_nr=-1) | K30 (/bieg-pamieci-sybiru-bialystok-5km/k30/e7077/c67789.html?times=0&embedded=0&auto=0&location\_nr=-1) | M30 (/bieg-pamieci-sybiru-bialystok-5km/m30/e7077/c67790.html?times=0&embedded=0&auto=0&location\_nr=-1) | K40 (/bieg-pamieci-sybiru-bialystok-5km/k40/e7077/c67791.html?times=0&embedded=0&auto=0&location\_nr=-1) | M40 (/bieg-pamieci-sybiru-bialystok-5km/m40/e7077/c67792.html?times=0&embedded=0&auto=0&location\_nr=-1) | K50 (/bieg-pamieci-sybiru-bialystok-5km/k50/e7077/c67793.html?times=0&embedded=0&auto=0&location\_nr=-1) | M50 (/bieg-pamieci-sybiru-bialystok-5km/m50/e7077/c67794.html?times=0&embedded=0&auto=0&location\_nr=-1) | K60 (/bieg-pamieci-sybiru-bialystok-5km/k60/e7077/c67795.html?times=0&embedded=0&auto=0&location\_nr=-1) | M60 (/bieg-pamieci-sybiru-bialystok-5km/m60/e7077/c67796.html?times=0&embedded=0&auto=0&location\_nr=-1) | K70 (/bieg-pamieci-sybiru-bialystok-5km/k70/e7077/c67797.html?times=0&embedded=0&auto=0&location\_nr=-1) | M70 (/bieg-pamieci-sybiru-bialystok-5km/m70/e7077/c67798.html?times=0&embedded=0&auto=0&location\_nr=-1)

Klasyfikacja wg czasu netto. Wyniki nieoficjalne !!!

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>			<input type="text"/>					
1	<b>ZELENKO Bohdan</b>	<b>1063</b>	TEA.M RUN	BIAŁYSTOK		M20	1	M 1	1 - Poniżej 25 minut	00:00:01	2026-02-07 18:01:02	00:09:30	<b>00:18:54</b>	<b>00:18:56</b>		3:46	15.9 (100%)
2	<b>OKULA Damian</b>	<b>1048</b>		BAŃSKA WYŻNA		M30	1	M 2	1 - Poniżej 25 minut	00:00:01	2026-02-07 18:01:02	00:09:32	<b>00:19:04</b>	<b>00:19:05</b>	+00:00:09 (0.8%)	3:48	15.7 (98.7%)
3	<b>SAK Damian</b>	<b>1134</b>	KS PODLASIE BIAŁYSTOK	BIAŁYSTOK		M15	1	M 3	1 - Poniżej 25 minut	00:00:03	2026-02-07 18:01:04	00:09:51	<b>00:19:15</b>	<b>00:19:19</b>	+00:00:20 (1.8%)	3:50	15.6 (98.1%)
4	<b>AUGUSTYNOWICZ Wojciech</b>	<b>1092</b>	MKS JUVENIA BIAŁYSTOK	OGRODNICZKI		M30	2	M 4	1 - Poniżej 25 minut	00:00:02	2026-02-07 18:01:03	00:09:52	<b>00:19:33</b>	<b>00:19:35</b>	+00:00:39 (3.3%)	3:54	15.4 (96.9%)
5	<b>MARKIEWICZ Grzegorz</b>	<b>1064</b>	KALINOWSKI TEAM	CZEREMCHA		M30	3	M 5	1 - Poniżej 25 minut	00:00:02	2026-02-07 18:01:03	00:09:52	<b>00:19:48</b>	<b>00:19:50</b>	+00:00:53 (4.5%)	3:57	15.2 (95.6%)
6	<b>SOBOLEWSKI Andrzej</b>	<b>1001</b>	1PBOT / GRYGO TEAM	BIAŁYSTOK		M40	1	M 6	1 - Poniżej 25 minut	00:00:02	2026-02-07 18:01:03	00:09:51	<b>00:19:55</b>	<b>00:19:57</b>	+00:01:00 (5.1%)	3:58	15.1 (95.0%)
7	<b>GRABOWSKI Rafał</b>	<b>1032</b>	GRYGO TEAM	SOKOŁY PERKI LACHY		M30	4	M 7	1 - Poniżej 25 minut	00:00:02	2026-02-07 18:01:03	00:09:56	<b>00:20:34</b>	<b>00:20:36</b>	+00:01:39 (8.1%)	4:06	14.6 (91.8%)
8	<b>KRYSZTOPIK Marcin</b>	<b>1086</b>		IZBISZCZE		M20	2	M 8	1 - Poniżej 25 minut	00:00:03	2026-02-07 18:01:04	00:10:27	<b>00:20:41</b>	<b>00:20:44</b>	+00:01:46 (8.6%)	4:08	14.5 (91.2%)
9	<b>OSIK Miłosz</b>	<b>1088</b>	KALINOWSKI TEAM	BIAŁYSTOK		M15	2	M 9	1 - Poniżej 25 minut	00:00:02	2026-02-07 18:01:03	00:10:43	<b>00:20:44</b>	<b>00:20:47</b>	+00:01:49 (8.8%)	4:08	14.5 (91.2%)
10	<b>KALUDZIŃSKI Grzegorz</b>	<b>1073</b>	KOLNO BIEGA	CZERWONE		M20	3	M 10	1 - Poniżej 25 minut	00:00:04	2026-02-07 18:01:05	00:10:43	<b>00:20:49</b>	<b>00:20:53</b>	+00:01:54 (9.2%)	4:09	14.4 (90.6%)
11	<b>JENOROWSKI Jakub</b>	<b>1106</b>		BIAŁYSTOK		M20	4	M 11	1 - Poniżej 25 minut	00:00:03	2026-02-07 18:01:04	00:10:36	<b>00:20:57</b>	<b>00:21:00</b>	+00:02:02 (9.7%)	4:11	14.3 (89.9%)
12	<b>PANICZKO Sławomir</b>	<b>1056</b>	BIEGANIE.ORG	BIAŁYSTOK		M50	1	M 12	1 - Poniżej 25 minut	00:00:02	2026-02-07 18:01:03	00:10:45	<b>00:21:09</b>	<b>00:21:12</b>	+00:02:14 (10.6%)	4:13	14.2 (89.3%)
13	<b>RYBNIK Rafał</b>	<b>1132</b>		NOWE ALEKSANDROWO		M30	5	M 13	1 - Poniżej 25 minut	00:00:03	2026-02-07 18:01:04	00:10:49	<b>00:21:16</b>	<b>00:21:20</b>	+00:02:21 (11.1%)	4:15	14.1 (88.7%)
14	<b>SZKIŁADŹ Łukasz</b>	<b>1033</b>		KLEOSIN		M20	5	M 14	1 - Poniżej 25 minut	00:00:02	2026-02-07 18:01:03	00:10:34	<b>00:21:36</b>	<b>00:21:39</b>	+00:02:42 (12.5%)	4:19	13.9 (87.4%)
15	<b>BOCHENKO Daniel</b>	<b>1087</b>	MD RUN TRAINING	BRZOZOWA		M50	2	M 15	1 - Poniżej 25 minut	00:00:02	2026-02-07 18:01:03	00:11:03	<b>00:21:37</b>	<b>00:21:40</b>	+00:02:42 (12.5%)	4:19	13.9 (87.4%)
16	<b>DOMORADZKI Robert</b>	<b>1071</b>	1.PBOT/GRYGO TEAM	ŁOMŻA		M50	3	M 16	1 - Poniżej 25 minut	00:00:02	2026-02-07 18:01:03	00:10:51	<b>00:21:40</b>	<b>00:21:43</b>	+00:02:45 (12.7%)	4:19	13.9 (87.4%)
17	<b>OŻAROWSKI Paweł</b>	<b>1004</b>	KALINOWSKI TEAM	BRAŃSK		M40	2	M 17	1 - Poniżej 25 minut	00:00:02	2026-02-07 18:01:03	00:10:58	<b>00:21:42</b>	<b>00:21:44</b>	+00:02:47 (12.9%)	4:20	13.8 (86.8%)
18	<b>JAMASZEWSKA Ewelina</b>	<b>1072</b>	MD RUN TRAINING	BIAŁYSTOK		K20	1	K 1	1 - Poniżej 25 minut	00:00:02	2026-02-07 18:01:03	00:10:57	<b>00:21:46</b>	<b>00:21:49</b>	+00:02:52 (13.2%)	4:21	13.8 (86.8%)
19	<b>ŁEMPICKI Paweł</b>	<b>1007</b>	KALINOWSKI TEAM	KLEPACZE		M30	6	M 18	1 - Poniżej 25 minut	00:00:03	2026-02-07 18:01:04	00:10:52	<b>00:21:54</b>	<b>00:21:58</b>	+00:03:00 (13.7%)	4:22	13.7 (86.2%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
20	<b>SZYDŁOWSKI Adrian</b>	<b>1026</b>	CHŁOPCY CHORTENOWCY	BIAŁYSTOK		M30	7	M 19	1 - Poniżej 25 minut	00:00:03	2026-02-07 18:01:04	00:10:52	<b>00:21:55</b>	<b>00:21:59</b>	+00:03:01 (13.8%)	4:22	13.7 (86.2%)
21	<b>TRUSZCZYŃSKI Paweł</b>	<b>1131</b>		NOWODWORCE		M30	8	M 20	1 - Poniżej 25 minut	00:00:02	2026-02-07 18:01:03	00:10:43	<b>00:21:57</b>	<b>00:22:00</b>	+00:03:03 (13.9%)	4:23	13.7 (86.2%)
22	<b>MICHALCZUK Łukasz</b>	<b>1117</b>	GIRO DEVELOPMENT	BIAŁYSTOK		M30	9	M 21	1 - Poniżej 25 minut	00:00:08	2026-02-07 18:01:09	00:11:39	<b>00:22:21</b>	<b>00:22:30</b>	+00:03:26 (15.4%)	4:28	13.4 (84.3%)
23	<b>KOWALEWICZ Patryk</b>	<b>1107</b>	AZS POLITECHNIKI BIAŁOSTOCKIEJ	UHOWO		M20	6	M 22	1 - Poniżej 25 minut	00:00:05	2026-02-07 18:01:06	00:11:04	<b>00:22:27</b>	<b>00:22:33</b>	+00:03:33 (15.8%)	4:29	13.4 (84.3%)
24	<b>POTAPO Artur</b>	<b>1076</b>		BIAŁYSTOK		M20	7	M 23	1 - Poniżej 25 minut	00:00:06	2026-02-07 18:01:07	00:11:35	<b>00:22:38</b>	<b>00:22:44</b>	+00:03:43 (16.5%)	4:31	13.3 (83.6%)
25	<b>ZIUZIA Aleksander</b>	<b>1136</b>		BIAŁYSTOK		M30	10	M 24	1 - Poniżej 25 minut	00:00:06	2026-02-07 18:01:07	00:11:40	<b>00:22:41</b>	<b>00:22:47</b>	+00:03:46 (16.6%)	4:32	13.2 (83.0%)
26	<b>NIEMYJSKI Maciej</b>	<b>1010</b>		CHOROSZCZ		M20	8	M 25	1 - Poniżej 25 minut	00:00:10	2026-02-07 18:01:11	00:12:14	<b>00:23:06</b>	<b>00:23:17</b>	+00:04:12 (18.2%)	4:37	13 (81.8%)
27	<b>ŻMIEŃKO Mariusz</b>	<b>2023</b>	PROCAR TEAM	BIELSK PODLASKI		M40	3	M 26	2 - 25-28 minut	00:02:05	2026-02-07 18:03:06	00:11:47	<b>00:23:10</b>	<b>00:25:16</b>	+00:04:16 (18.4%)	4:37	13 (81.8%)
28	<b>ROSTKOWSKI Paweł</b>	<b>2118</b>	1PBOT	ŚNIADOWO		M20	9	M 27	2 - 25-28 minut	00:02:08	2026-02-07 18:03:09	00:11:40	<b>00:23:14</b>	<b>00:25:23</b>	+00:04:20 (18.7%)	4:38	12.9 (81.1%)
29	<b>KADŁUBISKI Kacper</b>	<b>1113</b>	KLUB JUDO POLITECHNIKI BIAŁOSTOCKIEJ	BIAŁYSTOK		M40	4	M 28	1 - Poniżej 25 minut	00:00:04	2026-02-07 18:01:05	00:11:37	<b>00:23:17</b>	<b>00:23:22</b>	+00:04:23 (18.8%)	4:39	12.9 (81.1%)
30	<b>SOCHOŃ Katarzyna</b>	<b>1027</b>		DOBRYNIEWO DUŻE		K40	1	K 2	1 - Poniżej 25 minut	00:00:04	2026-02-07 18:01:05	00:11:46	<b>00:23:23</b>	<b>00:23:27</b>	+00:04:28 (19.1%)	4:40	12.8 (80.5%)
31	<b>ŚLESZYŃSKI Zbigniew</b>	<b>1102</b>	BZ	BIAŁYSTOK		M40	5	M 29	1 - Poniżej 25 minut	00:00:06	2026-02-07 18:01:07	00:12:06	<b>00:23:24</b>	<b>00:23:30</b>	+00:04:29 (19.2%)	4:40	12.8 (80.5%)
32	<b>KONOŃCZUK Łukasz</b>	<b>1055</b>	DANIEL_BIEGA TEAM	MICHAŁOWO		M30	11	M 30	1 - Poniżej 25 minut	00:00:08	2026-02-07 18:01:09	00:11:58	<b>00:23:26</b>	<b>00:23:35</b>	+00:04:31 (19.3%)	4:41	12.8 (80.5%)
33	<b>MAGDZIUK Paweł</b>	<b>1139</b>	PODLASKIE KOCURY	KNYSZYN		M40	6	M 31	1 - Poniżej 25 minut	00:00:05	2026-02-07 18:01:06	00:11:57	<b>00:23:33</b>	<b>00:23:38</b>	+00:04:38 (19.7%)	4:42	12.7 (79.9%)
34	<b>ALICKA Ewa</b>	<b>1100</b>		SZCZUCZYN		K30	1	K 3	1 - Poniżej 25 minut	00:00:04	2026-02-07 18:01:05	00:11:34	<b>00:23:43</b>	<b>00:23:48</b>	+00:04:49 (20.3%)	4:44	12.7 (79.9%)
35	<b>DZIEWIĄTKOWSKI Tomasz</b>	<b>1044</b>		BIAŁYSTOK		M30	12	M 32	1 - Poniżej 25 minut	00:00:03	2026-02-07 18:01:04	00:12:16	<b>00:23:50</b>	<b>00:23:54</b>	+00:04:55 (20.7%)	4:45	12.6 (79.2%)
36	<b>BORUCKI Piotr</b>	<b>1069</b>		BIAŁYSTOK		M40	7	M 33	1 - Poniżej 25 minut	00:00:06	2026-02-07 18:01:07	00:12:04	<b>00:23:51</b>	<b>00:23:57</b>	+00:04:56 (20.7%)	4:46	12.6 (79.2%)
37	<b>KURYŁOWICZ Adrian</b>	<b>1008</b>		BIAŁYSTOK		M40	8	M 34	1 - Poniżej 25 minut	00:00:06	2026-02-07 18:01:07	00:11:59	<b>00:23:58</b>	<b>00:24:04</b>	+00:05:03 (21.1%)	4:47	12.5 (78.6%)
38	<b>BASZEŃ Tomasz</b>	<b>1116</b>	VIKING RUNNING TEAM	BIAŁYSTOK		M20	10	M 35	1 - Poniżej 25 minut	00:00:10	2026-02-07 18:01:11	00:12:16	<b>00:24:07</b>	<b>00:24:18</b>	+00:05:13 (21.6%)	4:49	12.4 (78.0%)
39	<b>SOBOTA Jacek</b>	<b>1122</b>	BIAŁYSTOK BIEGA TEAM	BIAŁYSTOK		M50	4	M 36	1 - Poniżej 25 minut	00:02:15	2026-02-07 18:03:16	00:12:25	<b>00:24:08</b>	<b>00:26:23</b>	+00:05:13 (21.7%)	4:49	12.4 (78.0%)
40	<b>BOGDZIEL Marcin</b>	<b>1043</b>	EAST RAW GLADIATOR	BIAŁYSTOK		M30	13	M 37	1 - Poniżej 25 minut	00:00:06	2026-02-07 18:01:07	00:12:43	<b>00:24:30</b>	<b>00:24:36</b>	+00:05:35 (22.8%)	4:53	12.3 (77.4%)
41	<b>LEONIUK Paweł</b>	<b>1130</b>	STOWARZYSZENIE NADAKTYWNI	BIAŁYSTOK		M40	9	M 38	1 - Poniżej 25 minut	00:00:08	2026-02-07 18:01:09	00:12:32	<b>00:24:31</b>	<b>00:24:39</b>	+00:05:36 (22.9%)	4:54	12.2 (76.7%)
42	<b>SUROWIEC Filip</b>	<b>1045</b>	CROSSFIT JUST RAW	BIAŁYSTOK		M30	14	M 39	1 - Poniżej 25 minut	00:00:06	2026-02-07 18:01:07	00:12:28	<b>00:24:31</b>	<b>00:24:37</b>	+00:05:36 (22.9%)	4:54	12.2 (76.7%)
43	<b>KARCZEWSKI Tomek</b>	<b>1046</b>	TEAM IMPOSSIBLE	BIELSK PODLASKI		M20	11	M 40	1 - Poniżej 25 minut	00:00:04	2026-02-07 18:01:05	00:12:24	<b>00:24:32</b>	<b>00:24:37</b>	+00:05:37 (23.0%)	4:54	12.2 (76.7%)
44	<b>SZYMAŃSKI Kamil</b>	<b>1125</b>	18 PUŁK ROZPOZNAWCZY	BIAŁYSTOK		M30	15	M 41	1 - Poniżej 25 minut	00:00:06	2026-02-07 18:01:07	00:12:32	<b>00:24:36</b>	<b>00:24:43</b>	+00:05:41 (23.2%)	4:55	12.2 (76.7%)
45	<b>POLAK Ignacy</b>	<b>2061</b>	SP12 KS PODLASIE	BIAŁYSTOK		M12	1	M 42	2 - 25-28 minut	00:02:04	2026-02-07 18:03:05	00:12:34	<b>00:24:42</b>	<b>00:26:46</b>	+00:05:47 (23.5%)	4:56	12.2 (76.7%)
46	<b>LUBOWICKI Sylwester</b>	<b>1128</b>		BIAŁYSTOK		M30	16	M 43	1 - Poniżej 25 minut	00:00:08	2026-02-07 18:01:09	00:12:09	<b>00:24:45</b>	<b>00:24:54</b>	+00:05:51 (23.6%)	4:56	12.1 (76.1%)
47	<b>BUDZIŃSKI Patryk</b>	<b>2069</b>	1.PBOT	ŁOMŻA		M30	17	M 44	2 - 25-28 minut	00:02:07	2026-02-07 18:03:08	00:12:44	<b>00:24:45</b>	<b>00:26:53</b>	+00:05:51 (23.6%)	4:56	12.1 (76.1%)
48	<b>ZDRAJKOWSKA Julia</b>	<b>1101</b>	KALINOWSKI TEAM	BIAŁYSTOK		K30	2	K 4	1 - Poniżej 25 minut	00:00:03	2026-02-07 18:01:04	00:12:28	<b>00:24:52</b>	<b>00:24:56</b>	+00:05:58 (24.0%)	4:58	12.1 (76.1%)
49	<b>JAGŁOWSKI Patryk</b>	<b>1108</b>	ROZBIEGANI SUWAŁKI	SUWAŁKI		M20	12	M 45	1 - Poniżej 25 minut	00:00:04	2026-02-07 18:01:05	00:12:29	<b>00:24:59</b>	<b>00:25:03</b>	+00:06:04 (24.3%)	4:59	12 (75.5%)
50	<b>SNARSKI Grzegorz</b>	<b>1002</b>		BIAŁYSTOK		M30	18	M 46	1 - Poniżej 25 minut	00:00:11	2026-02-07 18:01:12	00:12:48	<b>00:25:00</b>	<b>00:25:11</b>	+00:06:05 (24.4%)	4:59	12 (75.5%)
51	<b>BORAWSKI Dawid</b>	<b>1096</b>		MOŃKI		M20	13	M 47	1 - Poniżej 25 minut	00:00:03	2026-02-07 18:01:04	00:12:13	<b>00:25:03</b>	<b>00:25:07</b>	+00:06:08 (24.5%)	5:00	12 (75.5%)
52	<b>PIECKA Damian</b>	<b>1093</b>		ŁYSKI		M30	19	M 48	1 - Poniżej 25 minut	00:00:07	2026-02-07 18:01:08	00:12:46	<b>00:25:06</b>	<b>00:25:13</b>	+00:06:11 (24.7%)	5:01	12 (75.5%)
53	<b>RADZIWOŃSKA Emilia</b>	<b>1025</b>	KALINOWSKI TEAM	BIAŁYSTOK		K40	2	K 5	1 - Poniżej 25 minut	00:00:05	2026-02-07 18:01:06	00:12:29	<b>00:25:06</b>	<b>00:25:12</b>	+00:06:11 (24.7%)	5:01	12 (75.5%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
54	JANCZEWSKI Karol	1035		BIAŁYSTOK		M30	20	M 49	1 - Poniżej 25 minut	00:00:08	2026-02-07 18:01:09	00:13:05	00:25:09	00:25:17	+00:06:14 (24.8%)	5:01	11.9 (74.8%)
55	PALKOWSKI Mateusz	1052	.	BIAŁYSTOK		M15	3	M 50	1 - Poniżej 25 minut	00:00:07	2026-02-07 18:01:08	00:12:19	00:25:10	00:25:17	+00:06:15 (24.9%)	5:01	11.9 (74.8%)
56	BUSŁOWSKI Filip	1104	3T BIAŁYSTOK	BIAŁYSTOK		M12	2	M 51	1 - Poniżej 25 minut	00:00:01	2026-02-07 18:01:02	00:11:47	00:25:11	00:25:12	+00:06:16 (24.9%)	5:02	11.9 (74.8%)
57	SADOWSKI Rafał	1029	CHŁOPCY CHORTENOWCY	OSOWICZE		M40	10	M 52	1 - Poniżej 25 minut	00:00:05	2026-02-07 18:01:06	00:12:37	00:25:15	00:25:21	+00:06:20 (25.1%)	5:02	11.9 (74.8%)
58	AMBROŻEWICZ Adrian	1047		BIELSK PODLASKI		M20	14	M 53	1 - Poniżej 25 minut	00:00:05	2026-02-07 18:01:06	00:12:57	00:25:17	00:25:22	+00:06:22 (25.2%)	5:03	11.9 (74.8%)
59	OSTROWSKI Paweł	1066		BIAŁYSTOK		M40	11	M 54	1 - Poniżej 25 minut	00:00:08	2026-02-07 18:01:09	00:12:34	00:25:18	00:25:26	+00:06:23 (25.3%)	5:03	11.9 (74.8%)
60	KAPUŚCIŃSKI Jakub	1084	LEDWOATLECI	BIAŁYSTOK		M30	21	M 55	1 - Poniżej 25 minut	00:02:15	2026-02-07 18:03:16	00:13:17	00:25:21	00:27:36	+00:06:26 (25.4%)	5:04	11.8 (74.2%)
61	SOKÓŁ Mariusz	1097	GIRO DEVELOPMENT	BIAŁYSTOK		M40	12	M 56	1 - Poniżej 25 minut	00:00:08	2026-02-07 18:01:09	00:13:17	00:25:22	00:25:30	+00:06:27 (25.5%)	5:04	11.8 (74.2%)
62	BOGUSZ Wojciech	1129	STARSZAKI BIAŁYSTOK	BIAŁYSTOK		M60	1	M 57	1 - Poniżej 25 minut	00:00:06	2026-02-07 18:01:07	00:12:56	00:25:26	00:25:32	+00:06:31 (25.7%)	5:05	11.8 (74.2%)
63	NOWIK Roman	1006	BIAŁYSTOK BIEGA TIM	BIAŁYSTOK		M50	5	M 58	1 - Poniżej 25 minut	00:00:10	2026-02-07 18:01:11	00:12:51	00:25:26	00:25:36	+00:06:31 (25.7%)	5:05	11.8 (74.2%)
64	SOŁOMIANKO Kamil	1135	ROSTI RUNNING TEAM	BIAŁYSTOK		M40	13	M 59	1 - Poniżej 25 minut	00:00:07	2026-02-07 18:01:08	00:13:17	00:25:27	00:25:34	+00:06:32 (25.7%)	5:05	11.8 (74.2%)
65	TOMASZUK Mariusz	1059	PALISANDER RUNNING TEAM	BIAŁYSTOK		M30	22	M 60	1 - Poniżej 25 minut	00:00:09	2026-02-07 18:01:10	00:12:56	00:25:29	00:25:38	+00:06:34 (25.8%)	5:05	11.8 (74.2%)
66	DUSZYŃSKI Krzysztof	1098	BCC	BIAŁYSTOK		M30	23	M 61	1 - Poniżej 25 minut	00:00:07	2026-02-07 18:01:08	00:13:16	00:25:31	00:25:39	+00:06:37 (25.9%)	5:06	11.8 (74.2%)
67	ŚNIEĆ Julia	1110		BIAŁYSTOK		K15	1	K 6	1 - Poniżej 25 minut	00:00:05	2026-02-07 18:01:06	00:12:52	00:25:34	00:25:40	+00:06:39 (26.1%)	5:06	11.7 (73.6%)
68	BUDZKO Vital	1053	TEAM.RUN	BIAŁYSTOK		M50	6	M 62	1 - Poniżej 25 minut	00:02:09	2026-02-07 18:03:10	00:12:53	00:25:37	00:27:46	+00:06:43 (26.2%)	5:07	11.7 (73.6%)
69	KOCHAŃSKI Krystian	1005		BIAŁYSTOK		M30	24	M 63	1 - Poniżej 25 minut	00:02:08	2026-02-07 18:03:09	00:13:01	00:25:40	00:27:49	+00:06:46 (26.4%)	5:07	11.7 (73.6%)
70	MICHAŁSKI Sebastian	2019		KSIĘŻYNO KOLONIA		M40	14	M 64	2 - 25-28 minut	00:02:09	2026-02-07 18:03:10	00:12:30	00:25:47	00:27:56	+00:06:52 (26.7%)	5:09	11.6 (73.0%)
71	RYŚ Maciej	2046		BIAŁYSTOK		M30	25	M 65	2 - 25-28 minut	00:02:10	2026-02-07 18:03:11	00:13:13	00:25:52	00:28:02	+00:06:57 (26.9%)	5:10	11.6 (73.0%)
72	BUSŁOWSKI Adrian	1105		BIAŁYSTOK		M40	15	M 66	1 - Poniżej 25 minut	00:00:02	2026-02-07 18:01:03	00:12:25	00:25:52	00:25:54	+00:06:57 (26.9%)	5:10	11.6 (73.0%)
73	ZANIEWSKI Kamil	2077		WASILKÓW		M30	26	M 67	2 - 25-28 minut	00:02:14	2026-02-07 18:03:15	00:13:11	00:25:52	00:28:07	+00:06:57 (26.9%)	5:10	11.6 (73.0%)
74	PAWŁOWSKI Wojciech	1011	VIKING RUNNING TEAM	KAMIONKA		M40	16	M 68	1 - Poniżej 25 minut	00:00:10	2026-02-07 18:01:11	00:13:01	00:25:52	00:26:03	+00:06:57 (26.9%)	5:10	11.6 (73.0%)
75	BAŁŁO Jarosław	2021		BIELSK PODLASKI		M30	27	M 69	2 - 25-28 minut	00:02:10	2026-02-07 18:03:11	00:13:14	00:25:52	00:28:02	+00:06:57 (26.9%)	5:10	11.6 (73.0%)
76	KARPOWICZ Bartłomiej	1137		WARSZAWA		M30	28	M 70	1 - Poniżej 25 minut	00:02:15	2026-02-07 18:03:16	00:13:07	00:25:56	00:28:12	+00:07:01 (27.1%)	5:11	11.6 (73.0%)
77	CHUTKOWSKA Agnieszka	1075	KOLNO BIEGA	KOLNO		K40	3	K 7	1 - Poniżej 25 minut	00:00:07	2026-02-07 18:01:08	00:13:06	00:25:57	00:26:04	+00:07:02 (27.1%)	5:11	11.6 (73.0%)
78	PUCH-PIETRASZUK Magdalena	2073		BIAŁYSTOK		K30	3	K 8	2 - 25-28 minut	00:02:05	2026-02-07 18:03:06	00:13:21	00:26:01	00:28:06	+00:07:06 (27.3%)	5:12	11.5 (72.3%)
79	TABĘDZKA Katarzyna	1067		KAMIENNA STARA		K40	4	K 9	1 - Poniżej 25 minut	00:00:05	2026-02-07 18:01:06	00:13:10	00:26:01	00:26:06	+00:07:06 (27.3%)	5:12	11.5 (72.3%)
80	SZOTA Ernest	2049		SOKÓLKA		M40	17	M 71	2 - 25-28 minut	00:04:38	2026-02-07 18:05:39	00:13:17	00:26:04	00:30:42	+00:07:09 (27.5%)	5:12	11.5 (72.3%)
81	PIETRASZUK Dawid	2074		BIAŁYSTOK		M30	29	M 72	2 - 25-28 minut	00:02:05	2026-02-07 18:03:06	00:13:26	00:26:04	00:28:09	+00:07:09 (27.5%)	5:12	11.5 (72.3%)
82	RUSTS Aliaksandr	2053	TEA.M RUN	BIAŁYSTOK		M30	30	M 73	2 - 25-28 minut	00:02:17	2026-02-07 18:03:18	00:13:46	00:26:04	00:28:21	+00:07:09 (27.5%)	5:12	11.5 (72.3%)
83	ZIELINKO Łukasz	1040	ŻUBERTEAM	KLEPACZE		M30	31	M 74	1 - Poniżej 25 minut	00:00:07	2026-02-07 18:01:08	00:13:11	00:26:06	00:26:13	+00:07:11 (27.6%)	5:13	11.5 (72.3%)
84	PERKO Łukasz	1058	PALISANDER RUNNING TEAM	PAŃKI		M20	15	M 75	1 - Poniżej 25 minut	00:00:07	2026-02-07 18:01:08	00:13:14	00:26:08	00:26:16	+00:07:13 (27.7%)	5:13	11.5 (72.3%)
85	ZABIELSKI Marcin	1089	PLUM RUNNING TEAM	BIAŁYSTOK		M30	32	M 76	1 - Poniżej 25 minut	00:02:15	2026-02-07 18:03:16	00:13:45	00:26:09	00:28:24	+00:07:14 (27.7%)	5:13	11.5 (72.3%)
86	MATORNY Uladzimir	1099	RUN4FUN.BY	GRODNO		M40	18	M 77	1 - Poniżej 25 minut	00:00:11	2026-02-07 18:01:12	00:13:28	00:26:09	00:26:20	+00:07:14 (27.7%)	5:13	11.5 (72.3%)
87	OSTROWSKI Michał	1065		BIAŁYSTOK		M30	33	M 78	1 - Poniżej 25 minut	00:00:10	2026-02-07 18:01:11	00:13:00	00:26:09	00:26:19	+00:07:14 (27.7%)	5:13	11.5 (72.3%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
88	SHASHKOU Yahor	2110	RUN4FUN.BY	BREST		M40	19	M 79	2 - 25-28 minut	00:00:11	2026-02-07 18:01:12	00:13:16	00:26:10	00:26:22	+00:07:16 (27.8%)	5:13	11.5 (72.3%)
89	JOANNA Wiśniewska	1036	MD RUN TRAINING	NIEWODNICA KORYCKA		K50	1	K 10	1 - Poniżej 25 minut	00:02:06	2026-02-07 18:03:07	00:13:09	00:26:11	00:28:18	+00:07:17 (27.8%)	5:14	11.5 (72.3%)
90	JENOROWSKA Wioletta	2117		BIAŁYSTOK		K50	2	K 11	2 - 25-28 minut	00:02:11	2026-02-07 18:03:12	00:13:28	00:26:13	00:28:25	+00:07:19 (27.9%)	5:14	11.5 (72.3%)
91	WOJDA Wojciech	2095		BIAŁYSTOK		M30	34	M 80	2 - 25-28 minut	00:02:07	2026-02-07 18:03:08	00:13:13	00:26:16	00:28:23	+00:07:21 (28.0%)	5:15	11.4 (71.7%)
92	DOBRZYNIWICZ Szymon	1034		ELK		M30	35	M 81	1 - Poniżej 25 minut	00:00:09	2026-02-07 18:01:10	00:13:33	00:26:16	00:26:25	+00:07:21 (28.0%)	5:15	11.4 (71.7%)
93	RZEPNICKI Marcin	1030	PATOHOLICS	KOLNO		M30	36	M 82	1 - Poniżej 25 minut	00:00:10	2026-02-07 18:01:11	00:13:08	00:26:18	00:26:28	+00:07:23 (28.1%)	5:15	11.4 (71.7%)
94	GOŁASZEWSKA Emilka	1049	MD RUN TRAINING	BIAŁYSTOK		K40	5	K 12	1 - Poniżej 25 minut	00:02:15	2026-02-07 18:03:16	00:13:47	00:26:18	00:28:33	+00:07:23 (28.1%)	5:15	11.4 (71.7%)
95	HOŃKO Marek	1124		KLEOSIN		M30	37	M 83	1 - Poniżej 25 minut	00:00:08	2026-02-07 18:01:09	00:12:59	00:26:18	00:26:27	+00:07:23 (28.1%)	5:15	11.4 (71.7%)
96	MOZOLEWSKA Joanna	2104	ZIELONY BIAŁYSTOK-URZĄD MIEJSKI W BIAŁYMSTOKU	BIAŁYSTOK		K30	4	K 13	2 - 25-28 minut	00:07:08	2026-02-07 18:08:09	00:13:51	00:26:19	00:33:27	+00:07:24 (28.2%)	5:15	11.4 (71.7%)
97	SULEWSKI Adam	1061	PALISANDER RUNNING TEAM	BIAŁYSTOK		M30	38	M 84	1 - Poniżej 25 minut	00:00:09	2026-02-07 18:01:10	00:13:22	00:26:22	00:26:31	+00:07:27 (28.3%)	5:16	11.4 (71.7%)
98	KRASOŃ Beata	1109		ŁÓDŹ		K30	5	K 14	1 - Poniżej 25 minut	00:00:06	2026-02-07 18:01:07	00:13:15	00:26:22	00:26:28	+00:07:27 (28.3%)	5:16	11.4 (71.7%)
99	ANCHIMIUK Bartosz	2146		NAREW		M30	39	M 85	2 - 25-28 minut	00:02:28	2026-02-07 18:03:29	00:13:40	00:26:23	00:28:51	+00:07:28 (28.3%)	5:16	11.4 (71.7%)
100	BAJGUS Piotr	2093		BIAŁYSTOK		M20	16	M 86	2 - 25-28 minut	00:02:08	2026-02-07 18:03:09	00:13:48	00:26:29	00:28:37	+00:07:34 (28.6%)	5:17	11.3 (71.1%)
101	WASILEWSKA Ewa	1031	1 PODLASKA BRYGADA OBRONY TERYTORIALNEJ/MD RUN TRAINING	BIAŁYSTOK		K50	3	K 15	1 - Poniżej 25 minut	00:00:05	2026-02-07 18:01:06	00:13:19	00:26:32	00:26:37	+00:07:37 (28.7%)	5:18	11.3 (71.1%)
102	ZAKRZEWSKI Jakub	5189		DZIEŹKI		M15	4	M 87	5 - powyżej 35 minut	00:09:48	2026-02-07 18:10:49	00:13:03	00:26:35	00:36:23	+00:07:40 (28.9%)	5:18	11.3 (71.1%)
103	KLIKOWSKI Dawid	1074		BIAŁYSTOK		M30	40	M 88	1 - Poniżej 25 minut	00:04:39	2026-02-07 18:05:40	00:13:15	00:26:39	00:31:18	+00:07:44 (29.1%)	5:19	11.3 (71.1%)
104	RUTKOWSKI Bartłomiej	1077		BIAŁYSTOK		M15	5	M 89	1 - Poniżej 25 minut	00:00:05	2026-02-07 18:01:06	00:13:12	00:26:40	00:26:45	+00:07:45 (29.1%)	5:19	11.3 (71.1%)
105	KRZYWINSKI Marcin	2016	OLDBOYS POLAND	LONDON		M40	20	M 90	2 - 25-28 minut	00:02:12	2026-02-07 18:03:13	00:13:54	00:26:44	00:28:57	+00:07:49 (29.3%)	5:20	11.2 (70.4%)
106	PANASIUK Paweł	2156		DOBRZYNIWIEWO DUŻE		M40	21	M 91	2 - 25-28 minut	00:02:13	2026-02-07 18:03:14	00:14:00	00:26:49	00:29:03	+00:07:55 (29.5%)	5:21	11.2 (70.4%)
107	MADEJSKI Tomasz	2148		BIAŁYSTOK		M30	41	M 92	2 - 25-28 minut	00:02:06	2026-02-07 18:03:07	00:13:27	00:26:50	00:28:56	+00:07:55 (29.5%)	5:21	11.2 (70.4%)
108	SAKOWICZ Adrian	2127		BIAŁYSTOK		M30	42	M 93	2 - 25-28 minut	00:02:10	2026-02-07 18:03:11	00:13:14	00:26:51	00:29:02	+00:07:56 (29.6%)	5:22	11.2 (70.4%)
109	MROCZKOWSKI Paweł	2154	PODLASKIE KOCURY	BIAŁYSTOK		M30	43	M 94	2 - 25-28 minut	00:02:13	2026-02-07 18:03:14	00:14:00	00:26:51	00:29:04	+00:07:56 (29.6%)	5:22	11.2 (70.4%)
110	LAPTSEVICH Yaraslau	2157		BIAŁYSTOK		M15	6	M 95	2 - 25-28 minut	00:02:05	2026-02-07 18:03:06	00:13:50	00:26:51	00:28:56	+00:07:56 (29.6%)	5:22	11.2 (70.4%)
111	NIENALTOWSKI Beniamin	1112		BIAŁYSTOK		M20	17	M 96	1 - Poniżej 25 minut	00:10:01	2026-02-07 18:11:02	00:13:25	00:26:53	00:36:55	+00:07:58 (29.7%)	5:22	11.2 (70.4%)
112	KAMIŃSKI Artur	1024		BIELSK PODLASKI		M40	22	M 97	1 - Poniżej 25 minut	00:04:38	2026-02-07 18:05:39	00:13:33	00:26:53	00:31:32	+00:07:58 (29.7%)	5:22	11.2 (70.4%)
113	PALCHYKAU Maksim	3134	TEA.M RUN	BIAŁYSTOK		M30	44	M 98	3 - 28-31 minut	00:04:41	2026-02-07 18:05:42	00:14:08	00:26:57	00:31:38	+00:08:02 (29.8%)	5:23	11.1 (69.8%)
114	RADEL Andrzej	1018		BIAŁYSTOK		M20	18	M 99	1 - Poniżej 25 minut	00:00:09	2026-02-07 18:01:10	00:13:21	00:27:02	00:27:12	+00:08:08 (30.1%)	5:24	11.1 (69.8%)
115	WIKTORZAK Michał	2068	QUECHUA TEAM	BIAŁYSTOK		M30	45	M 100	2 - 25-28 minut	00:02:14	2026-02-07 18:03:15	00:13:45	00:27:05	00:29:20	+00:08:11 (30.2%)	5:24	11.1 (69.8%)
116	ROMAŃCZUK Tomasz	2124	PODLASKIE KOCURY	KLEPACZE		M50	7	M 101	2 - 25-28 minut	00:02:14	2026-02-07 18:03:15	00:13:40	00:27:07	00:29:22	+00:08:13 (30.3%)	5:25	11.1 (69.8%)
117	NOWICKI Adam	3132		BIAŁYSTOK		M50	8	M 102	3 - 28-31 minut	00:09:46	2026-02-07 18:10:47	00:13:26	00:27:11	00:36:58	+00:08:16 (30.5%)	5:26	11 (69.2%)
118	NIEMCZYK Adrian	3185		MOŃKI		M20	19	M 103	3 - 28-31 minut	00:04:34	2026-02-07 18:05:35	00:13:44	00:27:11	00:31:45	+00:08:17 (30.5%)	5:26	11 (69.2%)
119	SERAFIŃSKI Krzysztof	2106	1.PBOT	NOWOGRÓD, PODLASKIE		M50	9	M 104	2 - 25-28 minut	00:02:08	2026-02-07 18:03:09	00:13:47	00:27:12	00:29:20	+00:08:17 (30.5%)	5:26	11 (69.2%)
120	OSTAPOWICZ Radosław	3148		BIAŁYSTOK		M40	23	M 105	3 - 28-31 minut	00:02:16	2026-02-07 18:03:17	00:14:04	00:27:17	00:29:34	+00:08:22 (30.7%)	5:27	11 (69.2%)
121	JABŁONOWSKI Krzysztof	2079		BIAŁYSTOK		M40	24	M 106	2 - 25-28 minut	00:02:16	2026-02-07 18:03:17	00:14:05	00:27:19	00:29:36	+00:08:24 (30.8%)	5:27	11 (69.2%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
122	OŻLAŃSKI Adam	2144		GRABÓWKA		M30	46	M 107	2 - 25-28 minut	00:07:07	2026-02-07 18:08:08	00:14:01	00:27:24	00:34:32	+00:08:29 (31.0%)	5:28	11 (69.2%)
123	BARTECZKA Jacek	2031		KURIANY		M40	25	M 108	2 - 25-28 minut	00:04:51	2026-02-07 18:05:52	00:14:11	00:27:25	00:32:16	+00:08:30 (31.1%)	5:28	10.9 (68.6%)
124	CWALINA Bartosz	1114	KOLNO BIEGA	KOLNO		M20	20	M 109	1 - Poniżej 25 minut	00:02:14	2026-02-07 18:03:15	00:14:04	00:27:27	00:29:42	+00:08:33 (31.2%)	5:29	10.9 (68.6%)
125	RYBNIK Karol	1085	CHŁOPCY CHORTENOWCY	NOWE ALEKSANDROWO		M30	47	M 110	1 - Poniżej 25 minut	00:00:10	2026-02-07 18:01:11	00:13:28	00:27:30	00:27:40	+00:08:35 (31.3%)	5:29	10.9 (68.6%)
126	GUZOWSKI Mariusz	4075		DOBRYNIEWO FABRYCZNE		M40	26	M 111	4 - 31-35 minut	00:04:49	2026-02-07 18:05:50	00:14:41	00:27:33	00:32:22	+00:08:38 (31.4%)	5:30	10.9 (68.6%)
127	BORUCKI Arkadiusz	1141	ARCAD	BIAŁYSTOK		M30	48	M 112	1 - Poniżej 25 minut	00:00:05	2026-02-07 18:01:06	00:13:32	00:27:33	00:27:39	+00:08:38 (31.4%)	5:30	10.9 (68.6%)
128	PIAŚCIK Rafał	2045		BIAŁYSTOK		M30	49	M 113	2 - 25-28 minut	00:02:11	2026-02-07 18:03:12	00:13:24	00:27:41	00:29:52	+00:08:46 (31.7%)	5:32	10.8 (67.9%)
129	SUCHOCKA Zuzia	2089		KLEOSIN		K15	2	K 16	2 - 25-28 minut	00:02:10	2026-02-07 18:03:11	00:14:02	00:27:41	00:29:51	+00:08:46 (31.7%)	5:32	10.8 (67.9%)
130	MUŚKO Maja	2088		BIAŁYSTOK		K15	3	K 17	2 - 25-28 minut	00:02:10	2026-02-07 18:03:11	00:14:01	00:27:41	00:29:51	+00:08:46 (31.7%)	5:32	10.8 (67.9%)
131	PUSZKO Paweł	1015		SOKÓŁKA		M30	50	M 114	1 - Poniżej 25 minut	00:04:48	2026-02-07 18:05:49	00:14:36	00:27:42	00:32:31	+00:08:47 (31.8%)	5:32	10.8 (67.9%)
132	BANACH Magdalena	2133	KOLNO BIEGA	KOLNO		K40	6	K 18	2 - 25-28 minut	00:00:07	2026-02-07 18:01:08	00:14:19	00:27:49	00:27:57	+00:08:54 (32.0%)	5:33	10.8 (67.9%)
133	CZARNOGÓRSKI Mateusz	1014		GRODZISK		M30	51	M 115	1 - Poniżej 25 minut	00:04:37	2026-02-07 18:05:38	00:14:26	00:27:50	00:32:28	+00:08:55 (32.1%)	5:33	10.8 (67.9%)
134	WRÓBLEWSKI Tomasz	2123		WARSZAWA		M30	52	M 116	2 - 25-28 minut	00:02:11	2026-02-07 18:03:12	00:13:50	00:27:51	00:30:03	+00:08:56 (32.1%)	5:34	10.8 (67.9%)
135	MOJSAK Karolina	1081		BIAŁYSTOK		K20	2	K 19	1 - Poniżej 25 minut	00:00:04	2026-02-07 18:01:05	00:12:36	00:27:52	00:27:57	+00:08:58 (32.2%)	5:34	10.8 (67.9%)
136	ARTEMIUK Eugeniusz	2030	HAJNÓWKA BIEGA	CZECHY ORLAŃSKIE		M60	2	M 117	2 - 25-28 minut	00:02:08	2026-02-07 18:03:09	00:14:22	00:27:53	00:30:01	+00:08:58 (32.2%)	5:34	10.8 (67.9%)
137	REĆKO Mateusz	2151		SOKÓŁKA		M15	7	M 118	2 - 25-28 minut	00:02:06	2026-02-07 18:03:07	00:13:32	00:27:53	00:30:00	+00:08:58 (32.2%)	5:34	10.8 (67.9%)
138	JANCZUK Marcin	2143		WASILKÓW		M40	27	M 119	2 - 25-28 minut	00:02:16	2026-02-07 18:03:17	00:14:49	00:27:54	00:30:11	+00:09:00 (32.3%)	5:34	10.8 (67.9%)
139	KOCHAŃSKI Karol	3159		BIAŁYSTOK		M30	53	M 120	3 - 28-31 minut	00:04:40	2026-02-07 18:05:41	00:14:30	00:28:00	00:32:40	+00:09:05 (32.5%)	5:35	10.7 (67.3%)
140	KUCHTA Artur	1095		BIAŁYSTOK		M30	54	M 121	1 - Poniżej 25 minut	00:00:03	2026-02-07 18:01:04	00:14:10	00:28:03	00:28:07	+00:09:08 (32.6%)	5:36	10.7 (67.3%)
141	SIEMASZKO Julian	1103		BIAŁYSTOK		M15	8	M 122	1 - Poniżej 25 minut	00:00:08	2026-02-07 18:01:09	00:13:04	00:28:07	00:28:15	+00:09:12 (32.8%)	5:37	10.7 (67.3%)
142	TOKAREWICZ Paweł	2024	SOKÓLSKA GRUPA BIEGOWA	SOKÓŁKA		M40	28	M 123	2 - 25-28 minut	00:04:49	2026-02-07 18:05:50	00:14:32	00:28:09	00:32:58	+00:09:14 (32.8%)	5:37	10.7 (67.3%)
143	KOROL Dariusz	1028		BIAŁYSTOK		M40	29	M 124	1 - Poniżej 25 minut	00:00:09	2026-02-07 18:01:10	00:14:06	00:28:09	00:28:19	+00:09:15 (32.9%)	5:37	10.7 (67.3%)
144	SZULC Andrzej	3031	TYGRYSKI	ŁAPY		M50	10	M 125	3 - 28-31 minut	00:02:12	2026-02-07 18:03:13	00:13:58	00:28:09	00:30:22	+00:09:15 (32.9%)	5:37	10.7 (67.3%)
145	MAZAN Vitali	3181		BIAŁYSTOK		M30	55	M 126	3 - 28-31 minut	00:04:49	2026-02-07 18:05:50	00:14:27	00:28:11	00:33:00	+00:09:16 (32.9%)	5:38	10.7 (67.3%)
146	YASKO Natallia	1082		BIAŁYSTOK		K40	7	K 20	1 - Poniżej 25 minut	00:00:08	2026-02-07 18:01:09	00:14:21	00:28:12	00:28:20	+00:09:17 (33.0%)	5:38	10.6 (66.7%)
147	TARASIUK Monika	2050	KAS	RZEPNIKI		K40	8	K 21	2 - 25-28 minut	00:02:06	2026-02-07 18:03:07	00:13:51	00:28:12	00:30:18	+00:09:17 (33.0%)	5:38	10.6 (66.7%)
148	JABŁOŃSKI Marcin	1079		WYSOKIE MAZOWIECKIE		M30	56	M 127	1 - Poniżej 25 minut	00:02:08	2026-02-07 18:03:09	00:13:56	00:28:12	00:30:20	+00:09:17 (33.0%)	5:38	10.6 (66.7%)
149	GRYŻENIA Daniel	2035	BIAŁYSTOK BIEGA	BIAŁYSTOK		M30	57	M 128	2 - 25-28 minut	00:07:21	2026-02-07 18:08:22	00:15:04	00:28:14	00:35:36	+00:09:20 (33.1%)	5:38	10.6 (66.7%)
150	KORSZAK Rafał	3149		GRABÓWKA		M30	58	M 129	3 - 28-31 minut	00:04:42	2026-02-07 18:05:43	00:15:31	00:28:17	00:33:00	+00:09:22 (33.2%)	5:39	10.6 (66.7%)
151	DĄBROWSKI Kamil	2092	INTRUM	BIAŁYSTOK		M40	30	M 130	2 - 25-28 minut	00:02:15	2026-02-07 18:03:16	00:14:33	00:28:19	00:30:35	+00:09:25 (33.3%)	5:39	10.6 (66.7%)
152	GUZOWSKA Sylwia	1078	MARATONKA GRAJEWO	GRAJEWO		K40	9	K 22	1 - Poniżej 25 minut	00:00:07	2026-02-07 18:01:08	00:14:14	00:28:20	00:28:28	+00:09:26 (33.3%)	5:39	10.6 (66.7%)
153	SADOWSKI Krzysztof	3138		BIAŁYSTOK		M40	31	M 131	3 - 28-31 minut	00:04:43	2026-02-07 18:05:44	00:14:48	00:28:21	00:33:04	+00:09:26 (33.3%)	5:40	10.6 (66.7%)
154	SIWIEC Adrian	3150		GRABÓWKA		M30	59	M 132	3 - 28-31 minut	00:04:42	2026-02-07 18:05:43	00:15:31	00:28:22	00:33:05	+00:09:28 (33.4%)	5:40	10.6 (66.7%)
155	JOKA Maciej	3145		BIAŁYSTOK		M20	21	M 133	3 - 28-31 minut	00:04:50	2026-02-07 18:05:51	00:14:28	00:28:22	00:33:13	+00:09:28 (33.4%)	5:40	10.6 (66.7%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
156	WOŁYŃ Marcin	2027		BIAŁYSTOK		M30	60	M 134	2 - 25-28 minut	00:02:13	2026-02-07 18:03:14	00:14:37	00:28:23	00:30:36	+00:09:28 (33.4%)	5:40	10.6 (66.7%)
157	SZUMSKA Marta	4013		BIAŁYSTOK		K40	10	K 23	4 - 31-35 minut	00:07:22	2026-02-07 18:08:23	00:15:02	00:28:23	00:35:45	+00:09:28 (33.4%)	5:40	10.6 (66.7%)
158	SZACIŁO Michał	2135		KALINKÓWKA KOŚCIELNA		M20	22	M 135	2 - 25-28 minut	00:04:49	2026-02-07 18:05:50	00:14:30	00:28:23	00:33:12	+00:09:28 (33.4%)	5:40	10.6 (66.7%)
159	MIEZIO Rafał	2040		BIAŁYSTOK		M50	11	M 136	2 - 25-28 minut	00:04:37	2026-02-07 18:05:38	00:14:53	00:28:25	00:33:02	+00:09:30 (33.5%)	5:40	10.6 (66.7%)
160	RASZCZYK Katarzyna	2132	KOLNO BIEGA	KOLNO		K40	11	K 24	2 - 25-28 minut	00:00:07	2026-02-07 18:01:08	00:14:17	00:28:29	00:28:36	+00:09:34 (33.6%)	5:41	10.5 (66.0%)
161	ANDRUSZKIEWICZ Dariusz	1070	DRUŻYNA STEFANA CZARNECKIEGO	BIAŁYSTOK		M40	32	M 137	1 - Poniżej 25 minut	00:00:10	2026-02-07 18:01:11	00:14:08	00:28:31	00:28:42	+00:09:37 (33.7%)	5:42	10.5 (66.0%)
162	KRAWCZUK Andrzej	1019	1.PBOT	CHOROSZCZ		M40	33	M 138	1 - Poniżej 25 minut	00:04:50	2026-02-07 18:05:51	00:14:40	00:28:34	00:33:24	+00:09:39 (33.8%)	5:42	10.5 (66.0%)
163	POGORZELSKI Daniel	2142		RYBOŁY		M40	34	M 139	2 - 25-28 minut	00:02:06	2026-02-07 18:03:07	00:14:10	00:28:35	00:30:42	+00:09:40 (33.9%)	5:42	10.5 (66.0%)
164	BARGŁOWSKI Kamil	2107		BIAŁYSTOK		M20	23	M 140	2 - 25-28 minut	00:02:15	2026-02-07 18:03:16	00:15:13	00:28:42	00:30:57	+00:09:47 (34.1%)	5:44	10.5 (66.0%)
165	FALKOWSKI Michał	2099		BIAŁYSTOK		M30	61	M 141	2 - 25-28 minut	00:02:14	2026-02-07 18:03:15	00:15:17	00:28:44	00:30:59	+00:09:49 (34.2%)	5:44	10.4 (65.4%)
166	SIENKIEWICZ Bogusz	1022		BIAŁYSTOK		M30	62	M 142	1 - Poniżej 25 minut	00:07:07	2026-02-07 18:08:08	00:14:24	00:28:46	00:35:54	+00:09:51 (34.3%)	5:45	10.4 (65.4%)
167	BRAJCZEWSKA Maria	2155		SUPRAŚL		K20	3	K 25	2 - 25-28 minut	00:02:09	2026-02-07 18:03:10	00:14:49	00:28:49	00:30:59	+00:09:54 (34.4%)	5:45	10.4 (65.4%)
168	CZYŻEWSKA Justyna	3092		BIAŁYSTOK		K30	6	K 26	3 - 28-31 minut	00:04:36	2026-02-07 18:05:37	00:14:52	00:28:51	00:33:27	+00:09:56 (34.5%)	5:46	10.4 (65.4%)
169	BUJNOWSKA Małgorzata Anna	1038	PODLASKIE KOCURY	BIAŁYSTOK		K40	12	K 27	1 - Poniżej 25 minut	00:02:12	2026-02-07 18:03:13	00:14:48	00:28:51	00:31:04	+00:09:56 (34.5%)	5:46	10.4 (65.4%)
170	ROSA Robert	2052		GŁOGÓW		M50	12	M 143	2 - 25-28 minut	00:02:09	2026-02-07 18:03:10	00:14:37	00:28:52	00:31:02	+00:09:57 (34.5%)	5:46	10.4 (65.4%)
171	KRUSZEWSKI Grzegorz	2115		JABŁOŃ DĄBROWA		M40	35	M 144	2 - 25-28 minut	00:02:10	2026-02-07 18:03:11	00:14:50	00:28:52	00:31:02	+00:09:57 (34.5%)	5:46	10.4 (65.4%)
172	POLAK Robert	2060	MD RUN TRAINING	BIAŁYSTOK		M40	36	M 145	2 - 25-28 minut	00:02:12	2026-02-07 18:03:13	00:14:15	00:28:52	00:31:05	+00:09:57 (34.5%)	5:46	10.4 (65.4%)
173	WOŁOSIK Dominik	2090		BIAŁYSTOK		M30	63	M 146	2 - 25-28 minut	00:02:09	2026-02-07 18:03:10	00:14:35	00:28:53	00:31:02	+00:09:58 (34.5%)	5:46	10.4 (65.4%)
174	ZALEWSKI Marcin	3043		BIAŁYSTOK		M40	37	M 147	3 - 28-31 minut	00:04:39	2026-02-07 18:05:40	00:14:49	00:28:56	00:33:36	+00:10:01 (34.7%)	5:47	10.4 (65.4%)
175	JÓŻWICKI Franciszek	1051	PODLASKIE KOCURY	DOBRYNIEWO DUŻE		M12	3	M 148	1 - Poniżej 25 minut	00:00:04	2026-02-07 18:01:05	00:14:07	00:28:57	00:29:01	+00:10:02 (34.7%)	5:47	10.4 (65.4%)
176	BŁASZKO Dawid	2054	PALISANDER RUNNING TEAM	SOWLANY		M40	38	M 149	2 - 25-28 minut	00:02:09	2026-02-07 18:03:10	00:14:21	00:28:59	00:31:09	+00:10:04 (34.8%)	5:47	10.4 (65.4%)
177	LASKOWSKI Kamil	1057	PALISANDER RUNNING TEAM	WASILKÓW		M30	64	M 150	1 - Poniżej 25 minut	00:02:09	2026-02-07 18:03:10	00:14:21	00:28:59	00:31:09	+00:10:04 (34.8%)	5:47	10.4 (65.4%)
178	JÓŻWICKI Karol	1016	PODLASKIE KOCURY	CHRABOŁY		M40	39	M 151	1 - Poniżej 25 minut	00:00:05	2026-02-07 18:01:06	00:14:06	00:28:59	00:29:05	+00:10:04 (34.8%)	5:47	10.4 (65.4%)
179	SERAFIN Tomasz	2109		BIAŁYSTOK		M40	40	M 152	2 - 25-28 minut	00:02:07	2026-02-07 18:03:08	00:14:36	00:29:02	00:31:09	+00:10:07 (34.9%)	5:48	10.3 (64.8%)
180	POGORZAŁY Emil	2006	SAMI SWOI	BIELSK PODLASKI		M50	13	M 153	2 - 25-28 minut	00:02:15	2026-02-07 18:03:16	00:14:18	00:29:04	00:31:19	+00:10:09 (35.0%)	5:48	10.3 (64.8%)
181	DOŁŻYŃSKI Cyprian	1050		BIAŁYSTOK		M15	9	M 154	1 - Poniżej 25 minut	00:02:16	2026-02-07 18:03:17	00:15:55	00:29:12	00:31:29	+00:10:17 (35.3%)	5:50	10.3 (64.8%)
182	JARMOŁOWICZ Małgorzata	2057	MD RUN TRAINING	BIAŁYSTOK		K50	4	K 28	2 - 25-28 minut	00:02:16	2026-02-07 18:03:17	00:15:14	00:29:14	00:31:30	+00:10:19 (35.3%)	5:50	10.3 (64.8%)
183	ŁAPIŃSKI Karol	2011		BIAŁYSTOK		M40	41	M 155	2 - 25-28 minut	00:02:13	2026-02-07 18:03:14	00:15:16	00:29:15	00:31:28	+00:10:20 (35.4%)	5:50	10.3 (64.8%)
184	CIEŚLUK Krzysztof	4128		ŚLIWNO		M50	14	M 156	4 - 31-35 minut	00:09:59	2026-02-07 18:11:00	00:15:30	00:29:16	00:39:15	+00:10:21 (35.4%)	5:51	10.3 (64.8%)
185	SZEWCUWIANIEC Krzysztof	3100		BIAŁYSTOK		M20	24	M 157	3 - 28-31 minut	00:04:34	2026-02-07 18:05:35	00:15:09	00:29:19	00:33:54	+00:10:24 (35.5%)	5:51	10.2 (64.2%)
186	KLIMASZEWSKA Swietłana	5187	ZWIĄZEK SYBIRAKÓW SIEMIATYCZE	CZARTAJEW		K40	13	K 29	5 - powyżej 35 minut	00:09:43	2026-02-07 18:10:44	00:07:16	00:29:20	00:39:03	+00:10:25 (35.6%)	5:51	10.2 (64.2%)
187	KLIMASZEWSKI Marek	5188	ZWIĄZEK SYBIRAKÓW SIEMIATYCZE	CZARTAJEW		M40	42	M 158	5 - powyżej 35 minut	00:09:43	2026-02-07 18:10:44	00:07:15	00:29:21	00:39:04	+00:10:26 (35.6%)	5:52	10.2 (64.2%)
188	CHOJNOWSKI Zbigniew	1115	NSZZ FSG	BIAŁYSTOK		M50	15	M 159	1 - Poniżej 25 minut	00:10:01	2026-02-07 18:11:02	00:14:55	00:29:22	00:39:23	+00:10:27 (35.6%)	5:52	10.2 (64.2%)
189	KOCHANIAK Krzysztof	3121		SOWLANY		M12	4	M 160	3 - 28-31 minut	00:09:56	2026-02-07 18:10:57	00:14:35	00:29:25	00:39:22	+00:10:31 (35.8%)	5:53	10.2 (64.2%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>																
190	ANDREIKOVA Valentyna	2063	TEA.M RUN	BIAŁYSTOK		K20	4	K 30	2 - 25-28 minut	00:07:16	2026-02-07 18:08:17	00:14:58	00:29:30	00:36:46	+00:10:35 (35.9%)	5:53	10.2 (64.2%)
191	ZANIEWSKI Rafał	2076		PRUSZKÓW		M40	43	M 161	2 - 25-28 minut	00:02:15	2026-02-07 18:03:16	00:14:56	00:29:33	00:31:48	+00:10:39 (36.1%)	5:54	10.2 (64.2%)
192	JAWOROWSKI Damian	2141		CHOROSZCZ		M30	65	M 162	2 - 25-28 minut	00:02:09	2026-02-07 18:03:10	00:15:01	00:29:34	00:31:43	+00:10:39 (36.1%)	5:54	10.2 (64.2%)
193	BARANOWSKA Beata	2078		SOKÓŁKA		K50	5	K 31	2 - 25-28 minut	00:02:07	2026-02-07 18:03:08	00:14:58	00:29:35	00:31:42	+00:10:40 (36.1%)	5:54	10.1 (63.5%)
194	BAZYKINA Sophia	2120		BIAŁYSTOK		K20	5	K 32	2 - 25-28 minut	00:02:07	2026-02-07 18:03:08	00:13:22	00:29:37	00:31:45	+00:10:42 (36.2%)	5:55	10.1 (63.5%)
195	MAKOWSKI Filip	2150	MAKI	BIAŁYSTOK		M30	66	M 163	2 - 25-28 minut	00:04:42	2026-02-07 18:05:43	00:15:19	00:29:41	00:34:23	+00:10:46 (36.3%)	5:56	10.1 (63.5%)
196	JURUSZ Michał	3027		KARCZEW		M40	44	M 164	3 - 28-31 minut	00:04:44	2026-02-07 18:05:45	00:14:45	00:29:42	00:34:27	+00:10:48 (36.4%)	5:56	10.1 (63.5%)
197	OSTROWSKI Szymon	2125		BIAŁYSTOK		M12	5	M 165	2 - 25-28 minut	00:02:06	2026-02-07 18:03:07	00:14:11	00:29:45	00:31:51	+00:10:50 (36.5%)	5:56	10.1 (63.5%)
198	EMIELJANIUK Rafał	3158		BIAŁYSTOK		M20	25	M 166	3 - 28-31 minut	00:04:46	2026-02-07 18:05:47	00:15:44	00:29:46	00:34:33	+00:10:51 (36.5%)	5:57	10.1 (63.5%)
199	BANIT Dzimtry	1123	TEA M RUN	BIAŁYSTOK		M40	45	M 167	1 - Poniżej 25 minut	00:02:06	2026-02-07 18:03:07	00:14:41	00:29:50	00:31:57	+00:10:56 (36.7%)	5:57	10.1 (63.5%)
200	DERESZ Przemysław	3117	1 PBOT	GRAJEW		M40	46	M 168	3 - 28-31 minut	00:04:37	2026-02-07 18:05:38	00:14:57	00:29:51	00:34:29	+00:10:56 (36.7%)	5:58	10.1 (63.5%)
201	PONCZOCHA Franciszek	3157	DEKORTEX	BIAŁYSTOK		M12	6	M 169	3 - 28-31 minut	00:04:43	2026-02-07 18:05:44	00:15:44	00:29:54	00:34:37	+00:10:59 (36.8%)	5:58	10 (62.9%)
202	SOKÓLSKI Łukasz	2075		BIAŁYSTOK		M30	67	M 170	2 - 25-28 minut	00:04:37	2026-02-07 18:05:38	00:15:19	00:29:54	00:34:32	+00:10:59 (36.8%)	5:58	10 (62.9%)
203	KRUPIENIK Marcin	2153		BIAŁYSTOK		M40	47	M 171	2 - 25-28 minut	00:04:42	2026-02-07 18:05:43	00:14:55	00:29:59	00:34:41	+00:11:04 (36.9%)	5:59	10 (62.9%)
204	SKUBICH Tomasz	2137		BIAŁYSTOK		M30	68	M 172	2 - 25-28 minut	00:04:40	2026-02-07 18:05:41	00:15:10	00:30:02	00:34:42	+00:11:07 (37.1%)	6:00	10 (62.9%)
205	WASIELEWSKI Grzegorz	1003		KIERSNÓWEK		M30	69	M 173	1 - Poniżej 25 minut	00:00:09	2026-02-07 18:01:10	00:14:34	00:30:03	00:30:13	+00:11:09 (37.1%)	6:00	10 (62.9%)
206	GOLKO Wojciech	3044		ZAŚCIANKI		M30	70	M 174	3 - 28-31 minut	00:07:09	2026-02-07 18:08:10	00:15:35	00:30:04	00:37:13	+00:11:09 (37.1%)	6:00	10 (62.9%)
207	KIEŁCZEWSKI Konrad	2001		BIAŁYSTOK		M40	48	M 175	2 - 25-28 minut	00:02:16	2026-02-07 18:03:17	00:14:43	00:30:07	00:32:24	+00:11:13 (37.3%)	6:01	10 (62.9%)
208	ŁAPIŃSKA Patrycja	3141		WARSZAWA		K30	7	K 33	3 - 28-31 minut	00:04:39	2026-02-07 18:05:40	00:15:38	00:30:08	00:34:48	+00:11:14 (37.3%)	6:01	10 (62.9%)
209	KULESZA Adam	3170		BIAŁYSTOK		M50	16	M 176	3 - 28-31 minut	00:04:39	2026-02-07 18:05:40	00:15:21	00:30:08	00:34:48	+00:11:14 (37.3%)	6:01	10 (62.9%)
210	SAWICKI Mariusz	363		CHOROSZCZ		M50	17	M 177	M OPEN	00:04:49	2026-02-07 18:05:50	00:16:29	00:30:10	00:35:00	+00:11:16 (37.4%)	6:01	10 (62.9%)
211	SZWARC Ilona	2009		BIAŁYSTOK		K40	14	K 34	2 - 25-28 minut	00:02:17	2026-02-07 18:03:18	00:15:15	00:30:11	00:32:28	+00:11:16 (37.4%)	6:02	9.9 (62.3%)
212	RYDZEWSKI Krzysztof	2004		KLEPACZE		M40	49	M 178	2 - 25-28 minut	00:04:43	2026-02-07 18:05:44	00:15:54	00:30:15	00:34:59	+00:11:20 (37.5%)	6:02	9.9 (62.3%)
213	LENKIEWICZ Paulina	2070		EŁK		K30	8	K 35	2 - 25-28 minut	00:02:13	2026-02-07 18:03:14	00:15:20	00:30:16	00:32:30	+00:11:22 (37.6%)	6:03	9.9 (62.3%)
214	STĘPIEŃ Piotr	2080	SAMORZĄDOWCY	MIŃSK MAZOWIECKI		M50	18	M 179	2 - 25-28 minut	00:04:44	2026-02-07 18:05:45	00:15:48	00:30:22	00:35:06	+00:11:27 (37.7%)	6:04	9.9 (62.3%)
215	GAIŃSKI Tomasz	4082	STREFA ZMIAN	BIAŁYSTOK		M40	50	M 180	4 - 31-35 minut	00:04:45	2026-02-07 18:05:46	00:16:00	00:30:24	00:35:09	+00:11:29 (37.8%)	6:04	9.9 (62.3%)
216	JAKUBOWSKA Marzena	2130		BIAŁYSTOK		K40	15	K 36	2 - 25-28 minut	00:02:16	2026-02-07 18:03:17	00:15:28	00:30:24	00:32:40	+00:11:29 (37.8%)	6:04	9.9 (62.3%)
217	ZWOLSKI Marcin	3064		BIAŁYSTOK		M40	51	M 181	3 - 28-31 minut	00:04:42	2026-02-07 18:05:43	00:15:12	00:30:28	00:35:10	+00:11:33 (37.9%)	6:05	9.9 (62.3%)
218	SZYMAŃSKI Roman	2038		BIELSK PODLASKI		M40	52	M 182	2 - 25-28 minut	00:02:18	2026-02-07 18:03:19	00:15:48	00:30:30	00:32:48	+00:11:35 (38.0%)	6:05	9.8 (61.6%)
219	WYSOCKA Laura	1091	NADAKTYWNI	BIAŁYSTOK		K12	1	K 37	1 - Poniżej 25 minut	00:02:12	2026-02-07 18:03:13	00:15:37	00:30:30	00:32:43	+00:11:35 (38.0%)	6:05	9.8 (61.6%)
220	WYSOCKI Tomasz	1090	NADAKTYWNI	BIAŁYSTOK		M40	53	M 183	1 - Poniżej 25 minut	00:02:12	2026-02-07 18:03:13	00:15:37	00:30:31	00:32:43	+00:11:36 (38.1%)	6:06	9.8 (61.6%)
221	BIBUŁOWICZ Monika	2058		SURAŻ		K40	16	K 38	2 - 25-28 minut	00:02:08	2026-02-07 18:03:09	00:15:18	00:30:33	00:32:42	+00:11:38 (38.1%)	6:06	9.8 (61.6%)
222	GÓRNICKI Michał	4132	WETERANI RP	LEGIONOWO		M40	54	M 184	4 - 31-35 minut	00:07:14	2026-02-07 18:08:15	00:15:45	00:30:34	00:37:49	+00:11:39 (38.2%)	6:06	9.8 (61.6%)
223	CHARKIEWICZ Paula	2138	WTLENIE	GRABÓWKA		K30	9	K 39	2 - 25-28 minut	00:04:36	2026-02-07 18:05:37	00:15:44	00:30:35	00:35:11	+00:11:40 (38.2%)	6:06	9.8 (61.6%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
224	<b>BOGDAŃSKA Ula</b>	<b>2017</b>	URZĄD MIEJSKI W BIAŁYMSTOKU - ZIELONY BIAŁYSTOK	BIAŁYSTOK		K40	17	K 40	2 - 25-28 minut	00:07:08	2026-02-07 18:08:09	00:15:52	<b>00:30:39</b>	<b>00:37:47</b>	+00:11:44 (38.3%)	6:07	9.8 (61.6%)
225	<b>STRZELIŃSKI Kamil</b>	<b>5120</b>		BIAŁYSTOK		M15	10	M 185	5 - powyżej 35 minut	00:09:46	2026-02-07 18:10:47	00:16:15	<b>00:30:39</b>	<b>00:40:26</b>	+00:11:44 (38.3%)	6:07	9.8 (61.6%)
226	<b>ZALEWSKI Marek</b>	<b>3129</b>		BIAŁYSTOK		M20	26	M 186	3 - 28-31 minut	00:04:38	2026-02-07 18:05:39	00:15:57	<b>00:30:43</b>	<b>00:35:22</b>	+00:11:48 (38.5%)	6:08	9.8 (61.6%)
227	<b>MAKSIMUK Piotr</b>	<b>3146</b>		BIAŁYSTOK		M40	55	M 187	3 - 28-31 minut	00:04:43	2026-02-07 18:05:44	00:15:57	<b>00:30:44</b>	<b>00:35:28</b>	+00:11:50 (38.5%)	6:08	9.8 (61.6%)
228	<b>MIEDZICZ Waldemar</b>	<b>1138</b>		BIAŁYSTOK		M30	71	M 188	1 - Poniżej 25 minut	00:04:43	2026-02-07 18:05:44	00:15:55	<b>00:30:45</b>	<b>00:35:28</b>	+00:11:50 (38.5%)	6:08	9.8 (61.6%)
229	<b>WALUK Franciszek</b>	<b>2033</b>	BIAŁYSTOK BIEGA TEAM	BIAŁYSTOK		M60	3	M 189	2 - 25-28 minut	00:04:45	2026-02-07 18:05:46	00:16:22	<b>00:30:47</b>	<b>00:35:33</b>	+00:11:52 (38.6%)	6:09	9.8 (61.6%)
230	<b>ZABIELSKI Karol</b>	<b>4130</b>		ŁÓMŻA		M30	72	M 190	4 - 31-35 minut	00:07:09	2026-02-07 18:08:10	00:16:17	<b>00:30:51</b>	<b>00:38:01</b>	+00:11:56 (38.7%)	6:10	9.7 (61.0%)
231	<b>MAKOWSKI Marek</b>	<b>3066</b>		BIAŁYSTOK		M50	19	M 191	3 - 28-31 minut	00:04:45	2026-02-07 18:05:46	00:15:43	<b>00:30:55</b>	<b>00:35:41</b>	+00:12:00 (38.9%)	6:10	9.7 (61.0%)
232	<b>CIBOROWSKA Monika</b>	<b>1021</b>	KS PODLASIE BIAŁYSTOK	MOŃKI		K15	4	K 41	1 - Poniżej 25 minut	00:02:04	2026-02-07 18:03:05	00:14:57	<b>00:30:59</b>	<b>00:33:04</b>	+00:12:04 (39.0%)	6:11	9.7 (61.0%)
233	<b>KRYNICKI Bartłomiej</b>	<b>3020</b>		KLEOSIN		M20	27	M 192	3 - 28-31 minut	00:07:11	2026-02-07 18:08:12	00:16:11	<b>00:31:00</b>	<b>00:38:11</b>	+00:12:05 (39.0%)	6:11	9.7 (61.0%)
234	<b>KRYNICKA Angelika</b>	<b>3099</b>		KLEOSIN		K20	6	K 42	3 - 28-31 minut	00:07:11	2026-02-07 18:08:12	00:16:11	<b>00:31:00</b>	<b>00:38:11</b>	+00:12:05 (39.0%)	6:11	9.7 (61.0%)
235	<b>KOMOSA Anna</b>	<b>5067</b>		SOLNICZKI		K30	10	K 43	5 - powyżej 35 minut	00:07:18	2026-02-07 18:08:19	00:17:03	<b>00:31:00</b>	<b>00:38:19</b>	+00:12:05 (39.0%)	6:11	9.7 (61.0%)
236	<b>KOLB Katsiaryna</b>	<b>5126</b>		BIAŁYSTOK		K30	11	K 44	5 - powyżej 35 minut	00:09:52	2026-02-07 18:10:53	00:15:56	<b>00:31:01</b>	<b>00:40:54</b>	+00:12:06 (39.0%)	6:12	9.7 (61.0%)
237	<b>KRUTUL-SUCHOCKA Agata</b>	<b>3160</b>		BIAŁYSTOK		K40	18	K 45	3 - 28-31 minut	00:07:15	2026-02-07 18:08:16	00:16:53	<b>00:31:03</b>	<b>00:38:18</b>	+00:12:08 (39.1%)	6:12	9.7 (61.0%)
238	<b>KRASOWSKI Paweł</b>	<b>3049</b>	FLOWAIR	ZAMBRÓW		M30	73	M 193	3 - 28-31 minut	00:07:14	2026-02-07 18:08:15	00:16:15	<b>00:31:06</b>	<b>00:38:21</b>	+00:12:11 (39.2%)	6:13	9.7 (61.0%)
239	<b>POPLAWSKA Katarzyna</b>	<b>3179</b>		BIAŁYSTOK		K20	7	K 46	3 - 28-31 minut	00:04:37	2026-02-07 18:05:38	00:16:00	<b>00:31:09</b>	<b>00:35:46</b>	+00:12:14 (39.3%)	6:13	9.6 (60.4%)
240	<b>SZERSZUNOWICZ Kasia</b>	<b>2062</b>	HAJNÓWKA BIEGA	HAJNÓWKA		K40	19	K 47	2 - 25-28 minut	00:02:07	2026-02-07 18:03:08	00:15:58	<b>00:31:10</b>	<b>00:33:18</b>	+00:12:15 (39.4%)	6:13	9.6 (60.4%)
241	<b>OSTROWSKI Daniel</b>	<b>3120</b>	KAN-THERM RACING TEAM	BIAŁYSTOK		M40	56	M 194	3 - 28-31 minut	00:07:15	2026-02-07 18:08:16	00:15:32	<b>00:31:14</b>	<b>00:38:29</b>	+00:12:19 (39.5%)	6:14	9.6 (60.4%)
242	<b>ANDRZEJEWSKI Maciej</b>	<b>2098</b>		BIAŁYSTOK		M40	57	M 195	2 - 25-28 minut	00:07:08	2026-02-07 18:08:09	00:15:47	<b>00:31:16</b>	<b>00:38:24</b>	+00:12:21 (39.5%)	6:15	9.6 (60.4%)
243	<b>TELLOS Justyna</b>	<b>2059</b>	HAJNÓWKA BIEGA	HAJNÓWKA		K40	20	K 48	2 - 25-28 minut	00:02:07	2026-02-07 18:03:08	00:15:58	<b>00:31:16</b>	<b>00:33:23</b>	+00:12:21 (39.5%)	6:15	9.6 (60.4%)
244	<b>KAŻMIERSKI Wojciech</b>	<b>3024</b>		BIAŁYSTOK		M60	4	M 196	3 - 28-31 minut	00:04:35	2026-02-07 18:05:36	00:15:48	<b>00:31:16</b>	<b>00:35:51</b>	+00:12:22 (39.6%)	6:15	9.6 (60.4%)
245	<b>BORATYŃSKI Marcin</b>	<b>5075</b>		BIAŁYSTOK		M40	58	M 197	5 - powyżej 35 minut	00:09:59	2026-02-07 18:11:00	00:16:34	<b>00:31:17</b>	<b>00:41:17</b>	+00:12:22 (39.6%)	6:15	9.6 (60.4%)
246	<b>RACZYŁA Tomasz</b>	<b>3095</b>	ALFACO RUNNING TEAM	BIAŁYSTOK		M30	74	M 198	3 - 28-31 minut	00:04:46	2026-02-07 18:05:47	00:16:45	<b>00:31:19</b>	<b>00:36:05</b>	+00:12:24 (39.6%)	6:15	9.6 (60.4%)
247	<b>ZAPOLSKI Paweł</b>	<b>3174</b>		BIAŁYSTOK		M40	59	M 199	3 - 28-31 minut	00:07:22	2026-02-07 18:08:23	00:16:59	<b>00:31:20</b>	<b>00:38:42</b>	+00:12:25 (39.7%)	6:15	9.6 (60.4%)
248	<b>GLIŃSKA Patrycja</b>	<b>2012</b>		BIAŁYSTOK		K30	12	K 49	2 - 25-28 minut	00:04:51	2026-02-07 18:05:52	00:16:40	<b>00:31:20</b>	<b>00:36:11</b>	+00:12:25 (39.7%)	6:15	9.6 (60.4%)
249	<b>GOLONKO Szymon</b>	<b>2122</b>	HAJNÓWKA BIEGA	HAJNÓWKA		M40	60	M 200	2 - 25-28 minut	00:02:07	2026-02-07 18:03:08	00:16:22	<b>00:31:21</b>	<b>00:33:29</b>	+00:12:26 (39.7%)	6:16	9.6 (60.4%)
250	<b>STEFANOWICZ Zdzisław</b>	<b>3189</b>		BIAŁYSTOK		M50	20	M 201	3 - 28-31 minut	00:07:10	2026-02-07 18:08:11	00:16:18	<b>00:31:21</b>	<b>00:38:31</b>	+00:12:26 (39.7%)	6:16	9.6 (60.4%)
251	<b>GOLONKO Sylwia</b>	<b>2121</b>	HAJNÓWKA BIEGA	HAJNÓWKA		K40	21	K 50	2 - 25-28 minut	00:02:07	2026-02-07 18:03:08	00:16:23	<b>00:31:22</b>	<b>00:33:30</b>	+00:12:27 (39.7%)	6:16	9.6 (60.4%)
252	<b>GIERASIMIUK Marcin</b>	<b>5079</b>	STOWARZYSZENIE MY DLA INNYCH	BIAŁYSTOK		M30	75	M 202	5 - powyżej 35 minut	00:09:53	2026-02-07 18:10:54	00:16:47	<b>00:31:25</b>	<b>00:41:18</b>	+00:12:30 (39.8%)	6:16	9.6 (60.4%)
253	<b>STEPANCZENKO Rafał</b>	<b>3061</b>		BIAŁYSTOK		M40	61	M 203	3 - 28-31 minut	00:04:36	2026-02-07 18:05:37	00:15:40	<b>00:31:26</b>	<b>00:36:03</b>	+00:12:31 (39.9%)	6:17	9.5 (59.7%)
254	<b>LUBECKA Gabriela</b>	<b>4049</b>		BIAŁYSTOK		K20	8	K 51	4 - 31-35 minut	00:07:10	2026-02-07 18:08:11	00:16:36	<b>00:31:27</b>	<b>00:38:38</b>	+00:12:33 (39.9%)	6:17	9.5 (59.7%)
255	<b>GRUSZEWSKA Hanna</b>	<b>3178</b>		CIELICZANKA		K15	5	K 52	3 - 28-31 minut	00:07:20	2026-02-07 18:08:21	00:16:19	<b>00:31:28</b>	<b>00:38:48</b>	+00:12:33 (39.9%)	6:17	9.5 (59.7%)
256	<b>LENCZEWSKI Łukasz</b>	<b>2108</b>		BIAŁYSTOK		M20	28	M 204	4 - 31-35 minut	00:07:21	2026-02-07 18:08:22	00:16:02	<b>00:31:30</b>	<b>00:38:51</b>	+00:12:35 (40.0%)	6:17	9.5 (59.7%)
257	<b>GROMACKI Ireneusz</b>	<b>2072</b>	1 PBOT	BIAŁYSTOK		M40	62	M 205	2 - 25-28 minut	00:02:11	2026-02-07 18:03:12	00:15:22	<b>00:31:30</b>	<b>00:33:42</b>	+00:12:36 (40.0%)	6:17	9.5 (59.7%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
258	WIŚNIEWSKI Wojciech	3096		BIAŁYSTOK		M50	21	M 206	3 - 28-31 minut	00:04:37	2026-02-07 18:05:38	00:16:19	00:31:33	00:36:10	+00:12:38 (40.1%)	6:18	9.5 (59.7%)
259	KALINOWSKA Roksana	5078	STOWARZYSZENIE MY DLA INNYCH	POROSŁY		K30	13	K 53	5 - powyżej 35 minut	00:09:52	2026-02-07 18:10:53	00:16:47	00:31:33	00:41:25	+00:12:38 (40.1%)	6:18	9.5 (59.7%)
260	PISZCZATOWSKI Jakub	4118		KNYSZYN		M30	76	M 207	4 - 31-35 minut	00:07:15	2026-02-07 18:08:16	00:16:37	00:31:35	00:38:51	+00:12:40 (40.1%)	6:18	9.5 (59.7%)
261	DANILCZUK Emilia	2043	1 PODLASKA BRYGADA OBRONY TERYTORIALNEJ	POMIGACZE		K40	22	K 54	2 - 25-28 minut	00:02:08	2026-02-07 18:03:09	00:15:19	00:31:37	00:33:46	+00:12:42 (40.2%)	6:19	9.5 (59.7%)
262	SIMONIUK Jerzy	1009		BIAŁYSTOK		M60	5	M 208	1 - Poniżej 25 minut	00:00:05	2026-02-07 18:01:06	00:15:38	00:31:40	00:31:45	+00:12:45 (40.3%)	6:19	9.5 (59.7%)
263	ROTKIEWICZ Ksenia	3167	SP1SOKOLKA	SOKOLKA		K15	6	K 55	3 - 28-31 minut	00:04:39	2026-02-07 18:05:40	00:16:17	00:31:41	00:36:20	+00:12:46 (40.3%)	6:20	9.5 (59.7%)
264	GOSK Rafał	2032	MIEJSKOAKTYWNI	BIAŁYSTOK		M40	63	M 209	2 - 25-28 minut	00:04:50	2026-02-07 18:05:51	00:16:38	00:31:43	00:36:33	+00:12:49 (40.4%)	6:20	9.5 (59.7%)
265	OSTROWSKI Tomasz	3187		BIAŁYSTOK		M40	64	M 210	3 - 28-31 minut	00:04:36	2026-02-07 18:05:37	00:16:07	00:31:44	00:36:21	+00:12:50 (40.5%)	6:20	9.5 (59.7%)
266	TSIARESHKA Uladzislau	2013	TEA.M RUN	BIAŁYSTOK		M20	29	M 211	2 - 25-28 minut	00:04:48	2026-02-07 18:05:49	00:16:45	00:31:45	00:36:33	+00:12:50 (40.5%)	6:20	9.5 (59.7%)
267	PACHUCKI Adrian	4067		BIAŁYSTOK		M40	65	M 212	4 - 31-35 minut	00:07:11	2026-02-07 18:08:12	00:15:57	00:31:46	00:38:58	+00:12:51 (40.5%)	6:21	9.4 (59.1%)
268	KOC Żaneta	5039		BIELSK PODLASKI		K20	9	K 56	5 - powyżej 35 minut	00:09:45	2026-02-07 18:10:46	00:16:29	00:31:46	00:41:32	+00:12:52 (40.5%)	6:21	9.4 (59.1%)
269	KOSIŃSKI Olaf	3105		BIAŁYSTOK		M12	7	M 213	3 - 28-31 minut	00:07:20	2026-02-07 18:08:21	00:17:00	00:31:48	00:39:08	+00:12:53 (40.5%)	6:21	9.4 (59.1%)
270	KOSIŃSKA Katarzyna	3067		BIAŁYSTOK		K40	23	K 57	3 - 28-31 minut	00:07:21	2026-02-07 18:08:22	00:16:59	00:31:48	00:39:10	+00:12:54 (40.6%)	6:21	9.4 (59.1%)
271	KOSIŃSKI Hubert	3083		BIAŁYSTOK		M40	66	M 214	3 - 28-31 minut	00:07:21	2026-02-07 18:08:22	00:16:59	00:31:50	00:39:11	+00:12:55 (40.6%)	6:21	9.4 (59.1%)
272	CHARKIEWICZ Andrzej	3012		BIAŁYSTOK		M40	67	M 215	3 - 28-31 minut	00:04:50	2026-02-07 18:05:51	00:16:31	00:31:51	00:36:42	+00:12:56 (40.7%)	6:22	9.4 (59.1%)
273	BOHDAN Adam	3188		BIAŁYSTOK		M50	22	M 216	3 - 28-31 minut	00:02:17	2026-02-07 18:03:18	00:16:19	00:31:51	00:34:09	+00:12:56 (40.7%)	6:22	9.4 (59.1%)
274	ZINCZUK Julia	2037		HAJNÓWKA		K20	10	K 58	2 - 25-28 minut	00:04:42	2026-02-07 18:05:43	00:16:56	00:31:54	00:36:37	+00:13:00 (40.8%)	6:22	9.4 (59.1%)
275	MURAWSKI Robert	3164		SUWAŁKI		M60	6	M 217	3 - 28-31 minut	00:02:16	2026-02-07 18:03:17	00:15:54	00:31:55	00:34:11	+00:13:00 (40.8%)	6:22	9.4 (59.1%)
276	KUŁAKOWSKI Piotr	2129		BIAŁYSTOK		M30	77	M 218	2 - 25-28 minut	00:02:18	2026-02-07 18:03:19	00:16:00	00:31:55	00:34:13	+00:13:01 (40.8%)	6:22	9.4 (59.1%)
277	BOGDANOWICZ Anna	2042	DRUŻYNA STEFANA CZARNIECKIEGO	TYKOCIN		K50	6	K 59	2 - 25-28 minut	00:02:07	2026-02-07 18:03:08	00:16:26	00:31:55	00:34:03	+00:13:01 (40.8%)	6:22	9.4 (59.1%)
278	ŁUBNICKI Kamil	3004		SZEPIETOWO		M30	78	M 219	3 - 28-31 minut	00:07:23	2026-02-07 18:08:24	00:18:09	00:31:56	00:39:19	+00:13:01 (40.8%)	6:23	9.4 (59.1%)
279	TOLWIŃSKI Adrian	3133	SPRINTERZY	BIAŁYSTOK		M15	11	M 220	3 - 28-31 minut	00:07:13	2026-02-07 18:08:14	00:16:30	00:31:56	00:39:10	+00:13:01 (40.8%)	6:23	9.4 (59.1%)
280	MECLIK Adrian	2131	ZABIEGANI ŁAPACZE ODDECHU	BIAŁYSTOK		M50	23	M 221	2 - 25-28 minut	00:04:40	2026-02-07 18:05:41	00:16:49	00:31:57	00:36:38	+00:13:03 (40.9%)	6:23	9.4 (59.1%)
281	SOBIECH Robert	2126	ZABIEGANI ŁAPACZE ODDECHU	BIAŁYSTOK		M50	24	M 222	2 - 25-28 minut	00:04:40	2026-02-07 18:05:41	00:16:49	00:31:58	00:36:38	+00:13:03 (40.9%)	6:23	9.4 (59.1%)
282	KRUK Marcin	3186		BIAŁYSTOK		M40	68	M 223	3 - 28-31 minut	00:07:13	2026-02-07 18:08:14	00:16:30	00:31:58	00:39:11	+00:13:03 (40.9%)	6:23	9.4 (59.1%)
283	PALAMARCHUK Iryna	3161	TEA.M_RUN	BIAŁYSTOK		K30	14	K 60	3 - 28-31 minut	00:07:16	2026-02-07 18:08:17	00:16:36	00:31:59	00:39:16	+00:13:04 (40.9%)	6:23	9.4 (59.1%)
284	CZERNIAWSKA Kasia	3139		BIAŁYSTOK		K40	24	K 61	3 - 28-31 minut	00:09:46	2026-02-07 18:10:47	00:16:44	00:32:01	00:41:48	+00:13:07 (41.0%)	6:24	9.4 (59.1%)
285	IWANIUK Agnieszka	3033		BIAŁYSTOK		K40	25	K 62	3 - 28-31 minut	00:04:32	2026-02-07 18:05:33	00:16:51	00:32:05	00:36:38	+00:13:10 (41.1%)	6:24	9.4 (59.1%)
286	GROSZYK Małgorzata	3018		BIAŁYSTOK		K40	26	K 63	3 - 28-31 minut	00:04:49	2026-02-07 18:05:50	00:16:46	00:32:05	00:36:54	+00:13:10 (41.1%)	6:24	9.4 (59.1%)
287	FLORCZYK Łukasz	3106	1PBOT	BIAŁYSTOK		M30	79	M 224	3 - 28-31 minut	00:10:03	2026-02-07 18:11:04	00:16:43	00:32:09	00:42:12	+00:13:14 (41.2%)	6:25	9.3 (58.5%)
288	GIEREJKO Mateusz	2128	INTRUM	BIAŁYSTOK		M30	80	M 225	2 - 25-28 minut	00:02:15	2026-02-07 18:03:16	00:15:13	00:32:15	00:34:31	+00:13:20 (41.4%)	6:26	9.3 (58.5%)
289	PRYMAKA Mateusz	4056	PALISANDER RUNNING TEAM	CHOROSZCZ		M30	81	M 226	4 - 31-35 minut	00:02:10	2026-02-07 18:03:11	00:15:07	00:32:24	00:34:35	+00:13:29 (41.7%)	6:28	9.3 (58.5%)
290	SHERSHAN Mikita	2116	RUN4FUN.BY	GRODNO		M30	82	M 227	2 - 25-28 minut	00:04:48	2026-02-07 18:05:49	00:16:45	00:32:24	00:37:12	+00:13:29 (41.7%)	6:28	9.3 (58.5%)
291	RADZKOVA Alena	2041		BIAŁYSTOK		K30	15	K 64	2 - 25-28 minut	00:02:18	2026-02-07 18:03:19	00:15:57	00:32:25	00:34:44	+00:13:30 (41.7%)	6:28	9.3 (58.5%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
292	DOMEL Karol	3058		BIAŁYSTOK		M30	83	M 228	3 - 28-31 minut	00:09:49	2026-02-07 18:10:50	00:16:46	00:32:25	00:42:15	+00:13:30 (41.7%)	6:28	9.3 (58.5%)
293	MILEWSKI Michal	3119		BIAŁYSTOK		M40	69	M 229	3 - 28-31 minut	00:07:16	2026-02-07 18:08:17	00:17:05	00:32:26	00:39:42	+00:13:31 (41.7%)	6:29	9.3 (58.5%)
294	CHEŃNIK Joanna	3091		BIAŁYSTOK		K40	27	K 65	3 - 28-31 minut	00:04:44	2026-02-07 18:05:45	00:17:22	00:32:27	00:37:11	+00:13:32 (41.8%)	6:29	9.2 (57.9%)
295	WALEWSKI Wojtek	2056	KS BACIECZKI 103	BIAŁYSTOK		M40	70	M 230	2 - 25-28 minut	00:04:48	2026-02-07 18:05:49	00:17:29	00:32:29	00:37:17	+00:13:34 (41.8%)	6:29	9.2 (57.9%)
296	MAŁYSKO Adrian	5164		BIAŁYSTOK		M30	84	M 231	5 - powyżej 35 minut	00:10:18	2026-02-07 18:11:19	00:16:54	00:32:29	00:42:48	+00:13:34 (41.8%)	6:29	9.2 (57.9%)
297	ORŁOWSKA Joanna	4065	BIAŁOSTOCKA SEKTA BIEGACZY	BIAŁYSTOK		K40	28	K 66	4 - 31-35 minut	00:07:23	2026-02-07 18:08:24	00:17:45	00:32:29	00:39:53	+00:13:34 (41.8%)	6:29	9.2 (57.9%)
298	KONARZEWSKI Tadeusz	3124		BIAŁYSTOK		M50	25	M 232	3 - 28-31 minut	00:04:33	2026-02-07 18:05:34	00:15:51	00:32:32	00:37:05	+00:13:37 (41.9%)	6:30	9.2 (57.9%)
299	NIERODA Ilona	2039	BIAŁOSTOCKA SEKTA BIEGACZY	BIAŁYSTOK		K30	16	K 67	2 - 25-28 minut	00:07:17	2026-02-07 18:08:18	00:16:45	00:32:32	00:39:49	+00:13:37 (41.9%)	6:30	9.2 (57.9%)
300	KIRCHUK Anton	5052		BIAŁYSTOK		M60	7	M 233	5 - powyżej 35 minut	00:10:05	2026-02-07 18:11:06	00:16:02	00:32:35	00:42:40	+00:13:40 (42.0%)	6:30	9.2 (57.9%)
301	KRYŃSKI Kamil	2003		BIAŁYSTOK		M30	85	M 234	2 - 25-28 minut	00:04:51	2026-02-07 18:05:52	00:16:57	00:32:36	00:37:28	+00:13:41 (42.0%)	6:31	9.2 (57.9%)
302	GAIŃSKI Marcin	3140		KLEOSIN		M50	26	M 235	3 - 28-31 minut	00:04:48	2026-02-07 18:05:49	00:16:56	00:32:38	00:37:26	+00:13:43 (42.1%)	6:31	9.2 (57.9%)
303	ZALEWSKI Karol	3008		BIAŁYSTOK		M30	86	M 236	3 - 28-31 minut	00:07:07	2026-02-07 18:08:08	00:16:45	00:32:41	00:39:48	+00:13:47 (42.2%)	6:32	9.2 (57.9%)
304	TABOR Bartłomiej	4006		BIAŁYSTOK		M30	87	M 237	4 - 31-35 minut	00:07:07	2026-02-07 18:08:08	00:16:45	00:32:42	00:39:49	+00:13:47 (42.2%)	6:32	9.2 (57.9%)
305	SAMARYN Paulina	3104		GRABÓWKA		K20	11	K 68	3 - 28-31 minut	00:07:09	2026-02-07 18:08:10	00:16:36	00:32:42	00:39:51	+00:13:47 (42.2%)	6:32	9.2 (57.9%)
306	MOKICKI Piotr	3177		BIAŁYSTOK		M50	27	M 238	3 - 28-31 minut	00:04:39	2026-02-07 18:05:40	00:16:38	00:32:43	00:37:22	+00:13:48 (42.2%)	6:32	9.2 (57.9%)
307	HONKO Kamila	5051		AUGUSTÓW		K30	17	K 69	5 - powyżej 35 minut	00:09:46	2026-02-07 18:10:47	00:16:19	00:32:43	00:42:29	+00:13:48 (42.2%)	6:32	9.2 (57.9%)
308	SUCHCICKA Joanna	3102		BIAŁYSTOK		K30	18	K 70	3 - 28-31 minut	00:04:50	2026-02-07 18:05:51	00:17:25	00:32:44	00:37:34	+00:13:49 (42.2%)	6:32	9.2 (57.9%)
309	ROJECKA Magdalena	3101		BIAŁYSTOK		K40	29	K 71	3 - 28-31 minut	00:04:49	2026-02-07 18:05:50	00:17:26	00:32:44	00:37:34	+00:13:49 (42.3%)	6:32	9.2 (57.9%)
310	HUBBELL Malgorzata	3060	MD RUN TRAINING	CHOROSZCZ		K40	30	K 72	3 - 28-31 minut	00:04:51	2026-02-07 18:05:52	00:16:58	00:32:44	00:37:36	+00:13:49 (42.3%)	6:32	9.2 (57.9%)
311	ZDANOWICZ Joanna	5053		DOBRYNIEWO DUŻE		K15	7	K 73	5 - powyżej 35 minut	00:09:45	2026-02-07 18:10:46	00:16:37	00:32:44	00:42:29	+00:13:50 (42.3%)	6:32	9.2 (57.9%)
312	PANEK Przemysław	4089		BIAŁYSTOK		M30	88	M 239	4 - 31-35 minut	00:07:18	2026-02-07 18:08:19	00:17:41	00:32:45	00:40:04	+00:13:50 (42.3%)	6:32	9.2 (57.9%)
313	PROKOPCZUK Przemysław	3184		BIAŁYSTOK		M50	28	M 240	3 - 28-31 minut	00:04:36	2026-02-07 18:05:37	00:16:29	00:32:48	00:37:24	+00:13:53 (42.4%)	6:33	9.2 (57.9%)
314	SACZUK Zuza	3143		NIEWODNICA KORYCKA		K15	8	K 74	3 - 28-31 minut	00:07:22	2026-02-07 18:08:23	00:18:00	00:32:49	00:40:11	+00:13:54 (42.4%)	6:33	9.1 (57.2%)
315	ZARĘBA Aleksandra	3162		BIAŁYSTOK		K20	12	K 75	3 - 28-31 minut	00:04:43	2026-02-07 18:05:44	00:16:54	00:32:51	00:37:35	+00:13:56 (42.5%)	6:34	9.1 (57.2%)
316	DZIESZUTA Wojciech	3169		BIAŁYSTOK		M40	71	M 241	3 - 28-31 minut	00:07:20	2026-02-07 18:08:21	00:18:09	00:32:52	00:40:12	+00:13:57 (42.5%)	6:34	9.1 (57.2%)
317	KONOPKA Szymon	2083		ŁOMŻA		M20	30	M 242	2 - 25-28 minut	00:04:43	2026-02-07 18:05:44	00:16:54	00:32:52	00:37:35	+00:13:57 (42.5%)	6:34	9.1 (57.2%)
318	STRZELIŃSKI Marcin	3053		BIAŁYSTOK		M40	72	M 243	3 - 28-31 minut	00:04:44	2026-02-07 18:05:45	00:16:56	00:32:53	00:37:37	+00:13:58 (42.5%)	6:34	9.1 (57.2%)
319	BARTNICKA Ewelina	4119		BIAŁYSTOK		K30	19	K 76	4 - 31-35 minut	00:09:57	2026-02-07 18:10:58	00:17:07	00:32:55	00:42:52	+00:14:00 (42.6%)	6:34	9.1 (57.2%)
320	WYSOCKI Piotr	2055		BIAŁYSTOK		M40	73	M 244	2 - 25-28 minut	00:04:47	2026-02-07 18:05:48	00:17:32	00:32:55	00:37:42	+00:14:00 (42.6%)	6:34	9.1 (57.2%)
321	JURKOWICZ Dominika	3154		BIAŁYSTOK		K20	13	K 77	3 - 28-31 minut	00:04:51	2026-02-07 18:05:52	00:17:22	00:32:56	00:37:47	+00:14:01 (42.6%)	6:35	9.1 (57.2%)
322	KURYŚ Karolina	4133		BIAŁYSTOK		K30	20	K 78	4 - 31-35 minut	00:07:21	2026-02-07 18:08:22	00:17:41	00:32:57	00:40:19	+00:14:02 (42.6%)	6:35	9.1 (57.2%)
323	GOGOL Iwona	3147	GOGOLPLATA	BIAŁYSTOK		K30	21	K 79	3 - 28-31 minut	00:04:50	2026-02-07 18:05:51	00:17:23	00:32:59	00:37:50	+00:14:04 (42.7%)	6:35	9.1 (57.2%)
324	KALINOWSKA Sylwia	4016		SUWAŁKI		K20	14	K 80	4 - 31-35 minut	00:07:11	2026-02-07 18:08:12	00:16:54	00:32:59	00:40:11	+00:14:04 (42.7%)	6:35	9.1 (57.2%)
325	SALIK Katarzyna	3057		AUGUSTÓW		K40	31	K 81	3 - 28-31 minut	00:04:33	2026-02-07 18:05:34	00:16:25	00:33:00	00:37:34	+00:14:05 (42.7%)	6:35	9.1 (57.2%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
326	RUTO Dymitry	2020	TEA.M RUN	BIAŁYSTOK		M30	89	M 245	2 - 25-28 minut	00:02:16	2026-02-07 18:03:17	00:15:55	00:33:02	00:35:19	+00:14:07 (42.8%)	6:36	9.1 (57.2%)
327	SZCZĘSNOWICZ Weronika	3155		BIAŁYSTOK		K30	22	K 82	3 - 28-31 minut	00:04:50	2026-02-07 18:05:51	00:16:57	00:33:02	00:37:53	+00:14:07 (42.8%)	6:36	9.1 (57.2%)
328	IWANOWSKA Aleksandra	5022		OLECKO		K20	15	K 83	5 - powyżej 35 minut	00:09:51	2026-02-07 18:10:52	00:16:39	00:33:03	00:42:55	+00:14:08 (42.8%)	6:36	9.1 (57.2%)
329	SOKOŁOWSKI Mariusz	5040		NOWODWORCE		M40	74	M 246	5 - powyżej 35 minut	00:09:48	2026-02-07 18:10:49	00:17:15	00:33:03	00:42:51	+00:14:08 (42.8%)	6:36	9.1 (57.2%)
330	PLASKOCIŃSKA Aleksandra	4015		KLUKOWO		K20	16	K 84	4 - 31-35 minut	00:07:12	2026-02-07 18:08:13	00:16:55	00:33:03	00:40:15	+00:14:08 (42.8%)	6:36	9.1 (57.2%)
331	ZAORSKA Urszula	3035	BIAŁYSTOK BIEGA TEAM	BIAŁYSTOK		K40	32	K 85	3 - 28-31 minut	00:04:34	2026-02-07 18:05:35	00:16:51	00:33:07	00:37:42	+00:14:12 (42.9%)	6:37	9.1 (57.2%)
332	GAWELKO Pawel	1094		BIAŁYSTOK		M40	75	M 247	1 - Poniżej 25 minut	00:10:06	2026-02-07 18:11:07	00:18:33	00:33:10	00:43:17	+00:14:16 (43.0%)	6:37	9 (56.6%)
333	LENKIEWICZ Piotr	2097	PND ENERGIA	BIAŁYSTOK		M20	31	M 248	2 - 25-28 minut	00:02:11	2026-02-07 18:03:12	00:17:32	00:33:10	00:35:22	+00:14:16 (43.0%)	6:37	9 (56.6%)
334	BAJDA Marcin	4066	BIAŁOSTOCKA SEKTA BIEGACZY	BIAŁYSTOK		M40	76	M 249	4 - 31-35 minut	00:07:24	2026-02-07 18:08:25	00:17:44	00:33:11	00:40:35	+00:14:16 (43.0%)	6:38	9 (56.6%)
335	GAIŃSKA Paulina	4117		KLEOSIN		K30	23	K 86	4 - 31-35 minut	00:09:57	2026-02-07 18:10:58	00:17:07	00:33:12	00:43:09	+00:14:17 (43.1%)	6:38	9 (56.6%)
336	TOCZYŁOWSKI Janusz	5016		ZŁOTORIA		M40	77	M 250	5 - powyżej 35 minut	00:09:59	2026-02-07 18:11:00	00:18:14	00:33:13	00:43:12	+00:14:18 (43.1%)	6:38	9 (56.6%)
337	OWCZARCZUK Anna	2111		BIAŁYSTOK		K40	33	K 87	2 - 25-28 minut	00:09:45	2026-02-07 18:10:46	00:17:00	00:33:13	00:42:59	+00:14:19 (43.1%)	6:38	9 (56.6%)
338	GNIAZDOWSKI Patryk	3175		BIAŁYSTOK		M20	32	M 251	3 - 28-31 minut	00:09:44	2026-02-07 18:10:45	00:17:21	00:33:16	00:43:01	+00:14:22 (43.2%)	6:39	9 (56.6%)
339	WĘGROWSKI Sebastian	3135		BIAŁYSTOK		M30	90	M 252	3 - 28-31 minut	00:04:38	2026-02-07 18:05:39	00:17:14	00:33:18	00:37:56	+00:14:23 (43.2%)	6:39	9 (56.6%)
340	KOŚCIUCH Eryk	2028		BIAŁYSTOK		M20	33	M 253	2 - 25-28 minut	00:04:47	2026-02-07 18:05:48	00:17:29	00:33:18	00:38:06	+00:14:23 (43.2%)	6:39	9 (56.6%)
341	PAZIO Anna	3137		WARSZAWA		K20	17	K 88	3 - 28-31 minut	00:07:20	2026-02-07 18:08:21	00:18:01	00:33:19	00:40:40	+00:14:24 (43.3%)	6:39	9 (56.6%)
342	JAREMISZYN Krzysztof	4032	DRTUSZ BIEGA	BIAŁYSTOK		M20	34	M 254	4 - 31-35 minut	00:07:18	2026-02-07 18:08:19	00:18:14	00:33:20	00:40:38	+00:14:25 (43.3%)	6:39	9 (56.6%)
343	JUCHIMOWICZ Marcin	2015		BIAŁYSTOK		M30	91	M 255	2 - 25-28 minut	00:07:17	2026-02-07 18:08:18	00:18:14	00:33:20	00:40:38	+00:14:25 (43.3%)	6:39	9 (56.6%)
344	PAJEWSKA Gabriela	2064		BIAŁYSTOK		K30	24	K 89	2 - 25-28 minut	00:02:11	2026-02-07 18:03:12	00:17:32	00:33:21	00:35:32	+00:14:26 (43.3%)	6:40	9 (56.6%)
345	LISOWSKA Aneta	2007		BIAŁYSTOK		K20	18	K 90	2 - 25-28 minut	00:04:35	2026-02-07 18:05:36	00:17:02	00:33:22	00:37:58	+00:14:27 (43.4%)	6:40	9 (56.6%)
346	SZULC-DEDERKO Joanna	3002		NOWODWÓR		K30	25	K 91	3 - 28-31 minut	00:07:12	2026-02-07 18:08:13	00:17:58	00:33:23	00:40:36	+00:14:28 (43.4%)	6:40	9 (56.6%)
347	DEDERKO Mateusz	4096		NOWODWORCE		M30	92	M 256	4 - 31-35 minut	00:07:12	2026-02-07 18:08:13	00:17:58	00:33:23	00:40:36	+00:14:28 (43.4%)	6:40	9 (56.6%)
348	ANUSZKIEWICZ Ks. Adam	3183		BIAŁYSTOK		M50	29	M 257	3 - 28-31 minut	00:07:23	2026-02-07 18:08:24	00:17:12	00:33:25	00:40:48	+00:14:30 (43.4%)	6:40	9 (56.6%)
349	DZIESZUTA Jakub	3173		BIAŁYSTOK		M15	12	M 258	3 - 28-31 minut	00:07:20	2026-02-07 18:08:21	00:17:57	00:33:27	00:40:47	+00:14:32 (43.5%)	6:41	9 (56.6%)
350	STRZELIŃSKA Maria	5121		BIAŁYSTOK		K40	34	K 92	5 - powyżej 35 minut	00:09:46	2026-02-07 18:10:47	00:16:56	00:33:29	00:43:15	+00:14:34 (43.5%)	6:41	9 (56.6%)
351	TRESZCZOTKO Jakub	3055		BIAŁYSTOK		M20	35	M 259	3 - 28-31 minut	00:10:13	2026-02-07 18:11:14	00:19:26	00:33:30	00:43:44	+00:14:35 (43.6%)	6:41	9 (56.6%)
352	ZABROCKI Andrzej	2112		BIAŁYSTOK		M60	8	M 260	2 - 25-28 minut	00:02:06	2026-02-07 18:03:07	00:16:27	00:33:33	00:35:40	+00:14:38 (43.7%)	6:42	8.9 (56.0%)
353	SANEJKO Magdalena	3074		BIAŁYSTOK		K40	35	K 93	3 - 28-31 minut	00:04:44	2026-02-07 18:05:45	00:17:29	00:33:34	00:38:18	+00:14:39 (43.7%)	6:42	8.9 (56.0%)
354	SKOWROŃSKI Łukasz	3017		HALICKIE		M40	78	M 261	3 - 28-31 minut	00:07:08	2026-02-07 18:08:09	00:17:04	00:33:34	00:40:42	+00:14:39 (43.7%)	6:42	8.9 (56.0%)
355	ŁUKSZA Marta	2147		BIAŁYSTOK		K30	26	K 94	2 - 25-28 minut	00:02:13	2026-02-07 18:03:14	00:16:48	00:33:34	00:35:48	+00:14:39 (43.7%)	6:42	8.9 (56.0%)
356	SKOWROŃSKA Diana	3016		HALICKIE		K40	36	K 95	3 - 28-31 minut	00:07:08	2026-02-07 18:08:09	00:17:05	00:33:34	00:40:42	+00:14:40 (43.7%)	6:42	8.9 (56.0%)
357	BARNAŚ Pawel	5182	ROSTI RUNNING TEAM	BIAŁYSTOK		M40	79	M 262	5 - powyżej 35 minut	00:07:21	2026-02-07 18:08:22	00:18:11	00:33:36	00:40:58	+00:14:41 (43.7%)	6:43	8.9 (56.0%)
358	WILCZYŃSKI Mariusz	3029	FUNDACJA TUTOR PROFILAKTYKA	OSTRÓW MAZOWIECKA		M50	30	M 263	3 - 28-31 minut	00:04:38	2026-02-07 18:05:39	00:16:04	00:33:36	00:38:15	+00:14:41 (43.7%)	6:43	8.9 (56.0%)
359	SIERZPUTOWSKI Jakub	4100		BIAŁYSTOK		M20	36	M 264	4 - 31-35 minut	00:09:47	2026-02-07 18:10:48	00:17:18	00:33:36	00:43:24	+00:14:41 (43.7%)	6:43	8.9 (56.0%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
360	TORKA Adrian	3111		BIAŁYSTOK		M30	93	M 265	3 - 28-31 minut	00:04:39	2026-02-07 18:05:40	00:17:32	00:33:41	00:38:21	+00:14:47 (43.9%)	6:44	8.9 (56.0%)
361	KRETUŃSKI Marcin	3040		BIAŁYSTOK		M30	94	M 266	3 - 28-31 minut	00:07:13	2026-02-07 18:08:14	00:16:35	00:33:42	00:40:56	+00:14:48 (43.9%)	6:44	8.9 (56.0%)
362	TYWOŃCZUK Marek	2152		BIAŁYSTOK		M20	37	M 267	2 - 25-28 minut	00:04:53	2026-02-07 18:05:54	00:17:14	00:33:45	00:38:38	+00:14:50 (44.0%)	6:44	8.9 (56.0%)
363	URBAN Zbigniew	4099		BIAŁYSTOK		M50	31	M 268	4 - 31-35 minut	00:07:25	2026-02-07 18:08:26	00:17:00	00:33:45	00:41:11	+00:14:50 (44.0%)	6:44	8.9 (56.0%)
364	BALAŻY Beata	3114		BIAŁYSTOK		K40	37	K 96	3 - 28-31 minut	00:04:34	2026-02-07 18:05:35	00:16:52	00:33:45	00:38:20	+00:14:51 (44.0%)	6:44	8.9 (56.0%)
365	MALISZEWSKA Agnieszka	2034	BIAŁYSTOK BIEGA TEAM	BIAŁYSTOK		K50	7	K 97	2 - 25-28 minut	00:04:34	2026-02-07 18:05:35	00:16:52	00:33:45	00:38:20	+00:14:51 (44.0%)	6:44	8.9 (56.0%)
366	SZAŁAJ Marcin	4094		SUWAŁKI		M30	95	M 269	4 - 31-35 minut	00:09:48	2026-02-07 18:10:49	00:16:54	00:33:46	00:43:34	+00:14:51 (44.0%)	6:45	8.9 (56.0%)
367	WOŁOSIEWICZ Klaudia	5178		TYKOCIN		K20	19	K 98	5 - powyżej 35 minut	00:04:51	2026-02-07 18:05:52	00:17:15	00:33:46	00:38:38	+00:14:51 (44.0%)	6:45	8.9 (56.0%)
368	BARSZCZEWSKA Justyna	2136		BIAŁYSTOK		K30	27	K 99	2 - 25-28 minut	00:04:41	2026-02-07 18:05:42	00:17:36	00:33:49	00:38:30	+00:14:54 (44.1%)	6:45	8.9 (56.0%)
369	GŁUCHOWSKA Tosia	3065		BIAŁYSTOK		K15	9	K 100	3 - 28-31 minut	00:07:21	2026-02-07 18:08:22	00:17:52	00:33:50	00:41:11	+00:14:55 (44.1%)	6:45	8.9 (56.0%)
370	CHARKIEWICZ Gabriel	3009	WTLENIE	GRABÓWKA		M30	96	M 270	3 - 28-31 minut	00:07:12	2026-02-07 18:08:13	00:16:39	00:33:50	00:41:03	+00:14:56 (44.1%)	6:45	8.9 (56.0%)
371	SOKOŁOWSKI Adrian	3088	PODLASCY TROPICIELE HISTORII	BIAŁYSTOK		M40	80	M 271	3 - 28-31 minut	00:04:35	2026-02-07 18:05:36	00:16:15	00:33:52	00:38:27	+00:14:57 (44.2%)	6:46	8.9 (56.0%)
372	SIENKIEWICZ Piotr	4069		SUWAŁKI		M30	97	M 272	4 - 31-35 minut	00:09:48	2026-02-07 18:10:49	00:17:30	00:33:52	00:43:41	+00:14:58 (44.2%)	6:46	8.9 (56.0%)
373	TOLKACZ Piotr	3094	KLUB SPORTOWY MARATONKA GRAJEWO	GRAJEWO		M40	81	M 273	3 - 28-31 minut	00:07:24	2026-02-07 18:08:25	00:18:37	00:33:53	00:41:17	+00:14:58 (44.2%)	6:46	8.9 (56.0%)
374	BRONAKOWSKI Karol	2084	KS MARATONKA GRAJEWO	GRAJEWO		M30	98	M 274	2 - 25-28 minut	00:07:24	2026-02-07 18:08:25	00:18:36	00:33:53	00:41:17	+00:14:58 (44.2%)	6:46	8.9 (56.0%)
375	SUSZYŃSKI Mariusz	3126		BIAŁYSTOK		M40	82	M 275	3 - 28-31 minut	00:09:46	2026-02-07 18:10:47	00:17:00	00:33:54	00:43:40	+00:14:59 (44.3%)	6:46	8.9 (56.0%)
376	KANAREK Grzegorz	3113		BIAŁYSTOK		M40	83	M 276	3 - 28-31 minut	00:04:41	2026-02-07 18:05:42	00:17:33	00:33:55	00:38:36	+00:15:00 (44.3%)	6:46	8.8 (55.3%)
377	KMITA-KULESZA Magdalena	4073		BIAŁYSTOK		K40	38	K 101	4 - 31-35 minut	00:07:17	2026-02-07 18:08:18	00:17:48	00:33:55	00:41:13	+00:15:01 (44.3%)	6:46	8.8 (55.3%)
378	PIECKA Urszula	4101		ŁYSKI		K30	28	K 102	4 - 31-35 minut	00:07:25	2026-02-07 18:08:26	00:17:52	00:33:56	00:41:22	+00:15:02 (44.3%)	6:47	8.8 (55.3%)
379	MYSZKA Marcin	3153	MARATONKA GRAJEWO	GRAJEWO		M50	32	M 277	3 - 28-31 minut	00:07:24	2026-02-07 18:08:25	00:18:36	00:33:59	00:41:23	+00:15:04 (44.4%)	6:47	8.8 (55.3%)
380	WAWRZENIUK Monika	5117		IGNATKI, BIAŁYSTOK		K30	29	K 103	5 - powyżej 35 minut	00:07:16	2026-02-07 18:08:17	00:17:59	00:34:02	00:41:18	+00:15:07 (44.5%)	6:48	8.8 (55.3%)
381	JUSZKIEWICZ Damian	3163	KLUB SPORTOWY MARATONKA GRAJEWO	GRAJEWO		M40	84	M 278	3 - 28-31 minut	00:07:24	2026-02-07 18:08:25	00:18:37	00:34:02	00:41:27	+00:15:08 (44.5%)	6:48	8.8 (55.3%)
382	POGORZELSKI Kacper	4086		BIAŁYSTOK		M30	99	M 279	4 - 31-35 minut	00:07:18	2026-02-07 18:08:19	00:17:41	00:34:03	00:41:22	+00:15:08 (44.5%)	6:48	8.8 (55.3%)
383	RADZIWONOWSKI Stanisław	4077	THRETEETEAM	BIAŁYSTOK		M15	13	M 280	4 - 31-35 minut	00:07:10	2026-02-07 18:08:11	00:18:17	00:34:05	00:41:15	+00:15:10 (44.5%)	6:48	8.8 (55.3%)
384	KAMIŃSKA Ewa	5152		BIAŁYSTOK		K40	39	K 104	5 - powyżej 35 minut	00:09:45	2026-02-07 18:10:46	00:16:59	00:34:05	00:43:51	+00:15:10 (44.5%)	6:48	8.8 (55.3%)
385	NIKOLAJUK Adam	2081		BIAŁYSTOK		M20	38	M 281	2 - 25-28 minut	00:02:12	2026-02-07 18:03:13	00:16:39	00:34:06	00:36:19	+00:15:11 (44.6%)	6:49	8.8 (55.3%)
386	HRYNIEWICKA Zuzanna	5143		HRYNIEWICZE MAŁE		K15	10	K 105	5 - powyżej 35 minut	00:09:50	2026-02-07 18:10:51	00:17:56	00:34:09	00:44:00	+00:15:15 (44.7%)	6:49	8.8 (55.3%)
387	PŁOTCZYK Grzegorz	2100		BIAŁYSTOK		M50	33	M 282	2 - 25-28 minut	00:02:12	2026-02-07 18:03:13	00:15:59	00:34:13	00:36:25	+00:15:18 (44.8%)	6:50	8.8 (55.3%)
388	KLIMIUK Kamil	4058	DUCH PUSZCZY	WASILKÓW		M40	85	M 283	4 - 31-35 minut	00:04:47	2026-02-07 18:05:48	00:17:02	00:34:14	00:39:01	+00:15:19 (44.8%)	6:50	8.8 (55.3%)
389	KOTOWICZ Joanna	4037	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K40	40	K 106	4 - 31-35 minut	00:07:19	2026-02-07 18:08:20	00:18:02	00:34:14	00:41:34	+00:15:19 (44.8%)	6:50	8.8 (55.3%)
390	KUKIELKA Piotr	5122		POROSŁY		M30	100	M 284	5 - powyżej 35 minut	00:10:02	2026-02-07 18:11:03	00:18:21	00:34:15	00:44:17	+00:15:20 (44.8%)	6:50	8.8 (55.3%)
391	KONCZEREWICZ Mariusz	3039	MARSZOMANIACY BIELSK PODLASKI	ORZECZOWICZE		M40	86	M 285	3 - 28-31 minut	00:07:18	2026-02-07 18:08:19	00:18:02	00:34:15	00:41:33	+00:15:20 (44.8%)	6:50	8.8 (55.3%)
392	MICHALUK Robert	3069		SZPIETOWO		M50	34	M 286	3 - 28-31 minut	00:04:46	2026-02-07 18:05:47	00:17:48	00:34:16	00:39:03	+00:15:21 (44.8%)	6:51	8.8 (55.3%)
393	DZIEMIAŃCZUK Mateusz	5014		BIAŁYSTOK		M30	101	M 287	5 - powyżej 35 minut	00:10:02	2026-02-07 18:11:03	00:18:21	00:34:21	00:44:24	+00:15:27 (45.0%)	6:52	8.7 (54.7%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
394	SADOWSKA-SAWICKA Urszula	3172		CHOROSZCZ		K40	41	K 107	3 - 28-31 minut	00:04:48	2026-02-07 18:05:49	00:17:21	00:34:25	00:39:13	+00:15:30 (45.1%)	6:52	8.7 (54.7%)
395	WĘS Marcin	3086		BIAŁYSTOK		M20	39	M 288	3 - 28-31 minut	00:04:40	2026-02-07 18:05:41	00:17:16	00:34:25	00:39:06	+00:15:31 (45.1%)	6:52	8.7 (54.7%)
396	SZYMCZUK Małgozata	2085	SPORTEEM ZAMBÓW	ŻABIKOWO PRYWATNE		K50	8	K 108	2 - 25-28 minut	00:02:09	2026-02-07 18:03:10	00:17:23	00:34:26	00:36:36	+00:15:31 (45.1%)	6:53	8.7 (54.7%)
397	WĘGLARZ Julia	2145		BIAŁYSTOK		K15	11	K 109	2 - 25-28 minut	00:07:20	2026-02-07 18:08:21	00:18:00	00:34:26	00:41:46	+00:15:31 (45.1%)	6:53	8.7 (54.7%)
398	RUTKOWSKA Ewelina	2094	LEDWOATLECI	BIAŁYSTOK		K20	20	K 110	2 - 25-28 minut	00:02:16	2026-02-07 18:03:17	00:16:21	00:34:28	00:36:44	+00:15:33 (45.2%)	6:53	8.7 (54.7%)
399	WEJKOWSKI Sebastian	2139	ROSTI RUNNING TEAM	BIAŁYSTOK		M30	102	M 289	2 - 25-28 minut	00:10:00	2026-02-07 18:11:01	00:17:34	00:34:31	00:44:32	+00:15:36 (45.2%)	6:54	8.7 (54.7%)
400	LEONIK Cecylia	4012		SOWLANY		K50	9	K 111	4 - 31-35 minut	00:04:41	2026-02-07 18:05:42	00:17:05	00:34:33	00:39:14	+00:15:38 (45.3%)	6:54	8.7 (54.7%)
401	GLIŃSKI Wojciech	4108		WASILKOW		M40	87	M 290	4 - 31-35 minut	00:04:35	2026-02-07 18:05:36	00:16:59	00:34:38	00:39:14	+00:15:44 (45.4%)	6:55	8.7 (54.7%)
402	KOBYLIŃSKI Piotr	3005		BIAŁYSTOK		M40	88	M 291	3 - 28-31 minut	00:04:35	2026-02-07 18:05:36	00:17:01	00:34:39	00:39:14	+00:15:44 (45.4%)	6:55	8.7 (54.7%)
403	LIAUCHUK Kamila	2025	XI LO BIAŁYSTOK	BIAŁYSTOK		K15	12	K 112	2 - 25-28 minut	00:02:12	2026-02-07 18:03:13	00:16:42	00:34:39	00:36:51	+00:15:44 (45.5%)	6:55	8.7 (54.7%)
404	WRZESIŃSKA Marta	1042		BIAŁYSTOK		K40	42	K 113	1 - Poniżej 25 minut	00:09:50	2026-02-07 18:10:51	00:17:46	00:34:41	00:44:32	+00:15:46 (45.5%)	6:56	8.7 (54.7%)
405	SIEMIENIUK Michał	3156	ROSTI RUNNING TEAM	BIAŁYSTOK		M30	103	M 292	3 - 28-31 minut	00:07:20	2026-02-07 18:08:21	00:18:23	00:34:47	00:42:07	+00:15:52 (45.7%)	6:57	8.6 (54.1%)
406	PIECZYŃSKI Wiesław	4113		AUGUSTÓW		M70	1	M 293	4 - 31-35 minut	00:09:47	2026-02-07 18:10:48	00:17:38	00:34:49	00:44:36	+00:15:54 (45.7%)	6:57	8.6 (54.1%)
407	ABARAAKE Tsimur	3144		BIAŁYSTOK		M15	14	M 294	3 - 28-31 minut	00:07:22	2026-02-07 18:08:23	00:18:00	00:34:49	00:42:12	+00:15:54 (45.7%)	6:57	8.6 (54.1%)
408	FIEDZIUKIEWICZ Narcyza	4005	BBL	BIAŁYSTOK		K50	10	K 114	4 - 31-35 minut	00:07:10	2026-02-07 18:08:11	00:18:37	00:34:50	00:42:01	+00:15:55 (45.7%)	6:57	8.6 (54.1%)
409	DZIEMIAŃCZYK Franciszek	3081	SP9	BIAŁYSTOK		M12	8	M 295	3 - 28-31 minut	00:10:03	2026-02-07 18:11:04	00:18:08	00:34:51	00:44:54	+00:15:56 (45.8%)	6:58	8.6 (54.1%)
410	DZIEMIAŃCZYK Antoni	3080	UWB	BIAŁYSTOK		M20	40	M 296	3 - 28-31 minut	00:10:02	2026-02-07 18:11:03	00:18:08	00:34:51	00:44:54	+00:15:56 (45.8%)	6:58	8.6 (54.1%)
411	KHARYTONAVA Milana	3028	N50	BIAŁYSTOK		K30	30	K 115	3 - 28-31 minut	00:07:19	2026-02-07 18:08:20	00:18:10	00:34:52	00:42:12	+00:15:57 (45.8%)	6:58	8.6 (54.1%)
412	LINDEBNA Małgozata	4070		BIAŁYSTOK		K40	43	K 116	4 - 31-35 minut	00:07:18	2026-02-07 18:08:19	00:17:48	00:34:52	00:42:10	+00:15:57 (45.8%)	6:58	8.6 (54.1%)
413	KURNICKI Adam	3182		BIAŁYSTOK		M30	104	M 297	3 - 28-31 minut	00:04:41	2026-02-07 18:05:42	00:17:38	00:34:57	00:39:39	+00:16:02 (45.9%)	6:59	8.6 (54.1%)
414	ŁAPIŃSKI Dariusz	3142		BIAŁYSTOK		M50	35	M 298	3 - 28-31 minut	00:04:41	2026-02-07 18:05:42	00:17:51	00:34:58	00:39:40	+00:16:03 (46.0%)	6:59	8.6 (54.1%)
415	PUCHALSKA Teresa	5186	ZWIĄZEK SYBIRAKÓW SIEMIATYCZE	DZIADKOWICE		K50	11	K 117	5 - powyżej 35 minut	00:09:43	2026-02-07 18:10:44	00:07:17	00:34:59	00:44:42	+00:16:04 (46.0%)	6:59	8.6 (54.1%)
416	RUDNICKA Jadwiga	2005		BIAŁYSTOK		K60	1	K 118	2 - 25-28 minut	00:04:48	2026-02-07 18:05:49	00:17:45	00:35:00	00:39:48	+00:16:05 (46.0%)	6:59	8.6 (54.1%)
417	KOTYŃSKI Piotr	3072	PALISANDER RUNNING TEAM	BIAŁYSTOK		M30	105	M 299	3 - 28-31 minut	00:10:08	2026-02-07 18:11:09	00:19:33	00:35:00	00:45:09	+00:16:05 (46.0%)	6:59	8.6 (54.1%)
418	MAROZ Tatsiana	2022	TEA.M RUN	BIAŁYSTOK		K30	31	K 119	2 - 25-28 minut	00:07:16	2026-02-07 18:08:17	00:18:44	00:35:07	00:42:24	+00:16:13 (46.2%)	7:01	8.5 (53.5%)
419	KULEVICH Tatsiana	2096	TEA.M RUN	BIAŁYSTOK		K30	32	K 120	2 - 25-28 minut	00:07:16	2026-02-07 18:08:17	00:18:45	00:35:07	00:42:24	+00:16:13 (46.2%)	7:01	8.5 (53.5%)
420	BOROWSKI Kamil	4116		WASILKÓW		M30	106	M 300	4 - 31-35 minut	00:07:11	2026-02-07 18:08:12	00:17:06	00:35:11	00:42:23	+00:16:16 (46.3%)	7:02	8.5 (53.5%)
421	WIELGOSIŃSKA Angelika	3151		BIAŁYSTOK		K30	33	K 121	3 - 28-31 minut	00:10:07	2026-02-07 18:11:08	00:17:53	00:35:12	00:45:20	+00:16:17 (46.3%)	7:02	8.5 (53.5%)
422	SKUBICH Karol	3136		BUDNE		M30	107	M 301	3 - 28-31 minut	00:09:57	2026-02-07 18:10:58	00:17:14	00:35:13	00:45:10	+00:16:18 (46.3%)	7:02	8.5 (53.5%)
423	WISZENKO Mateusz	5111		BIAŁYSTOK		M30	108	M 302	5 - powyżej 35 minut	00:09:53	2026-02-07 18:10:54	00:17:24	00:35:13	00:45:07	+00:16:18 (46.3%)	7:02	8.5 (53.5%)
424	PACUK Marcin	4078		BIAŁYSTOK		M30	109	M 303	4 - 31-35 minut	00:09:53	2026-02-07 18:10:54	00:17:24	00:35:13	00:45:07	+00:16:19 (46.3%)	7:02	8.5 (53.5%)
425	POŁONCZYK Joanna	3019		OLSZTYN		K40	44	K 122	3 - 28-31 minut	00:04:43	2026-02-07 18:05:44	00:18:23	00:35:16	00:40:00	+00:16:22 (46.4%)	7:03	8.5 (53.5%)
426	KALENIK Anna	3168		BIAŁYSTOK		K30	34	K 123	3 - 28-31 minut	00:04:40	2026-02-07 18:05:41	00:18:07	00:35:18	00:39:59	+00:16:23 (46.5%)	7:03	8.5 (53.5%)
427	STRZAŁKOWSKA Asia	3052	KPR BIAŁYSTOK	BIAŁYSTOK		K40	45	K 124	3 - 28-31 minut	00:07:15	2026-02-07 18:08:16	00:17:59	00:35:20	00:42:36	+00:16:25 (46.5%)	7:03	8.5 (53.5%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
428	MALON-DUBOWSKA Milena	5118		BIAŁYSTOK		K30	35	K 125	5 - powyżej 35 minut	00:07:15	2026-02-07 18:08:16	00:18:01	00:35:23	00:42:38	+00:16:28 (46.6%)	7:04	8.5 (53.5%)
429	OLDYTOWSKA Elżbieta	3068		CZARNA BIAŁOSTOCKA		K60	2	K 126	3 - 28-31 minut	00:04:40	2026-02-07 18:05:41	00:18:28	00:35:24	00:40:04	+00:16:29 (46.6%)	7:04	8.5 (53.5%)
430	DĘBOWSKA Magdalena	4034		BIAŁYSTOK		K30	36	K 127	4 - 31-35 minut	00:09:58	2026-02-07 18:10:59	00:18:45	00:35:28	00:45:26	+00:16:33 (46.7%)	7:05	8.5 (53.5%)
431	HARASIMOWICZ Katarzyna	4035		BIAŁYSTOK		K40	46	K 128	4 - 31-35 minut	00:09:58	2026-02-07 18:10:59	00:18:45	00:35:28	00:45:26	+00:16:33 (46.7%)	7:05	8.5 (53.5%)
432	HARASIMOWICZ Tymoteusz	4036		BIAŁYSTOK		M12	9	M 304	4 - 31-35 minut	00:09:58	2026-02-07 18:10:59	00:18:46	00:35:28	00:45:27	+00:16:33 (46.7%)	7:05	8.5 (53.5%)
433	KIERSNOWSKA Marta	5106		BIAŁYSTOK		K40	47	K 129	5 - powyżej 35 minut	00:09:58	2026-02-07 18:10:59	00:18:48	00:35:29	00:45:28	+00:16:34 (46.7%)	7:05	8.5 (53.5%)
434	NOWICKA Monika	4103	WETERANI RP	WYSOKIE MAZOWIECKIE		K40	48	K 130	4 - 31-35 minut	00:07:14	2026-02-07 18:08:15	00:18:04	00:35:31	00:42:45	+00:16:36 (46.8%)	7:06	8.5 (53.5%)
435	LEONIAK Marcin	3176	WETERANI RP	WYSOKIE MAZOWIECKIE		M40	89	M 305	3 - 28-31 minut	00:07:14	2026-02-07 18:08:15	00:18:04	00:35:32	00:42:47	+00:16:37 (46.8%)	7:06	8.4 (52.8%)
436	NOWICKI Piotr	3097	WETERANI RP	WYSOKIE MAZOWIECKIE		M50	36	M 306	3 - 28-31 minut	00:07:14	2026-02-07 18:08:15	00:18:04	00:35:32	00:42:47	+00:16:37 (46.8%)	7:06	8.4 (52.8%)
437	GÓRNICKA Ewa	3180	WETERANI RP	LEGIONOWO		K60	3	K 131	3 - 28-31 minut	00:07:13	2026-02-07 18:08:14	00:18:05	00:35:33	00:42:46	+00:16:38 (46.8%)	7:06	8.4 (52.8%)
438	KULEZA Renata	5038		BIAŁYSTOK		K40	49	K 132	5 - powyżej 35 minut	00:07:10	2026-02-07 18:08:11	00:18:17	00:35:33	00:42:44	+00:16:38 (46.8%)	7:06	8.4 (52.8%)
439	BRAŃSKI Marcin	5088		BIAŁYSTOK		M40	90	M 307	5 - powyżej 35 minut	00:09:46	2026-02-07 18:10:47	00:16:15	00:35:34	00:45:20	+00:16:39 (46.8%)	7:06	8.4 (52.8%)
440	SZCZERBIŃSKA Izabela	3093		DOBRYNIEWO DUŻE		K30	37	K 133	3 - 28-31 minut	00:10:11	2026-02-07 18:11:12	00:18:21	00:35:34	00:45:45	+00:16:39 (46.8%)	7:06	8.4 (52.8%)
441	MILCZAREK Katarzyna	4029		ŁĄPY		K40	50	K 134	4 - 31-35 minut	00:10:08	2026-02-07 18:11:09	00:19:13	00:35:36	00:45:44	+00:16:41 (46.9%)	7:07	8.4 (52.8%)
442	SWOROBOWICZ Piotr	4028		ŁĄPY		M40	91	M 308	4 - 31-35 minut	00:10:07	2026-02-07 18:11:08	00:19:12	00:35:36	00:45:44	+00:16:42 (46.9%)	7:07	8.4 (52.8%)
443	SUSZCZYŃSKA Marta	4102		WARSZAWA		K20	21	K 135	4 - 31-35 minut	00:07:26	2026-02-07 18:08:27	00:18:02	00:35:38	00:43:04	+00:16:43 (47.0%)	7:07	8.4 (52.8%)
444	PIOTROWIAK Grzegorz	4109	N50	POROSŁY		M30	110	M 309	4 - 31-35 minut	00:07:20	2026-02-07 18:08:21	00:18:31	00:35:39	00:43:00	+00:16:44 (47.0%)	7:07	8.4 (52.8%)
445	SNARSKA Anna	4110	N50	POROSŁY		K30	38	K 136	4 - 31-35 minut	00:07:20	2026-02-07 18:08:21	00:18:31	00:35:39	00:43:00	+00:16:44 (47.0%)	7:07	8.4 (52.8%)
446	TRUSIEWICZ Anna	4085		BIAŁYSTOK		K30	39	K 137	4 - 31-35 minut	00:07:15	2026-02-07 18:08:16	00:18:19	00:35:40	00:42:55	+00:16:45 (47.0%)	7:07	8.4 (52.8%)
447	FIEDORCZYK Ewelina	5018		BIAŁYSTOK		K30	40	K 138	5 - powyżej 35 minut	00:10:09	2026-02-07 18:11:10	00:18:31	00:35:40	00:45:50	+00:16:45 (47.0%)	7:07	8.4 (52.8%)
448	BARTNIK Karol	5183		JOŚKI		M15	15	M 310	5 - powyżej 35 minut	00:10:15	2026-02-07 18:11:16	00:19:49	00:35:46	00:46:02	+00:16:51 (47.2%)	7:09	8.4 (52.8%)
449	MANTUR Bogdan	3084	KGW JANKO-WIANKI	JABŁOŃ JANKOWCE		M50	37	M 311	3 - 28-31 minut	00:09:48	2026-02-07 18:10:49	00:17:44	00:35:46	00:45:35	+00:16:52 (47.2%)	7:09	8.4 (52.8%)
450	OBUCHOWICZ Alina	3022		DĄBROWA BIAŁOSTOCKA		K20	22	K 139	3 - 28-31 minut	00:07:16	2026-02-07 18:08:17	00:17:57	00:35:46	00:43:03	+00:16:52 (47.2%)	7:09	8.4 (52.8%)
451	BARTNIK Krystian	5037		KLEOSIN		M15	16	M 312	5 - powyżej 35 minut	00:10:15	2026-02-07 18:11:16	00:19:49	00:35:47	00:46:02	+00:16:52 (47.2%)	7:09	8.4 (52.8%)
452	BOHDZIEWICZ Zbigniew	1118	BYNIO TEAM	BIAŁYSTOK		M50	38	M 313	1 - Poniżej 25 minut	00:02:14	2026-02-07 18:03:15	00:17:56	00:35:50	00:38:04	+00:16:55 (47.2%)	7:09	8.4 (52.8%)
453	JABŁOŃSKI Kamil	4088		JABŁOŃ KOŚCIELNA		M30	111	M 314	4 - 31-35 minut	00:07:25	2026-02-07 18:08:26	00:18:42	00:35:50	00:43:15	+00:16:55 (47.3%)	7:09	8.4 (52.8%)
454	BOHDZIEWICZ Izabela	1119	BYNIO TEAM	BIAŁYSTOK		K50	12	K 140	1 - Poniżej 25 minut	00:02:14	2026-02-07 18:03:15	00:17:57	00:35:50	00:38:04	+00:16:55 (47.3%)	7:09	8.4 (52.8%)
455	CYWONIUK Michał	2119		BIAŁYSTOK		M20	41	M 315	2 - 25-28 minut	00:02:13	2026-02-07 18:03:14	00:17:58	00:35:50	00:38:04	+00:16:56 (47.3%)	7:09	8.4 (52.8%)
456	BOHDZIEWICZ Piotr	1121	BYNIO TEAM	BIAŁYSTOK		M15	17	M 316	1 - Poniżej 25 minut	00:02:13	2026-02-07 18:03:14	00:17:58	00:35:51	00:38:05	+00:16:56 (47.3%)	7:10	8.4 (52.8%)
457	JABŁOŃSKA Katarzyna	4003		BIAŁYSTOK		K20	23	K 141	4 - 31-35 minut	00:10:01	2026-02-07 18:11:02	00:18:37	00:35:52	00:45:53	+00:16:57 (47.3%)	7:10	8.4 (52.8%)
458	KRAWCZUK Elżbieta	3014	HAJNÓWKA BIEGA	HAJNÓWKA		K50	13	K 142	3 - 28-31 minut	00:04:36	2026-02-07 18:05:37	00:17:58	00:35:56	00:40:33	+00:17:01 (47.4%)	7:11	8.4 (52.8%)
459	KRAWCZUK Eugeniusz	3015	HAJNÓWKA BIEGA	HAJNÓWKA		M50	39	M 317	3 - 28-31 minut	00:04:36	2026-02-07 18:05:37	00:17:58	00:35:57	00:40:33	+00:17:02 (47.4%)	7:11	8.3 (52.2%)
460	REDUTA Emilia	4131	3T	KLEPACZE		K12	2	K 143	4 - 31-35 minut	00:07:08	2026-02-07 18:08:09	00:18:33	00:35:57	00:43:05	+00:17:02 (47.4%)	7:11	8.3 (52.2%)
461	WŁOSKOWSKA Lena	3077	3T	KLEPACZE		K12	3	K 144	3 - 28-31 minut	00:07:07	2026-02-07 18:08:08	00:18:33	00:35:57	00:43:05	+00:17:03 (47.4%)	7:11	8.3 (52.2%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
462	PUZA Natalia	5167	FAFARAFA	BIAŁYSTOK		K20	24	K 145	5 - powyżej 35 minut	00:10:09	2026-02-07 18:11:10	00:18:47	<b>00:36:01</b>	<b>00:46:10</b>	+00:17:06 (47.5%)	7:12	8.3 (52.2%)
463	DOŁĘNGIEWICZ Piotr	3001		BIAŁYSTOK		M30	112	M 318	3 - 28-31 minut	00:07:08	2026-02-07 18:08:09	00:17:30	<b>00:36:02</b>	<b>00:43:11</b>	+00:17:08 (47.6%)	7:12	8.3 (52.2%)
464	KOZŁOWSKA Marta	3003		BIAŁYSTOK		K30	41	K 146	3 - 28-31 minut	00:04:36	2026-02-07 18:05:37	00:17:34	<b>00:36:04</b>	<b>00:40:41</b>	+00:17:09 (47.6%)	7:12	8.3 (52.2%)
465	BARAN Justyna	3071		BIAŁYSTOK		K30	42	K 147	3 - 28-31 minut	00:09:49	2026-02-07 18:10:50	00:17:21	<b>00:36:04</b>	<b>00:45:53</b>	+00:17:09 (47.6%)	7:12	8.3 (52.2%)
466	CZARKOWSKA Monika	3070		BIAŁYSTOK		K30	43	K 148	3 - 28-31 minut	00:09:49	2026-02-07 18:10:50	00:17:21	<b>00:36:04</b>	<b>00:45:54</b>	+00:17:09 (47.6%)	7:12	8.3 (52.2%)
467	BOBORYKO Aneta	5102		BIAŁYSTOK		K40	51	K 149	5 - powyżej 35 minut	00:10:07	2026-02-07 18:11:08	00:18:36	<b>00:36:05</b>	<b>00:46:12</b>	+00:17:10 (47.6%)	7:12	8.3 (52.2%)
468	KUBAJEWSKA Lena	5146		ORLA		K15	13	K 150	5 - powyżej 35 minut	00:09:50	2026-02-07 18:10:51	00:17:57	<b>00:36:05</b>	<b>00:45:56</b>	+00:17:11 (47.6%)	7:12	8.3 (52.2%)
469	LELO Piotr	3025		BIAŁYSTOK		M40	92	M 319	3 - 28-31 minut	00:09:50	2026-02-07 18:10:51	00:18:15	<b>00:36:08</b>	<b>00:45:58</b>	+00:17:13 (47.7%)	7:13	8.3 (52.2%)
470	BOHOJŁO Kamil	2065		BIAŁYSTOK		M40	93	M 320	2 - 25-28 minut	00:02:12	2026-02-07 18:03:13	00:17:47	<b>00:36:14</b>	<b>00:38:26</b>	+00:17:20 (47.8%)	7:14	8.3 (52.2%)
471	MICHALCZUK Julia	2066		BIAŁYSTOK		K20	25	K 151	2 - 25-28 minut	00:02:11	2026-02-07 18:03:12	00:17:48	<b>00:36:15</b>	<b>00:38:26</b>	+00:17:20 (47.9%)	7:14	8.3 (52.2%)
472	BACIA Marek	3110	DUCH PUSZCZY	WASILKOW		M50	40	M 321	3 - 28-31 minut	00:04:47	2026-02-07 18:05:48	00:17:44	<b>00:36:17</b>	<b>00:41:04</b>	+00:17:22 (47.9%)	7:15	8.3 (52.2%)
473	OWERCZUK Kamila	5065		GRÓDEK		K30	44	K 152	5 - powyżej 35 minut	00:10:16	2026-02-07 18:11:17	00:19:02	<b>00:36:20</b>	<b>00:46:37</b>	+00:17:25 (48.0%)	7:15	8.3 (52.2%)
474	KURYŚ Ela	3041		BIAŁYSTOK		K30	45	K 153	3 - 28-31 minut	00:04:47	2026-02-07 18:05:48	00:17:54	<b>00:36:21</b>	<b>00:41:08</b>	+00:17:26 (48.0%)	7:16	8.3 (52.2%)
475	PUKSZTA Michał	4127		BIAŁYSTOK		M20	42	M 322	4 - 31-35 minut	00:07:18	2026-02-07 18:08:19	00:18:48	<b>00:36:21</b>	<b>00:43:40</b>	+00:17:26 (48.0%)	7:16	8.3 (52.2%)
476	RACZKOWSKA Monika	4123		SOKÓŁKA		K20	26	K 154	4 - 31-35 minut	00:07:18	2026-02-07 18:08:19	00:18:46	<b>00:36:22</b>	<b>00:43:40</b>	+00:17:27 (48.0%)	7:16	8.3 (52.2%)
477	NIELIPIŃSKA Mariola	4017	BBL	BIAŁYSTOK		K50	14	K 155	4 - 31-35 minut	00:07:10	2026-02-07 18:08:11	00:18:28	<b>00:36:27</b>	<b>00:43:38</b>	+00:17:32 (48.2%)	7:17	8.2 (51.6%)
478	POROC Paweł	2091		BIAŁYSTOK		M30	113	M 323	2 - 25-28 minut	00:02:06	2026-02-07 18:03:07	00:17:54	<b>00:36:28</b>	<b>00:38:34</b>	+00:17:33 (48.2%)	7:17	8.2 (51.6%)
479	SZYMAŃSKA-ŚLEDZIEWSKA Malgorzata	4010		ZAMBRÓW		K40	52	K 156	4 - 31-35 minut	00:07:07	2026-02-07 18:08:08	00:18:31	<b>00:36:30</b>	<b>00:43:37</b>	+00:17:35 (48.2%)	7:17	8.2 (51.6%)
480	STEFANOWICZ Eliza	4120		NIEWODNICA KORYCKA		K40	53	K 157	4 - 31-35 minut	00:07:20	2026-02-07 18:08:21	00:18:53	<b>00:36:30</b>	<b>00:43:51</b>	+00:17:36 (48.2%)	7:17	8.2 (51.6%)
481	MAŃKA Lena	3047	LENA SIGMA	NAREWKA		K12	4	K 158	3 - 28-31 minut	00:10:01	2026-02-07 18:11:02	00:17:48	<b>00:36:35</b>	<b>00:46:36</b>	+00:17:40 (48.3%)	7:18	8.2 (51.6%)
482	MILEWSKA Marta	3112		OSOWICZE		K30	46	K 159	3 - 28-31 minut	00:07:15	2026-02-07 18:08:16	00:18:31	<b>00:36:39</b>	<b>00:43:54</b>	+00:17:44 (48.4%)	7:19	8.2 (51.6%)
483	KIERZKOWSKI Adam	3078		BIAŁYSTOK		M12	10	M 324	3 - 28-31 minut	00:04:42	2026-02-07 18:05:43	00:18:17	<b>00:36:40</b>	<b>00:41:22</b>	+00:17:45 (48.5%)	7:19	8.2 (51.6%)
484	GILEWSKA Monika	4047		SOLNICZKI		K30	47	K 160	4 - 31-35 minut	00:07:19	2026-02-07 18:08:20	00:18:40	<b>00:36:40</b>	<b>00:43:59</b>	+00:17:45 (48.5%)	7:19	8.2 (51.6%)
485	JAWDOSIUK Milena	4048		BIAŁYSTOK		K30	48	K 161	4 - 31-35 minut	00:07:18	2026-02-07 18:08:19	00:18:41	<b>00:36:41</b>	<b>00:43:59</b>	+00:17:46 (48.5%)	7:20	8.2 (51.6%)
486	KIERZKOWSKI Adam	3079		BIAŁYSTOK		M40	94	M 325	3 - 28-31 minut	00:04:41	2026-02-07 18:05:42	00:18:18	<b>00:36:41</b>	<b>00:41:23</b>	+00:17:46 (48.5%)	7:20	8.2 (51.6%)
487	SADOWSKA Barbara	3107	HAJNÓWKA BIEGA	HAJNÓWKA		K40	54	K 162	3 - 28-31 minut	00:07:13	2026-02-07 18:08:14	00:18:52	<b>00:36:41</b>	<b>00:43:55</b>	+00:17:46 (48.5%)	7:20	8.2 (51.6%)
488	NOWOWIEJSKI Łukasz	3109		BIAŁYSTOK		M40	95	M 326	3 - 28-31 minut	00:10:07	2026-02-07 18:11:08	00:18:14	<b>00:36:42</b>	<b>00:46:49</b>	+00:17:47 (48.5%)	7:20	8.2 (51.6%)
489	KROTEŃ Anna	3108		BIAŁYSTOK		K40	55	K 163	3 - 28-31 minut	00:10:05	2026-02-07 18:11:06	00:18:15	<b>00:36:43</b>	<b>00:46:49</b>	+00:17:48 (48.5%)	7:20	8.2 (51.6%)
490	SIEREDA Mateusz	3046		BIAŁYSTOK		M30	114	M 327	3 - 28-31 minut	00:04:36	2026-02-07 18:05:37	00:17:23	<b>00:36:43</b>	<b>00:41:20</b>	+00:17:48 (48.5%)	7:20	8.2 (51.6%)
491	KOWALCZUK Katarzyna	4126	ROSTI RUNNING TEAM	BIAŁYSTOK		K30	49	K 164	4 - 31-35 minut	00:07:19	2026-02-07 18:08:20	00:18:53	<b>00:36:43</b>	<b>00:44:03</b>	+00:17:49 (48.5%)	7:20	8.2 (51.6%)
492	ZIENIEWICZ Andrzej	4095	GRUPA SZALONYCH ROWERZYSTÓW	KLEOSIN		M70	2	M 328	4 - 31-35 minut	00:07:12	2026-02-07 18:08:13	00:18:49	<b>00:36:46</b>	<b>00:43:58</b>	+00:17:51 (48.6%)	7:21	8.2 (51.6%)
493	PANASIUK Paweł	3115	NADAKTYWNI	BIAŁYSTOK		M40	96	M 329	3 - 28-31 minut	00:07:17	2026-02-07 18:08:18	00:18:54	<b>00:36:49</b>	<b>00:44:07</b>	+00:17:55 (48.7%)	7:21	8.2 (51.6%)
494	PANASIUK Jakub	3116	SZKOŁA PODSTAWOWA NR 28 W BIAŁYMSTOKU	BIAŁYSTOK		M12	11	M 330	3 - 28-31 minut	00:07:17	2026-02-07 18:08:18	00:18:54	<b>00:36:50</b>	<b>00:44:07</b>	+00:17:55 (48.7%)	7:21	8.1 (50.9%)
495	WIŚNIEWSKI Jan	5094		ŁÓŻA		M12	12	M 331	5 - powyżej 35 minut	00:09:54	2026-02-07 18:10:55	00:16:53	<b>00:36:51</b>	<b>00:46:46</b>	+00:17:56 (48.7%)	7:22	8.1 (50.9%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
496	KLEPACKI Paweł	5114		BIAŁYSTOK		M40	97	M 332	5 - powyżej 35 minut	00:09:52	2026-02-07 18:10:53	00:18:39	00:37:01	00:46:53	+00:18:06 (48.9%)	7:24	8.1 (50.9%)
497	KLEPACKI Szymon	5115		BIAŁYSTOK		M12	13	M 333	5 - powyżej 35 minut	00:09:52	2026-02-07 18:10:53	00:18:39	00:37:01	00:46:53	+00:18:06 (48.9%)	7:24	8.1 (50.9%)
498	GAWRYCHOWSKA Joanna	3034		BIAŁYSTOK		K30	50	K 165	3 - 28-31 minut	00:04:34	2026-02-07 18:05:35	00:18:30	00:37:03	00:41:37	+00:18:08 (49.0%)	7:24	8.1 (50.9%)
499	KARPUK Jakub	3054		BIAŁYSTOK		M30	115	M 334	3 - 28-31 minut	00:07:19	2026-02-07 18:08:20	00:18:34	00:37:03	00:44:23	+00:18:09 (49.0%)	7:24	8.1 (50.9%)
500	MATORNAYA Ina	3122	RUN4FUN.BY	GRODNO		K40	56	K 166	3 - 28-31 minut	00:04:47	2026-02-07 18:05:48	00:19:03	00:37:12	00:42:00	+00:18:18 (49.2%)	7:26	8.1 (50.9%)
500	BEDNAREK Patrycja	5050		BIAŁYSTOK		K20	27	K 166	5 - powyżej 35 minut	00:09:51	2026-02-07 18:10:52	00:18:18	00:37:12	00:47:04	+00:18:18 (49.2%)	7:26	8.1 (50.9%)
502	SHASHKOVA Volha	3125	RUN4FUN.BY	BREST		K40	57	K 168	3 - 28-31 minut	00:04:47	2026-02-07 18:05:48	00:19:04	00:37:13	00:42:00	+00:18:18 (49.2%)	7:26	8.1 (50.9%)
503	IDŹKOWSKI Kuba	5140		BIAŁYSTOK		M12	14	M 335	5 - powyżej 35 minut	00:07:26	2026-02-07 18:08:27	00:19:41	00:37:14	00:44:41	+00:18:20 (49.2%)	7:26	8.1 (50.9%)
504	PLICHTA Katarzyna	4097		BIAŁYSTOK		K50	15	K 169	4 - 31-35 minut	00:09:58	2026-02-07 18:10:59	00:19:17	00:37:27	00:47:25	+00:18:32 (49.5%)	7:29	8 (50.3%)
505	WIELGOSIŃSKI Kamil	3152		BIAŁYSTOK		M30	116	M 336	3 - 28-31 minut	00:10:09	2026-02-07 18:11:10	00:19:41	00:37:30	00:47:39	+00:18:35 (49.6%)	7:29	8 (50.3%)
506	IDŹKOWSKA Ania	4059		BIAŁYSTOK		K30	51	K 170	4 - 31-35 minut	00:07:26	2026-02-07 18:08:27	00:19:42	00:37:34	00:45:01	+00:18:39 (49.7%)	7:30	8 (50.3%)
507	DEC Wiola	4044		BIAŁYSTOK		K40	58	K 171	4 - 31-35 minut	00:07:13	2026-02-07 18:08:14	00:18:57	00:37:37	00:44:50	+00:18:42 (49.8%)	7:31	8 (50.3%)
508	ANDRAKA Agnieszka	4068		BIAŁYSTOK		K30	52	K 172	5 - powyżej 35 minut	00:07:13	2026-02-07 18:08:14	00:18:30	00:37:38	00:44:52	+00:18:43 (49.8%)	7:31	8 (50.3%)
509	GÓRNICKI Marek	4115	WETERANI RP	LEGIONOWO		M70	3	M 337	4 - 31-35 minut	00:07:14	2026-02-07 18:08:15	00:18:26	00:37:39	00:44:53	+00:18:44 (49.8%)	7:31	8 (50.3%)
510	BIRYCKI Piotr	4061		BIAŁYSTOK		M50	41	M 338	4 - 31-35 minut	00:09:51	2026-02-07 18:10:52	00:18:58	00:37:39	00:47:31	+00:18:44 (49.8%)	7:31	8 (50.3%)
511	PAWILCZ Barbara	5077	CROSSFIT JUST RAW	BIAŁYSTOK		K40	59	K 173	5 - powyżej 35 minut	00:09:56	2026-02-07 18:10:57	00:19:11	00:37:43	00:47:40	+00:18:48 (49.9%)	7:32	8 (50.3%)
512	KAWAŁKO Ewelina	4105		BIAŁYSTOK		K40	60	K 174	4 - 31-35 minut	00:07:12	2026-02-07 18:08:13	00:18:21	00:37:45	00:44:57	+00:18:50 (49.9%)	7:32	8 (50.3%)
513	CHORUŻY Natalia	3062		BIAŁYSTOK		K20	28	K 175	3 - 28-31 minut	00:10:01	2026-02-07 18:11:02	00:20:01	00:37:45	00:47:47	+00:18:50 (49.9%)	7:32	8 (50.3%)
514	KRUK Agnieszka	3063		BIAŁYSTOK		K40	61	K 176	3 - 28-31 minut	00:10:02	2026-02-07 18:11:03	00:20:01	00:37:45	00:47:47	+00:18:51 (49.9%)	7:32	8 (50.3%)
515	TOPCZEWSKA Natalia	4111	AKTYWNA PODLASIANKA	WASILKÓW		K40	62	K 177	4 - 31-35 minut	00:07:14	2026-02-07 18:08:15	00:18:54	00:37:49	00:45:03	+00:18:54 (50.0%)	7:33	7.9 (49.7%)
516	ROŹKO Paweł	4020	ROZI TEAM	BIAŁYSTOK		M40	98	M 339	4 - 31-35 minut	00:07:23	2026-02-07 18:08:24	00:19:38	00:37:54	00:45:17	+00:18:59 (50.1%)	7:34	7.9 (49.7%)
517	DOŻYNKA Grażyna	3011		BIAŁYSTOK		K50	16	K 178	3 - 28-31 minut	00:07:10	2026-02-07 18:08:11	00:18:31	00:37:54	00:45:05	+00:18:59 (50.1%)	7:34	7.9 (49.7%)
518	WOJCIECHOWSKA Karolina	5046		BIAŁYSTOK		K20	29	K 179	5 - powyżej 35 minut	00:10:03	2026-02-07 18:11:04	00:19:27	00:37:55	00:47:58	+00:19:00 (50.2%)	7:34	7.9 (49.7%)
519	ARTEMIUK Eugenia	4025	HAJNÓWKA BIEGA	CZECHY ORLAŃSKIE		K60	4	K 180	4 - 31-35 minut	00:07:17	2026-02-07 18:08:18	00:19:29	00:37:57	00:45:14	+00:19:03 (50.2%)	7:35	7.9 (49.7%)
520	MISIEJCZUK Diana	5056		BIAŁYSTOK		K30	53	K 181	5 - powyżej 35 minut	00:10:16	2026-02-07 18:11:17	00:19:02	00:37:59	00:48:16	+00:19:04 (50.2%)	7:35	7.9 (49.7%)
521	WYSZOMIRSKI Marek	3166		WASILKÓW		M50	42	M 340	3 - 28-31 minut	00:04:46	2026-02-07 18:05:47	00:18:52	00:38:01	00:42:47	+00:19:06 (50.3%)	7:36	7.9 (49.7%)
522	NIWIŃSKA Kinga Judyta	3042		BIAŁYSTOK		K40	63	K 182	3 - 28-31 minut	00:07:16	2026-02-07 18:08:17	00:18:48	00:38:04	00:45:21	+00:19:10 (50.4%)	7:36	7.9 (49.7%)
523	PRUSACZYK Paulina	4071		BIAŁYSTOK		K20	30	K 183	4 - 31-35 minut	00:10:02	2026-02-07 18:11:03	00:20:01	00:38:08	00:48:10	+00:19:13 (50.4%)	7:37	7.9 (49.7%)
524	STORONOWICZ Karol	5148		BIAŁYSTOK		M20	43	M 341	5 - powyżej 35 minut	00:09:53	2026-02-07 18:10:54	00:19:29	00:38:08	00:48:02	+00:19:14 (50.4%)	7:37	7.9 (49.7%)
525	KUCZYŃSKA Marta	3023		ZABŁUDÓW		K30	54	K 184	3 - 28-31 minut	00:07:12	2026-02-07 18:08:13	00:19:24	00:38:13	00:45:26	+00:19:18 (50.5%)	7:38	7.9 (49.7%)
526	TOŁWIŃSKI Mateusz	2114		BIAŁYSTOK		M15	18	M 342	2 - 25-28 minut	00:02:05	2026-02-07 18:03:06	00:18:37	00:38:16	00:40:21	+00:19:21 (50.6%)	7:39	7.8 (49.1%)
527	MAFIONI Ihor	5137		BIAŁYSTOK		M30	117	M 343	5 - powyżej 35 minut	00:10:15	2026-02-07 18:11:16	00:20:26	00:38:17	00:48:33	+00:19:22 (50.6%)	7:39	7.8 (49.1%)
528	GOLONKO Magdalena	4041		HAJNÓWKA		K20	31	K 185	4 - 31-35 minut	00:07:09	2026-02-07 18:08:10	00:19:10	00:38:19	00:45:29	+00:19:24 (50.7%)	7:39	7.8 (49.1%)
529	KOŁACZ Natalia	5163	ROSTI RUNNING TEAM	BIAŁYSTOK		K50	17	K 186	5 - powyżej 35 minut	00:10:07	2026-02-07 18:11:08	00:18:11	00:38:23	00:48:30	+00:19:29 (50.8%)	7:40	7.8 (49.1%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
530	MIECZKOWSKA Bogumiła	5184		BIAŁYSTOK		K40	64	K 187	3 - 28-31 minut	00:04:34	2026-02-07 18:05:35	00:19:01	00:38:27	00:43:02	+00:19:32 (50.8%)	7:41	7.8 (49.1%)
531	GÓRSKI Piotr	5149	4GORSKI	BIAŁYSTOK		M40	99	M 344	5 - powyżej 35 minut	00:10:11	2026-02-07 18:11:12	00:20:03	00:38:28	00:48:40	+00:19:33 (50.9%)	7:41	7.8 (49.1%)
532	ŚLEDZIEWSKI Marcin	4031		ZAMBRÓW		M40	100	M 345	4 - 31-35 minut	00:07:07	2026-02-07 18:08:08	00:18:31	00:38:37	00:45:45	+00:19:43 (51.1%)	7:43	7.8 (49.1%)
533	PŁOŃSKI Tomasz	5156	ROSTI RUNNING TEAM	BIAŁYSTOK		M40	101	M 346	5 - powyżej 35 minut	00:10:00	2026-02-07 18:11:01	00:19:49	00:38:40	00:48:40	+00:19:45 (51.1%)	7:43	7.8 (49.1%)
534	ZALEWSKA Magdalena	4009		BOĆKI		K30	55	K 188	4 - 31-35 minut	00:07:21	2026-02-07 18:08:22	00:19:35	00:38:43	00:46:04	+00:19:48 (51.2%)	7:44	7.8 (49.1%)
535	DULEWICZ Kacper	4091	DRTUSZ BIEGA	BIAŁYSTOK		M20	44	M 347	4 - 31-35 minut	00:07:21	2026-02-07 18:08:22	00:19:12	00:38:45	00:46:07	+00:19:50 (51.2%)	7:44	7.7 (48.4%)
536	KIEŁCZYŃSKA Karolina	4057		BIAŁYSTOK		K40	65	K 189	4 - 31-35 minut	00:07:17	2026-02-07 18:08:18	00:19:36	00:38:46	00:46:03	+00:19:51 (51.2%)	7:45	7.7 (48.4%)
537	LASKOWSKI Michał	4092		BIAŁYSTOK		M40	102	M 348	4 - 31-35 minut	00:07:17	2026-02-07 18:08:18	00:19:09	00:38:48	00:46:06	+00:19:53 (51.3%)	7:45	7.7 (48.4%)
538	SZUTKO Dawid	5069		BIAŁYSTOK		M20	45	M 349	5 - powyżej 35 minut	00:10:13	2026-02-07 18:11:14	00:19:34	00:38:50	00:49:03	+00:19:55 (51.3%)	7:45	7.7 (48.4%)
539	ŻAKOWICZ Wiktoria	5068		BIAŁYSTOK		K20	32	K 190	5 - powyżej 35 minut	00:10:12	2026-02-07 18:11:13	00:19:53	00:38:51	00:49:03	+00:19:56 (51.3%)	7:46	7.7 (48.4%)
540	NOWAK Monika	4038		WARSZAWA		K30	56	K 191	4 - 31-35 minut	00:04:51	2026-02-07 18:05:52	00:19:30	00:38:51	00:43:42	+00:19:57 (51.4%)	7:46	7.7 (48.4%)
541	CITKO Natalia	5002		BIAŁYSTOK		K12	5	K 192	5 - powyżej 35 minut	00:09:52	2026-02-07 18:10:53	00:20:37	00:38:55	00:48:47	+00:20:00 (51.4%)	7:46	7.7 (48.4%)
542	ŻEBROWSKA Basia	5023		WARSZAWA		K50	18	K 193	5 - powyżej 35 minut	00:09:58	2026-02-07 18:10:59	00:19:34	00:38:55	00:48:54	+00:20:00 (51.4%)	7:46	7.7 (48.4%)
543	MIKOŁAJCZYK Monika	2140	ROSTI RUNNING TEAM	BIAŁYSTOK		K40	66	K 194	2 - 25-28 minut	00:10:00	2026-02-07 18:11:01	00:19:23	00:38:57	00:48:58	+00:20:02 (51.5%)	7:47	7.7 (48.4%)
544	BOROWSKI Mirosław	5190	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		M50	43	M 350	5 - powyżej 35 minut	00:09:55	2026-02-07 18:10:56	00:20:07	00:38:58	00:48:53	+00:20:04 (51.5%)	7:47	7.7 (48.4%)
545	IGNACZUK Bożena	3036	MORSY ZAMBRÓW	ZAMBRÓW		K60	5	K 195	3 - 28-31 minut	00:04:33	2026-02-07 18:05:34	00:19:47	00:39:03	00:43:36	+00:20:08 (51.6%)	7:48	7.7 (48.4%)
546	MANTUR Katarzyna	4124	KGW JANKO-WIANKI	JABŁOŃ JANKOWCE		K50	19	K 196	4 - 31-35 minut	00:09:48	2026-02-07 18:10:49	00:19:12	00:39:11	00:49:00	+00:20:16 (51.8%)	7:50	7.7 (48.4%)
547	CIUNCZYK Dorota	3123	STREFA ZMIAN	BIAŁYSTOK		K40	67	K 197	3 - 28-31 minut	00:09:47	2026-02-07 18:10:48	00:20:30	00:39:14	00:49:01	+00:20:19 (51.8%)	7:50	7.6 (47.8%)
548	BAŃKOWSKI Adam	5099		BIAŁYSTOK		M40	103	M 351	5 - powyżej 35 minut	00:09:53	2026-02-07 18:10:54	00:20:43	00:39:18	00:49:12	+00:20:23 (51.9%)	7:51	7.6 (47.8%)
549	SURÓWKA Kamil	5124	KLUBPASKUDNYCHGRUBASÓW	MARKOWSZCZYŻNA		M30	118	M 352	5 - powyżej 35 minut	00:10:06	2026-02-07 18:11:07	00:20:05	00:39:22	00:49:29	+00:20:28 (52.0%)	7:52	7.6 (47.8%)
550	SURÓWKA Katarzyna	5083		MARKOWSZCZYŻNA		K30	57	K 198	5 - powyżej 35 minut	00:10:05	2026-02-07 18:11:06	00:20:05	00:39:23	00:49:29	+00:20:28 (52.0%)	7:52	7.6 (47.8%)
551	JANCZUK-SZYMAŃSKA Magdalena	3165		WASILKÓW		K40	68	K 199	3 - 28-31 minut	00:02:17	2026-02-07 18:03:18	00:18:41	00:39:24	00:41:41	+00:20:29 (52.0%)	7:52	7.6 (47.8%)
552	OSTROWSKI Dawid	5172		BIAŁYSTOK		M20	46	M 353	5 - powyżej 35 minut	00:10:11	2026-02-07 18:11:12	00:20:51	00:39:25	00:49:37	+00:20:31 (52.1%)	7:52	7.6 (47.8%)
553	MAŁYSZKO Wioleta	5017		BIAŁYSTOK		K20	33	K 200	5 - powyżej 35 minut	00:10:10	2026-02-07 18:11:11	00:20:51	00:39:26	00:49:36	+00:20:31 (52.1%)	7:53	7.6 (47.8%)
554	MAŁAKOWSKA Monika	4019		BIAŁYSTOK		K50	20	K 201	4 - 31-35 minut	00:04:48	2026-02-07 18:05:49	00:19:50	00:39:29	00:44:18	+00:20:34 (52.1%)	7:53	7.6 (47.8%)
555	PONIEDZIAŁEK Paweł	5048		JAROCIN		M20	47	M 354	5 - powyżej 35 minut	00:10:04	2026-02-07 18:11:05	00:20:16	00:39:29	00:49:34	+00:20:34 (52.1%)	7:53	7.6 (47.8%)
556	BURZYŃSKI Jerzy	5063	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		M60	9	M 355	5 - powyżej 35 minut	00:09:49	2026-02-07 18:10:50	00:20:11	00:39:33	00:49:23	+00:20:39 (52.2%)	7:54	7.6 (47.8%)
557	KARPIERZ-PAWŁOWICZ Edyta	4107		BOBROWA		K40	69	K 202	4 - 31-35 minut	00:07:25	2026-02-07 18:08:26	00:19:37	00:39:36	00:47:02	+00:20:42 (52.3%)	7:55	7.6 (47.8%)
558	SIWOŁOWSKI Grzegorz	5175		WYDMINY		M60	10	M 356	5 - powyżej 35 minut	00:09:45	2026-02-07 18:10:46	00:19:55	00:39:41	00:49:26	+00:20:46 (52.4%)	7:56	7.6 (47.8%)
559	SZMIGIEL Jakub	5044		BIAŁYSTOK		M20	48	M 357	5 - powyżej 35 minut	00:09:55	2026-02-07 18:10:56	00:20:51	00:39:42	00:49:38	+00:20:48 (52.4%)	7:56	7.6 (47.8%)
560	SADOWSKA Julia	5030	ŚWISTRZAŁY	BIAŁYSTOK		K20	34	K 203	5 - powyżej 35 minut	00:09:55	2026-02-07 18:10:56	00:20:54	00:39:43	00:49:39	+00:20:48 (52.4%)	7:56	7.6 (47.8%)
561	GASZYŃSKI Kuba	74		BIAŁYSTOK		M40	104	M 358	M OPEN	00:07:23	2026-02-07 18:08:24	00:19:38	00:39:46	00:47:10	+00:20:51 (52.5%)	7:57	7.5 (47.2%)
562	GASZYŃSKA Sylwia	4014		HORODNIANY		K40	70	K 204	4 - 31-35 minut	00:07:22	2026-02-07 18:08:23	00:19:39	00:39:47	00:47:10	+00:20:53 (52.5%)	7:57	7.5 (47.2%)
563	SADOWSKA Łucja	5085		BIAŁYSTOK		K12	6	K 205	5 - powyżej 35 minut	00:09:50	2026-02-07 18:10:51	00:19:21	00:39:48	00:49:39	+00:20:53 (52.5%)	7:57	7.5 (47.2%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
564	RACIBOIRSKA Joanna	3032		ŁAPY		K50	21	K 206	3 - 28-31 minut	00:02:18	2026-02-07 18:03:19	00:18:58	00:39:53	00:42:11	+00:20:58 (52.6%)	7:58	7.5 (47.2%)
565	DZIELNIK Monika	3030	TYGRYSKI	ŁAPY		K50	22	K 207	3 - 28-31 minut	00:02:18	2026-02-07 18:03:19	00:18:58	00:39:53	00:42:11	+00:20:58 (52.6%)	7:58	7.5 (47.2%)
566	SADOWSKA Ewa	5084		BIAŁYSTOK		K40	71	K 208	5 - powyżej 35 minut	00:09:51	2026-02-07 18:10:52	00:19:20	00:39:53	00:49:44	+00:20:58 (52.6%)	7:58	7.5 (47.2%)
567	TOREBKO Jerzy	5155		BIAŁYSTOK		M70	4	M 359	5 - powyżej 35 minut	00:07:19	2026-02-07 18:08:20	00:20:10	00:39:54	00:47:14	+00:20:59 (52.6%)	7:58	7.5 (47.2%)
568	MIROŃCZUK Paweł	5138		WASILKÓW		M40	105	M 360	5 - powyżej 35 minut	00:07:26	2026-02-07 18:08:27	00:19:55	00:39:55	00:47:22	+00:21:01 (52.7%)	7:58	7.5 (47.2%)
569	MACIEJ Maciej	3051		BIAŁYSTOK		M30	119	M 361	3 - 28-31 minut	00:04:38	2026-02-07 18:05:39	00:20:58	00:39:56	00:44:34	+00:21:01 (52.7%)	7:59	7.5 (47.2%)
570	PIEKUTOWSKI Daniel	5135		WASILKÓW		M40	106	M 362	5 - powyżej 35 minut	00:07:26	2026-02-07 18:08:27	00:19:55	00:39:56	00:47:22	+00:21:01 (52.7%)	7:59	7.5 (47.2%)
571	SZYGAŁOWICZ Marzena	3050		BIAŁYSTOK		K40	72	K 209	3 - 28-31 minut	00:04:38	2026-02-07 18:05:39	00:20:58	00:39:56	00:44:34	+00:21:01 (52.7%)	7:59	7.5 (47.2%)
572	DOBROGOWSKA Emilia	5170		BIAŁYSTOK		K20	35	K 210	5 - powyżej 35 minut	00:10:06	2026-02-07 18:11:07	00:21:20	00:39:59	00:50:05	+00:21:04 (52.7%)	7:59	7.5 (47.2%)
573	RADZIWOŃSKA Teresa	3073		BIAŁYSTOK		K40	73	K 211	3 - 28-31 minut	00:09:50	2026-02-07 18:10:51	00:19:11	00:39:59	00:49:49	+00:21:04 (52.7%)	7:59	7.5 (47.2%)
574	KOSZYCKI Adam	5043		BIAŁYSTOK		M20	49	M 363	5 - powyżej 35 minut	00:09:55	2026-02-07 18:10:56	00:20:54	00:39:59	00:49:54	+00:21:04 (52.7%)	7:59	7.5 (47.2%)
575	KUCZYŃSKI Maciej	4104		BIAŁYSTOK		M30	120	M 364	4 - 31-35 minut	00:10:06	2026-02-07 18:11:07	00:21:20	00:40:00	00:50:07	+00:21:05 (52.7%)	7:59	7.5 (47.2%)
576	KUCZYŃSKI Zbigniew	5171		BIAŁYSTOK		M30	121	M 365	5 - powyżej 35 minut	00:10:06	2026-02-07 18:11:07	00:21:20	00:40:00	00:50:07	+00:21:05 (52.8%)	7:59	7.5 (47.2%)
577	SNOP Sławomir	5010	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		M40	107	M 366	5 - powyżej 35 minut	00:09:52	2026-02-07 18:10:53	00:20:33	00:40:06	00:49:59	+00:21:11 (52.9%)	8:01	7.5 (47.2%)
578	MAZIUK Karol	5008		BIAŁYSTOK		M30	122	M 367	5 - powyżej 35 minut	00:10:02	2026-02-07 18:11:03	00:20:51	00:40:06	00:50:09	+00:21:11 (52.9%)	8:01	7.5 (47.2%)
579	PACHUCKA Monika	3006		BIAŁYSTOK		K40	74	K 212	3 - 28-31 minut	00:04:37	2026-02-07 18:05:38	00:19:55	00:40:13	00:44:50	+00:21:18 (53.0%)	8:02	7.5 (47.2%)
580	STEFANOWSKA Kinga	2067		BIAŁYSTOK		K15	14	K 213	3 - 28-31 minut	00:02:09	2026-02-07 18:03:10	00:19:51	00:40:21	00:42:30	+00:21:26 (53.2%)	8:04	7.4 (46.5%)
581	PARFIENIUK Jakub	5024		BIELSK PODLASKI		M20	50	M 368	5 - powyżej 35 minut	00:10:15	2026-02-07 18:11:16	00:20:34	00:40:27	00:50:43	+00:21:32 (53.3%)	8:05	7.4 (46.5%)
582	MARKOWSKA Sylwia	5026		CZARTAJEW		K30	58	K 214	5 - powyżej 35 minut	00:10:15	2026-02-07 18:11:16	00:20:35	00:40:28	00:50:43	+00:21:33 (53.3%)	8:05	7.4 (46.5%)
583	BAŃKOWSKA Karolina	5169		BIAŁYSTOK		K30	59	K 215	5 - powyżej 35 minut	00:10:00	2026-02-07 18:11:01	00:21:20	00:40:31	00:50:31	+00:21:36 (53.4%)	8:06	7.4 (46.5%)
584	KOZŁOWSKA Eliza	5104		BIAŁYSTOK		K30	60	K 216	5 - powyżej 35 minut	00:09:59	2026-02-07 18:11:00	00:21:18	00:40:32	00:50:31	+00:21:37 (53.4%)	8:06	7.4 (46.5%)
585	GUDALEWSKA Zofia	5133	SZKOŁA PODSTAWOWA NR 4 IM. SYBIRAKÓW W BIAŁYMSTOKU	BIAŁYSTOK		K15	15	K 217	5 - powyżej 35 minut	00:10:15	2026-02-07 18:11:16	00:21:23	00:40:34	00:50:49	+00:21:39 (53.4%)	8:06	7.4 (46.5%)
586	BUTKIEWICZ Przemysław	4079		NIEWODNICA KOŚCIELNA		M30	123	M 369	4 - 31-35 minut	00:07:07	2026-02-07 18:08:08	00:19:59	00:40:35	00:47:42	+00:21:40 (53.4%)	8:06	7.4 (46.5%)
587	MOJTA Dominik	5131	SZKOŁA PODSTAWOWA NR 4 IM. SYBIRAKÓW W BIAŁYMSTOKU	BIAŁYSTOK		M15	19	M 370	5 - powyżej 35 minut	00:10:08	2026-02-07 18:11:09	00:19:44	00:40:40	00:50:49	+00:21:45 (53.5%)	8:07	7.4 (46.5%)
588	KOZIEJKO Stanisław	4030	BIEGAM DLA JUSTYSI	BIAŁYSTOK		M60	11	M 371	4 - 31-35 minut	00:02:14	2026-02-07 18:03:15	00:20:26	00:40:42	00:42:57	+00:21:48 (53.6%)	8:08	7.4 (46.5%)
589	KIRPSZA Barbara	4004	AIKIRUNNERS	BIAŁYSTOK		K40	75	K 218	4 - 31-35 minut	00:09:55	2026-02-07 18:10:56	00:20:36	00:40:44	00:50:40	+00:21:50 (53.6%)	8:08	7.4 (46.5%)
590	UDYCZ Katarzyna	5003		ZŁOCIENIEC		K50	23	K 219	5 - powyżej 35 minut	00:09:55	2026-02-07 18:10:56	00:20:36	00:40:44	00:50:40	+00:21:50 (53.6%)	8:08	7.4 (46.5%)
591	STANKIEWICZ Arkadiusz	4062		KLEOSIN		M40	108	M 372	4 - 31-35 minut	00:07:11	2026-02-07 18:08:12	00:19:44	00:40:46	00:47:58	+00:21:51 (53.6%)	8:09	7.4 (46.5%)
592	RACZYŃSKA Łucja	5062		SIEMIATYCZE		K15	16	K 220	5 - powyżej 35 minut	00:09:45	2026-02-07 18:10:46	00:19:54	00:40:47	00:50:32	+00:21:53 (53.7%)	8:09	7.4 (46.5%)
593	ŁAPIŃSKI Tomasz	4042		BIAŁYSTOK		M30	124	M 373	4 - 31-35 minut	00:07:15	2026-02-07 18:08:16	00:20:17	00:40:48	00:48:03	+00:21:53 (53.7%)	8:09	7.4 (46.5%)
594	MOSKALUNIEC Witold	5103	NIC NIE MUSZĘ. EMERYT.	BIAŁYSTOK		M70	5	M 374	5 - powyżej 35 minut	00:09:51	2026-02-07 18:10:52	00:20:18	00:40:51	00:50:42	+00:21:56 (53.7%)	8:10	7.3 (45.9%)
595	MONACH Katarzyna	5125		BIAŁYSTOK		K40	76	K 221	5 - powyżej 35 minut	00:09:48	2026-02-07 18:10:49	00:20:31	00:40:58	00:50:47	+00:22:04 (53.9%)	8:11	7.3 (45.9%)
596	MONACH Marcin	5166		BIAŁYSTOK		M40	109	M 375	5 - powyżej 35 minut	00:09:48	2026-02-07 18:10:49	00:20:31	00:40:58	00:50:47	+00:22:04 (53.9%)	8:11	7.3 (45.9%)
597	WLADYSIUK Monika	5019		DROHICZYN		K40	77	K 222	5 - powyżej 35 minut	00:09:47	2026-02-07 18:10:48	00:19:51	00:41:01	00:50:49	+00:22:07 (53.9%)	8:12	7.3 (45.9%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
598	STASZEWSKA Magda	5176		CHOROSZCZ		K40	78	K 223	5 - powyżej 35 minut	00:10:05	2026-02-07 18:11:06	00:21:19	00:41:06	00:51:11	+00:22:12 (54.0%)	8:13	7.3 (45.9%)
599	JEDLIŃSKA Paulina	4087		KNYSZYN		K30	61	K 224	4 - 31-35 minut	00:07:26	2026-02-07 18:08:27	00:21:13	00:41:10	00:48:36	+00:22:15 (54.1%)	8:13	7.3 (45.9%)
600	JADESZKO Bożena	4093		BIAŁYSTOK		K40	79	K 225	4 - 31-35 minut	00:07:26	2026-02-07 18:08:27	00:21:14	00:41:10	00:48:36	+00:22:15 (54.1%)	8:13	7.3 (45.9%)
601	ŻMIENKO Joanna	5086		BIELSK PODLASKI		K50	24	K 226	5 - powyżej 35 minut	00:09:54	2026-02-07 18:10:55	00:20:39	00:41:13	00:51:08	+00:22:18 (54.1%)	8:14	7.3 (45.9%)
602	KORONKIEWICZ Natalia	1111		BIAŁYSTOK		K20	36	K 227	1 - Poniżej 25 minut	00:10:03	2026-02-07 18:11:04	00:20:43	00:41:27	00:51:31	+00:22:33 (54.4%)	8:17	7.2 (45.3%)
603	DANISZEWSKA Joanna	5116		BIAŁYSTOK		K30	62	K 228	5 - powyżej 35 minut	00:10:00	2026-02-07 18:11:01	00:21:14	00:41:29	00:51:30	+00:22:34 (54.4%)	8:17	7.2 (45.3%)
604	RAMOTOWSKI Tomasz	1060	MASPEX	BIAŁYSTOK		M20	51	M 376	1 - Poniżej 25 minut	00:10:00	2026-02-07 18:11:01	00:21:13	00:41:30	00:51:30	+00:22:35 (54.4%)	8:17	7.2 (45.3%)
605	MALINOWSKI Sebastian	3130		PISZ		M20	52	M 377	3 - 28-31 minut	00:04:44	2026-02-07 18:05:45	00:21:05	00:41:31	00:46:15	+00:22:36 (54.5%)	8:18	7.2 (45.3%)
606	CHARUBIN Julia	3131		PISZ		K20	37	K 229	3 - 28-31 minut	00:04:44	2026-02-07 18:05:45	00:21:04	00:41:31	00:46:16	+00:22:36 (54.5%)	8:18	7.2 (45.3%)
607	KULIKOWSKA Jolanta	4050		IGNATKI		K50	25	K 230	4 - 31-35 minut	00:09:58	2026-02-07 18:10:59	00:20:46	00:41:31	00:51:30	+00:22:36 (54.5%)	8:18	7.2 (45.3%)
608	SĘDZIAK Piotr	4055		GRABÓWKA		M40	110	M 378	4 - 31-35 minut	00:10:07	2026-02-07 18:11:08	00:21:14	00:41:35	00:51:43	+00:22:41 (54.6%)	8:18	7.2 (45.3%)
609	DRZEWIECKI-ZARZECZNY Grzegorz	3059	MD RUN TRAINING	BIAŁYSTOK / KORFANTÓW		M60	12	M 379	3 - 28-31 minut	00:10:02	2026-02-07 18:11:03	00:23:05	00:41:37	00:51:40	+00:22:42 (54.6%)	8:19	7.2 (45.3%)
610	MOJTA Hubert	5130	SZKOŁA PODSTAWOWA NR 4 IM. SYBIRAKÓW W BIAŁYMSTOKU	BIAŁYSTOK		M15	20	M 380	5 - powyżej 35 minut	00:10:12	2026-02-07 18:11:13	00:20:34	00:41:40	00:51:53	+00:22:45 (54.6%)	8:19	7.2 (45.3%)
611	CZARKOWSKA Agnieszka	4084		JABŁOŃ DĄBROWA		K40	80	K 231	4 - 31-35 minut	00:07:25	2026-02-07 18:08:26	00:20:48	00:41:44	00:49:09	+00:22:49 (54.7%)	8:20	7.2 (45.3%)
612	CZARKOWSKI Mariusz	4083		JABŁOŃ DĄBROWA		M40	111	M 381	4 - 31-35 minut	00:07:24	2026-02-07 18:08:25	00:20:44	00:41:44	00:49:09	+00:22:49 (54.7%)	8:20	7.2 (45.3%)
613	ZANIEWSKA Lola	4024		BIAŁYSTOK		K15	17	K 232	4 - 31-35 minut	00:07:24	2026-02-07 18:08:25	00:21:12	00:41:49	00:49:14	+00:22:54 (54.8%)	8:21	7.2 (45.3%)
614	ZANIEWSKA Dorota	4022		BIAŁYSTOK		K40	81	K 233	4 - 31-35 minut	00:07:24	2026-02-07 18:08:25	00:21:12	00:41:51	00:49:15	+00:22:56 (54.8%)	8:22	7.2 (45.3%)
615	KUPIECKA Emilia	5015		SZCZUCZYN		K50	26	K 234	5 - powyżej 35 minut	00:09:47	2026-02-07 18:10:48	00:21:11	00:41:59	00:51:47	+00:23:04 (55.0%)	8:23	7.1 (44.7%)
616	JURSKA Maja	5134	SZKOŁA PODSTAWOWA NR 4 IM. SYBIRAKÓW W BIAŁYMSTOKU	BIAŁYSTOK		K15	18	K 235	5 - powyżej 35 minut	00:10:14	2026-02-07 18:11:15	00:21:34	00:42:12	00:52:26	+00:23:17 (55.2%)	8:26	7.1 (44.7%)
617	MARKIEWICZ Marta	5132	SZKOŁA PODSTAWOWA NR 4 IM. SYBIRAKÓW W BIAŁYMSTOKU	BIAŁYSTOK		K15	19	K 236	5 - powyżej 35 minut	00:10:11	2026-02-07 18:11:12	00:21:40	00:42:15	00:52:26	+00:23:20 (55.3%)	8:26	7.1 (44.7%)
618	DĄBROWSKA Anna	4125		TYKOCIN		K20	38	K 237	4 - 31-35 minut	00:07:09	2026-02-07 18:08:10	00:20:36	00:42:16	00:49:25	+00:23:21 (55.3%)	8:27	7.1 (44.7%)
619	LORENC Anna	5181		BIAŁYSTOK		K30	63	K 238	5 - powyżej 35 minut	00:10:20	2026-02-07 18:11:21	00:21:36	00:42:17	00:52:37	+00:23:22 (55.3%)	8:27	7.1 (44.7%)
620	MATOWICKI Wojciech	4121		BIAŁYSTOK		M40	112	M 382	4 - 31-35 minut	00:10:16	2026-02-07 18:11:17	00:21:42	00:42:20	00:52:37	+00:23:26 (55.4%)	8:27	7.1 (44.7%)
621	CZABAN Katarzyna	5041	KILOMETERKI	BIAŁYSTOK		K50	27	K 239	5 - powyżej 35 minut	00:09:46	2026-02-07 18:10:47	00:21:43	00:42:30	00:52:16	+00:23:35 (55.5%)	8:29	7.1 (44.7%)
622	ŻEBROWSKA Marzena	5045		SZCZUCZYN		K40	82	K 240	5 - powyżej 35 minut	00:09:47	2026-02-07 18:10:48	00:21:01	00:42:32	00:52:19	+00:23:37 (55.6%)	8:30	7.1 (44.7%)
623	SAKOWICZ Kazimierz	5123		BIAŁYSTOK		M70	6	M 383	5 - powyżej 35 minut	00:10:14	2026-02-07 18:11:15	00:22:25	00:42:36	00:52:50	+00:23:41 (55.6%)	8:31	7 (44.0%)
624	SAKOWICZ Ewelina	5151		CZARNA BIAŁOSTOCKA		K40	83	K 241	5 - powyżej 35 minut	00:10:13	2026-02-07 18:11:14	00:22:37	00:42:37	00:52:50	+00:23:42 (55.6%)	8:31	7 (44.0%)
625	SAKOWICZ Milena	5127		BIAŁYSTOK		K30	64	K 242	5 - powyżej 35 minut	00:10:13	2026-02-07 18:11:14	00:22:38	00:42:37	00:52:50	+00:23:42 (55.7%)	8:31	7 (44.0%)
626	SAKOWICZ Krzysztof	2103		BIAŁYSTOK		M30	125	M 384	2 - 25-28 minut	00:10:13	2026-02-07 18:11:14	00:22:26	00:42:37	00:52:50	+00:23:42 (55.7%)	8:31	7 (44.0%)
627	KŁECZEK Andrzej	5179		RZESZÓW		M30	126	M 385	5 - powyżej 35 minut	00:10:06	2026-02-07 18:11:07	00:22:02	00:42:38	00:52:45	+00:23:43 (55.7%)	8:31	7 (44.0%)
628	ŚRODA Paulina	5180		BIAŁYSTOK		K30	65	K 243	5 - powyżej 35 minut	00:10:05	2026-02-07 18:11:06	00:22:04	00:42:38	00:52:44	+00:23:44 (55.7%)	8:31	7 (44.0%)
629	HYŻYK Anna	5174	INTRUM	BIAŁYSTOK		K30	66	K 244	5 - powyżej 35 minut	00:09:44	2026-02-07 18:10:45	00:20:42	00:42:41	00:52:26	+00:23:46 (55.7%)	8:32	7 (44.0%)
630	CHLUDZIŃSKA Hanna	5158		BIAŁYSTOK		K15	20	K 245	5 - powyżej 35 minut	00:09:49	2026-02-07 18:10:50	00:21:46	00:42:44	00:52:34	+00:23:49 (55.8%)	8:32	7 (44.0%)
631	RYZA Izabela	5007		BIAŁYSTOK		K20	39	K 246	5 - powyżej 35 minut	00:10:02	2026-02-07 18:11:03	00:21:34	00:42:54	00:52:56	+00:23:59 (55.9%)	8:34	7 (44.0%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
632	ŻOCH Katarzyna	5144		WARSZAWA		K30	67	K 247	5 - powyżej 35 minut	00:10:15	2026-02-07 18:11:16	00:21:52	00:43:11	00:53:26	+00:24:16 (56.2%)	8:38	6.9 (43.4%)
633	ŻOCH Michał	5036		WARSZAWA		M30	127	M 386	5 - powyżej 35 minut	00:10:14	2026-02-07 18:11:15	00:21:52	00:43:11	00:53:26	+00:24:16 (56.2%)	8:38	6.9 (43.4%)
634	ŻOCH Ewa	5145		DROHICZYN		K60	6	K 248	5 - powyżej 35 minut	00:10:14	2026-02-07 18:11:15	00:21:53	00:43:12	00:53:26	+00:24:17 (56.2%)	8:38	6.9 (43.4%)
635	KOSIŃSKI Robert	3098	PLUM RUNNING TEAM	BIAŁYSTOK		M40	113	M 387	3 - 28-31 minut	00:09:57	2026-02-07 18:10:58	00:21:58	00:43:14	00:53:12	+00:24:20 (56.3%)	8:38	6.9 (43.4%)
636	WRÓBEL Elżbieta	4081		BIAŁYSTOK		K50	28	K 249	4 - 31-35 minut	00:09:57	2026-02-07 18:10:58	00:21:57	00:43:16	00:53:13	+00:24:21 (56.3%)	8:39	6.9 (43.4%)
637	MELANIUK Radosław	2102		BIAŁYSTOK		M40	114	M 388	2 - 25-28 minut	00:10:03	2026-02-07 18:11:04	00:22:56	00:43:19	00:53:23	+00:24:25 (56.4%)	8:39	6.9 (43.4%)
638	SYREK Ewa	4112		OSTRÓW MAZOWIECKA		K60	7	K 250	4 - 31-35 minut	00:04:44	2026-02-07 18:05:45	00:21:45	00:43:20	00:48:04	+00:24:25 (56.4%)	8:39	6.9 (43.4%)
639	CHLUDZIŃSKA Magdalena	5074		BIAŁYSTOK		K40	84	K 251	5 - powyżej 35 minut	00:09:51	2026-02-07 18:10:52	00:21:50	00:43:25	00:53:16	+00:24:30 (56.5%)	8:40	6.9 (43.4%)
640	KOCHANIAK Kasia	4098		SOWLANY		K40	85	K 252	4 - 31-35 minut	00:10:04	2026-02-07 18:11:05	00:21:40	00:43:28	00:53:33	+00:24:33 (56.5%)	8:41	6.9 (43.4%)
641	ZANIEWSKA Gaja	4023		BIAŁYSTOK		K15	21	K 253	4 - 31-35 minut	00:07:24	2026-02-07 18:08:25	00:20:21	00:43:31	00:50:55	+00:24:36 (56.6%)	8:42	6.9 (43.4%)
642	CWIETKOW Jan	5119	PLUM RUNNING TEAM	BACIUTY		M60	13	M 389	5 - powyżej 35 minut	00:10:04	2026-02-07 18:11:05	00:21:35	00:43:31	00:53:35	+00:24:36 (56.6%)	8:42	6.9 (43.4%)
643	SZYCKO Anna	5128		BIAŁYSTOK		K40	86	K 254	5 - powyżej 35 minut	00:10:12	2026-02-07 18:11:13	00:21:45	00:43:41	00:53:53	+00:24:47 (56.7%)	8:44	6.9 (43.4%)
644	ŁUPIŃSKA Izabela	5089		BIAŁYSTOK		K30	68	K 255	5 - powyżej 35 minut	00:09:53	2026-02-07 18:10:54	00:21:01	00:43:43	00:53:37	+00:24:48 (56.8%)	8:44	6.9 (43.4%)
645	MARUSA Kamila	5066		BIAŁYSTOK		K30	69	K 256	5 - powyżej 35 minut	00:10:08	2026-02-07 18:11:09	00:21:28	00:43:46	00:53:54	+00:24:51 (56.8%)	8:45	6.9 (43.4%)
646	WNUK Natalia	3190		POPIOŁKI		K15	22	K 257	3 - 28-31 minut	00:09:56	2026-02-07 18:10:57	00:22:09	00:43:54	00:53:50	+00:24:59 (56.9%)	8:46	6.8 (42.8%)
647	ŚWIDERSKI Michał	3191		KOLNO		M20	53	M 390	3 - 28-31 minut	00:09:56	2026-02-07 18:10:57	00:22:09	00:43:54	00:53:51	+00:24:59 (56.9%)	8:46	6.8 (42.8%)
648	CYMBALSKA Kasia	5141		BIAŁYSTOK		K40	87	K 258	5 - powyżej 35 minut	00:09:47	2026-02-07 18:10:48	00:21:06	00:44:01	00:53:48	+00:25:06 (57.1%)	8:48	6.8 (42.8%)
649	BEKISZ Agnieszka	4043		BIAŁYSTOK		K50	29	K 259	4 - 31-35 minut	00:10:11	2026-02-07 18:11:12	00:23:00	00:44:04	00:54:15	+00:25:09 (57.1%)	8:48	6.8 (42.8%)
650	BEKISZ Elżbieta	5061		BIAŁYSTOK		K70	1	K 260	5 - powyżej 35 minut	00:10:11	2026-02-07 18:11:12	00:23:01	00:44:04	00:54:15	+00:25:09 (57.1%)	8:48	6.8 (42.8%)
651	BABICZ Elżbieta	5060		BIAŁYSTOK		K50	30	K 261	5 - powyżej 35 minut	00:09:45	2026-02-07 18:10:46	00:21:19	00:44:07	00:53:52	+00:25:13 (57.2%)	8:49	6.8 (42.8%)
652	RYSZAWA Bartosz	5087		BIAŁYSTOK		M30	128	M 391	5 - powyżej 35 minut	00:09:46	2026-02-07 18:10:47	00:20:36	00:44:10	00:53:56	+00:25:15 (57.2%)	8:49	6.8 (42.8%)
653	SIEMION Janusz	4001	STOWARZYSZENIE NASZ	SZCZUCZYN		M50	44	M 392	4 - 31-35 minut	00:10:07	2026-02-07 18:11:08	00:21:49	00:44:25	00:54:32	+00:25:31 (57.5%)	8:52	6.8 (42.8%)
654	WIŚNIEWSKI Marek	5093		ŁOMŻA		M40	115	M 393	5 - powyżej 35 minut	00:09:55	2026-02-07 18:10:56	00:22:03	00:44:51	00:54:46	+00:25:56 (57.9%)	8:58	6.7 (42.1%)
655	ZBIERAJEWSKA Małgorzata	5001		BIAŁYSTOK		K40	88	K 262	5 - powyżej 35 minut	00:09:53	2026-02-07 18:10:54	00:22:22	00:44:52	00:54:45	+00:25:57 (57.9%)	8:58	6.7 (42.1%)
656	SUSZYŃSKA Natalia	5185		LUBEJKI		K20	40	K 263	5 - powyżej 35 minut	00:09:54	2026-02-07 18:10:55	00:22:02	00:45:12	00:55:06	+00:26:17 (58.2%)	9:02	6.6 (41.5%)
657	WOŁKOWYCKI Marek	5107	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		M40	116	M 394	5 - powyżej 35 minut	00:09:54	2026-02-07 18:10:55	00:23:12	00:45:22	00:55:17	+00:26:28 (58.3%)	9:04	6.6 (41.5%)
658	BURZYŃSKA Alicja	5064	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K60	8	K 264	5 - powyżej 35 minut	00:09:50	2026-02-07 18:10:51	00:23:15	00:45:26	00:55:17	+00:26:31 (58.4%)	9:05	6.6 (41.5%)
659	MONACH Hanna	5165		BIAŁYSTOK		K12	7	K 265	5 - powyżej 35 minut	00:10:03	2026-02-07 18:11:04	00:23:30	00:45:28	00:55:32	+00:26:33 (58.4%)	9:05	6.6 (41.5%)
660	RADZISZEWSKA Joanna	5153		BIAŁYSTOK		K40	89	K 266	5 - powyżej 35 minut	00:10:03	2026-02-07 18:11:04	00:23:30	00:45:28	00:55:32	+00:26:33 (58.4%)	9:05	6.6 (41.5%)
661	ANTKOWICZ Helena	5058	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K60	9	K 267	5 - powyżej 35 minut	00:09:54	2026-02-07 18:10:55	00:23:10	00:45:33	00:55:27	+00:26:38 (58.5%)	9:06	6.6 (41.5%)
662	PŁOCHACKA Patrycja	5112		BIAŁYSTOK		K20	41	K 268	5 - powyżej 35 minut	00:10:08	2026-02-07 18:11:09	00:23:21	00:45:46	00:55:54	+00:26:51 (58.7%)	9:09	6.6 (41.5%)
663	SADOWSKA Angelika	2044		WASILKÓW		K40	90	K 269	2 - 25-28 minut	00:02:17	2026-02-07 18:03:18	00:23:10	00:45:56	00:48:14	+00:27:01 (58.9%)	9:11	6.5 (40.9%)
664	BIELECKA Milena	5142		BIAŁYSTOK		K40	91	K 270	5 - powyżej 35 minut	00:10:19	2026-02-07 18:11:20	00:24:59	00:46:24	00:56:43	+00:27:29 (59.3%)	9:16	6.5 (40.9%)
665	KURYŚ Karolina	5059		BIAŁYSTOK		K30	70	K 271	5 - powyżej 35 minut	00:10:08	2026-02-07 18:11:09	00:23:23	00:46:30	00:56:38	+00:27:36 (59.4%)	9:17	6.5 (40.9%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>								
666	TALAREK Irena	5200		BIAŁYSTOK		K40	92	K 272	K OPEN	00:13:36	2026-02-07 18:14:37	00:22:39	00:46:43	01:00:20	+00:27:48 (59.5%)	9:20	6.4 (40.3%)
667	MICEK Dominik	2113		BIAŁYSTOK		M15	21	M 395	2 - 25-28 minut	00:02:05	2026-02-07 18:03:06	00:21:51	00:46:44	00:48:49	+00:27:49 (59.6%)	9:20	6.4 (40.3%)
668	TARARUJ Krzysztof	5080		BIAŁYSTOK		M30	129	M 396	5 - powyżej 35 minut	00:09:54	2026-02-07 18:10:55	00:24:13	00:46:59	00:56:53	+00:28:04 (59.8%)	9:23	6.4 (40.3%)
669	TOMASZEWICZ Patrycja	4026		BIAŁYSTOK		K30	71	K 273	4 - 31-35 minut	00:07:05	2026-02-07 18:08:06	00:22:37	00:47:04	00:54:09	+00:28:09 (59.8%)	9:24	6.4 (40.3%)
670	REINKE Barbara	2082	MORSY ZAMBROW	ZAMBROW		K60	10	K 274	2 - 25-28 minut	00:02:10	2026-02-07 18:03:11	00:23:18	00:47:20	00:49:31	+00:28:26 (60.1%)	9:27	6.3 (39.6%)
671	KLIMIUK Aleksandra	5034		BIAŁYSTOK		K15	23	K 275	5 - powyżej 35 minut	00:10:01	2026-02-07 18:11:02	00:24:48	00:47:23	00:57:25	+00:28:29 (60.1%)	9:28	6.3 (39.6%)
672	KLIMIUK Małgorzata	5033		BIAŁYSTOK		K40	93	K 276	5 - powyżej 35 minut	00:10:01	2026-02-07 18:11:02	00:24:49	00:47:24	00:57:25	+00:28:30 (60.1%)	9:28	6.3 (39.6%)
673	SZEREMETA Alicja	5136		BIAŁYSTOK		K60	11	K 277	5 - powyżej 35 minut	00:02:05	2026-02-07 18:03:06	00:23:19	00:47:25	00:49:31	+00:28:31 (60.1%)	9:28	6.3 (39.6%)
674	BIERĆ Katarzyna	5161		BIAŁYSTOK		K40	94	K 278	5 - powyżej 35 minut	00:09:49	2026-02-07 18:10:50	00:23:34	00:47:57	00:57:46	+00:29:02 (60.6%)	9:35	6.3 (39.6%)
675	COMER Margaret	5139		WARSAW		K30	72	K 279	5 - powyżej 35 minut	00:10:12	2026-02-07 18:11:13	00:24:54	00:47:58	00:58:10	+00:29:03 (60.6%)	9:35	6.3 (39.6%)
676	MARKOWSKA Anna	5113	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K40	95	K 280	5 - powyżej 35 minut	00:09:57	2026-02-07 18:10:58	00:24:58	00:48:00	00:57:57	+00:29:05 (60.6%)	9:35	6.3 (39.6%)
677	POROWSKA Agata	5100		SOBÓTKA		K50	31	K 281	5 - powyżej 35 minut	00:09:52	2026-02-07 18:10:53	00:24:28	00:48:01	00:57:54	+00:29:07 (60.6%)	9:36	6.3 (39.6%)
678	MARKOWSKI Janusz	5173		BIELSK PODLASKI		M40	117	M 397	5 - powyżej 35 minut	00:09:56	2026-02-07 18:10:57	00:25:01	00:48:05	00:58:01	+00:29:10 (60.7%)	9:36	6.2 (39.0%)
679	BOROWSKA Agnieszka	5157		BIELSK PODLASKI		K40	96	K 282	5 - powyżej 35 minut	00:09:55	2026-02-07 18:10:56	00:25:03	00:48:45	00:58:41	+00:29:50 (61.2%)	9:44	6.2 (39.0%)
680	STASZEWSKA Aniela	5177		CHOROSZCZ		K40	97	K 283	5 - powyżej 35 minut	00:10:04	2026-02-07 18:11:05	00:24:10	00:48:46	00:58:50	+00:29:51 (61.2%)	9:45	6.2 (39.0%)
681	KARAWAJCZYK Gabriela	5129	SZKOŁA PODSTAWOWA NR 4 IM. SYBIRAKÓW W BIAŁYMSTOKU	BIAŁYSTOK		K12	8	K 284	5 - powyżej 35 minut	00:10:12	2026-02-07 18:11:13	00:22:29	00:48:56	00:59:08	+00:30:01 (61.4%)	9:47	6.1 (38.4%)
682	TWAROWSKI Łukasz	5071		BIAŁYSTOK		M40	118	M 398	5 - powyżej 35 minut	00:10:16	2026-02-07 18:11:17	00:25:42	00:50:27	01:00:44	+00:31:33 (62.5%)	10:05	5.9 (37.1%)
683	TWAROWSKA Urszula	5070		BIAŁYSTOK		K40	98	K 285	5 - powyżej 35 minut	00:10:16	2026-02-07 18:11:17	00:25:56	00:50:28	01:00:44	+00:31:33 (62.5%)	10:05	5.9 (37.1%)
684	OSTAPCZUK Krystian	5072		BIAŁYSTOK		M15	22	M 399	5 - powyżej 35 minut	00:10:17	2026-02-07 18:11:18	00:25:56	00:50:28	01:00:45	+00:31:33 (62.5%)	10:05	5.9 (37.1%)
685	PADŁO Natalia	5049		POZNAŃ		K20	42	K 286	5 - powyżej 35 minut	00:10:05	2026-02-07 18:11:06	00:24:30	00:51:07	01:01:13	+00:32:12 (63.0%)	10:13	5.9 (37.1%)
686	HRYNIEWICKA Grażyna	5012		BIAŁYSTOK		K60	12	K 287	5 - powyżej 35 minut	00:04:46	2026-02-07 18:05:47	00:26:48	00:51:55	00:56:41	+00:33:01 (63.6%)	10:22	5.8 (36.5%)
687	LIMAN Dorota	5013		BIAŁYSTOK		K50	32	K 288	5 - powyżej 35 minut	00:04:45	2026-02-07 18:05:46	00:26:48	00:51:56	00:56:41	+00:33:01 (63.6%)	10:23	5.8 (36.5%)
688	RAU Marta	5090	FAFARAFA	BIAŁYSTOK		K60	13	K 289	5 - powyżej 35 minut	00:10:10	2026-02-07 18:11:11	00:25:38	00:54:11	01:04:22	+00:35:17 (65.1%)	10:50	5.5 (34.6%)
689	SZKIŁADŹ Edyta	5160	FAFARAFA	BIAŁYSTOK		K30	73	K 290	5 - powyżej 35 minut	00:10:10	2026-02-07 18:11:11	00:25:42	00:54:12	01:04:22	+00:35:17 (65.1%)	10:50	5.5 (34.6%)
690	ZABŁOCKA Greta	5159	FAFARAFA	BIAŁYSTOK		K40	99	K 291	5 - powyżej 35 minut	00:10:11	2026-02-07 18:11:12	00:28:22	00:54:12	01:04:23	+00:35:17 (65.1%)	10:50	5.5 (34.6%)
691	BOCHENKO-ŁUCZYŃSKA Joanna	5082	FAFARAFA	BIAŁYSTOK		K50	33	K 292	5 - powyżej 35 minut	00:10:10	2026-02-07 18:11:11	00:25:44	00:54:12	01:04:23	+00:35:17 (65.1%)	10:50	5.5 (34.6%)
692	MORDASEWICZ Magdalena	5154	FAFARAFA	BIAŁYSTOK		K40	100	K 293	5 - powyżej 35 minut	00:10:09	2026-02-07 18:11:10	00:25:41	00:54:13	01:04:22	+00:35:18 (65.1%)	10:50	5.5 (34.6%)
693	WALCZAK Laura	5091	FAFARAFA	WARSAWA		K20	43	K 294	5 - powyżej 35 minut	00:10:10	2026-02-07 18:11:11	00:28:23	00:54:13	01:04:24	+00:35:18 (65.1%)	10:50	5.5 (34.6%)
694	ZBUCKA Gabriela	5168	FAFARAFA	BIAŁYSTOK		K20	44	K 295	5 - powyżej 35 minut	00:10:10	2026-02-07 18:11:11	00:25:45	00:54:13	01:04:23	+00:35:18 (65.1%)	10:50	5.5 (34.6%)
695	PUCZYŃSKA Elżbieta	5108	FAFARAFA	BIAŁYSTOK		K50	34	K 296	5 - powyżej 35 minut	00:10:08	2026-02-07 18:11:09	00:25:45	00:54:14	01:04:22	+00:35:19 (65.1%)	10:50	5.5 (34.6%)
696	ZBUCKA Katarzyna	5097	FAFARA	BIAŁYSTOK		K50	35	K 297	5 - powyżej 35 minut	00:10:09	2026-02-07 18:11:10	00:28:24	00:54:14	01:04:24	+00:35:19 (65.2%)	10:50	5.5 (34.6%)
697	PŁOŃSKA Ania	5009		WARSAWA		K40	101	K 298	5 - powyżej 35 minut	00:10:08	2026-02-07 18:11:09	00:28:54	00:56:17	01:06:26	+00:37:22 (66.4%)	11:15	5.3 (33.3%)
698	KOROLKO Katarzyna	5047	MARSZOMANIACY BIELSK PODLASKI	BIELSK PODLASKI		K40	102	K 299	5 - powyżej 35 minut	00:09:55	2026-02-07 18:10:56	00:29:08	00:56:30	01:06:26	+00:37:35 (66.5%)	11:17	5.3 (33.3%)
699	KLIM Łukasz	1054		BIAŁYSTOK		M30	130	M 400	1 - Poniżej 25 minut	00:10:04	2026-02-07 18:11:05	00:30:28	00:58:01	01:08:06	+00:39:06 (67.4%)	11:36	5.2 (32.7%)

Msc	Zawodnik	Numer	Klub	Miejscowość	Kraj	Kategoria	Mkat	K/M	Fala startowa	Czas startu	Moment startu	Split 2.7km	Czas netto 5km	Czas brutto 5km	Różnica w czasie	Tempo min/km	Tempo km/h
	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>					
700	MICHNOWSKA Bożena	5150	MARSZOMANIACY	BIELSK PODLASKI		K50	36	K 300	5 - powyżej 35 minut	00:09:59	2026-02-07 18:11:00	00:30:13	<b>00:58:03</b>	<b>01:08:02</b>	+00:39:08 (67.4%)	11:36	5.2 (32.7%)
701	HRYNIEWICKA-MAZURUK Bożena	5162		BIAŁYSTOK		K50	37	K 301	5 - powyżej 35 minut	00:09:58	2026-02-07 18:10:59	00:30:15	<b>00:58:04</b>	<b>01:08:02</b>	+00:39:09 (67.4%)	11:36	5.2 (32.7%)
702	HRYĆ Kamila	5029		CZARTAJEW		K20	45	K 302	5 - powyżej 35 minut	00:32:29	2026-02-07 18:33:30	00:37:54	<b>00:58:58</b>	<b>01:31:27</b>	+00:40:03 (67.9%)	11:47	5.1 (32.1%)
703	SZATYŁOWICZ Izabela	5025		WIERCIEŃ MAŁY		K30	74	K 303	5 - powyżej 35 minut	00:32:29	2026-02-07 18:33:30	00:37:54	<b>00:58:59</b>	<b>01:31:29</b>	+00:40:04 (68.0%)	11:47	5.1 (32.1%)
704	LISIEWICZ Julita	5028		CZARTAJEW		K30	75	K 304	5 - powyżej 35 minut	00:32:29	2026-02-07 18:33:30	00:37:55	<b>00:58:59</b>	<b>01:31:28</b>	+00:40:04 (68.0%)	11:47	5.1 (32.1%)
705	OGJEWICZ Piotr	5027		CZARTAJEW		M30	131	M 401	5 - powyżej 35 minut	00:32:28	2026-02-07 18:33:29	00:37:57	<b>00:59:00</b>	<b>01:31:29</b>	+00:40:06 (68.0%)	11:47	5.1 (32.1%)

**Przekroczony limit czasu: 01:00:00**

706	WOŹNIUK Oliwier	5032		BIAŁYSTOK		M12	15	M 402	5 - powyżej 35 minut	00:34:54	2026-02-07 18:35:55	01:07:48	<b>01:29:11</b>	<b>02:04:05</b>	+01:10:16 (78.8%)	17:50	3.4 (21.4%)
707	WOŹNIUK Julitta	5031		BIAŁYSTOK		K40	103	K 305	5 - powyżej 35 minut	00:34:54	2026-02-07 18:35:55	01:07:46	<b>01:29:52</b>	<b>02:04:47</b>	+01:10:58 (79.0%)	17:58	3.3 (20.8%)
708	CHAMADANAU Aliaksei	1133	RUN4FUN.BY	BIAŁYSTOK		M40	119	M 403	1 - Poniżej 25 minut	00:35:02	2026-02-07 18:36:03	01:08:13	<b>01:29:58</b>	<b>02:05:00</b>	+01:11:03 (79.0%)	17:59	3.3 (20.8%)

**Niesklasyfikowani**

	OLESIUK Monika	269		BIAŁYSTOK		K30			4 - 31-35 minut	DNF	2026-02-07 18:10:58	00:18:48 DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
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Znaleziono 709 wynik(ów)